

REPORT OF THE SEXUAL MEDICINE COMMITTEE FOR THE YEAR 2012

Chairman – Dr. Shantanu S. Abhyankar

My sincere thanks to Dr. Sanjay Gupte, Dr. P. C. Mahapatra, Dr. Durgashankar Das, Dr. Anand Shinde and all my committee members for your support and help to make this year a grand success for this nascent committee.

Sixteen CMEs on Sexuality & sensuality were held (with the HIV committee) at Gwalior, Ahmedabad, Bangalore, Baramati, Gurgaon, Hyderabad, Jabalpur, Kolkata, Kota, Ludhiyana, Faridabad, Jammu, Nagpur, Patna, Pune and Shilong. All these were supported by EMCURE.

Many of my worthy committee members joined hands to make these a resounding success. I sincerely thank them for all that they have done for the committee.

Two workshops were held at Lonavala and Vita for general practitioners.

Workshop during the First Health and Happiness conference was held in Pune on 1st of May 2011.

Workshop under the aegis of the Belgaum ob gy society, on 20th of May 2011





Dr. Roza Olyai , Gwalior MP conducted college talk on Reproductive sexual health issues amongst 400 girl students in ITM Universe campus in Gwalior. Booklets were distributed by the Adolescent Health committee FOGSI.

Adolescent Health committee FOGSI & Sexual Medicine Committee FOGSI jointly involve school/ college health talks on sexual health as part of the national joint project of both committees.

One of our members Dr. Shakila Shetty has cleared 1st year of MS in Sexual Counseling & Sexuality held by Kuvempu University held at Shimoga by Dr Preethi Shanbagh. Dr Shakila Shetty



Dr. Durgashankar Das inaugurates the CME at Kolkata

<div style="text-align: center;">   </div> <div style="text-align: center; border: 1px solid black; border-radius: 15px; padding: 5px; margin: 10px 0;"> <p>FOGIS CME ON SEXUALITY HEALTH HAPPINESS & HARMONY</p> </div> <p style="text-align: center;">Organised by</p> <p style="text-align: center;">NAGPUR OBSTETRICS & GYNAECOLOGICAL SOCIETY</p> <div style="text-align: center;">  </div> <p style="text-align: center;">At The Nagpur Ashok Hotel W.H.C. Road, Aath Rasta Square, Laminagar, Nagpur-22.</p> <p style="text-align: center;">On Sunday, 26th June 2011 at 8.30 a.m.</p> <div style="text-align: center;">  </div> <p style="text-align: center;">Dr. Smita Deole President NOGS</p> <p style="text-align: center;">Dr. Priyanka Kamble Hon. Sec. NOGS</p> <p style="text-align: right; font-size: small;">Programme Overleaf.</p>	<p style="text-align: center;">- PROGRAMME -</p> <p>8.30 am. to 9.00 am. : Registration & Breakfast 9.00 am. to 9.30 am. : INAUGURATION</p> <p>Scientific Programme</p> <p>SESSION - I</p> <hr style="border-top: 1px dotted black;"/> <p>9.30 am. to 10.00 am. : Male Sexual Dysfunction Dr. Durgashankar Das (Cuttack)</p> <p style="padding-left: 40px;">Chairpersons : Dr. Sanjay Deshpande Dr. Raj Bhojwani</p> <p>10.30 am. to 11.30 am. : Female Sexual Dysfunction Speaker : Dr. Anand Shinde, (Mumbai)</p> <p style="padding-left: 40px;">Panel Discussion on Sexuality & Sensuality Clients will & your skill</p> <p style="padding-left: 40px;">Moderator : Dr. Anand Shinde Panelist : Dr. Sanjay Deshpande Dr. Narendra Mohta Dr. Mrudal Chandre Dr. Ujjwala Kedar Dr. Durgashankar Das</p> <hr style="border-top: 1px dotted black;"/> <p>SESSION-II</p> <p>11.30 am. to 12 noon : No more "No" to HIV Positive Mothers Speaker : Dr. Laxmi Shrikhande Chairperson : Dr. Rekha Bhivapurkar Dr. Rohini Dravid</p> <p>12.00 noon to 1.00 pm. : Panel Discussion on HIV, Pregnancy & The Obstetrician</p> <p style="padding-left: 40px;">Moderator : Dr. Laxmi Shrikhande Panelist : Dr. Durgaprasad Das Dr. Kshama Kedar Dr. Ritu Dargan Dr. Sangita Das</p> <hr style="border-top: 1px dotted black;"/> <p>1.00 pm. : Lunch</p> <hr style="border-top: 1px dotted black;"/> <p style="padding-left: 40px;">Master of Ceremony : Dr. Anuradha Ridharkar</p> <p style="text-align: center;">Courtsey : Emcure Pharma</p>
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Impressive invitation for the Nagpur CME

पति-पत्नी में मधुर संबंध क्यों नहीं ?

पटना | कार्यालय संवाददाता

यौन संबंधों को लेकर पति-पत्नी में मधुर संबंध क्यों नहीं रहते। क्या शारीरिक गड़बड़ी की वजह से ऐसा होता है या कोई बीमारी है या फिर मनोवैज्ञानिक कारण। इस पर शहर की स्त्री रोग विशेषज्ञों ने आईजीआईएमएस के सभागार में आयोजित संगोष्ठी में चर्चा की। विषय था 'सेक्सुअलिटी, हेल्थ, हैप्पीनेस एंड हारमोनी'। कार्यक्रम का आयोजन बिहार ओब्सटेट्रिक एंड गाइनोकॉलाजिकल सोसाइटी (पटना) ने किया था।

संगोष्ठी में मुख्य वक्ता थे महाराष्ट्र के सेक्सुअल मेडिसीन कमेटी (फॉर्गसी) के चेयरमैन डॉ. शान्तनु अभयंकर और कटक के डॉ. दुर्गाशंकर दास। वक्ताओं ने कहा कि वर्तमान में देखा रहा है कि 'सेक्सुअल डिसफंक्शन' के कारण पति-पत्नी में मधुर संबंध नहीं बन पा रहे हैं। हालांकि इसका निदान है। सबसे बड़ी समस्या है कि ऐसे दंपती चिकित्सक से सलाह नहीं लेते और घुटते रहते हैं। सेक्सुअल डिसफंक्शन के कई कारण हो सकते हैं। बीमारी के चलते ऐसा हो सकता



आईजीआईएमएस सभागार में आयोजित संगोष्ठी को संबोधित करते वक्ता।

है या फिर कोई ऐसी दवा का सेवन कर रहे हैं जिसका असर पड़ रहा है या फिर मनोवैज्ञानिक कारण हैं। इनका निदान है। सेक्सुअल डिसफंक्शन पति-पत्नी किसी में भी हो सकता है और दोनों का इलाज है। जरूरत है संचाई बताने की। संगोष्ठी में स्त्री रोग डॉ. विनिता सिंह, डॉ. प्रमिला मोदी, डॉ. कुसुम गोपाल कपूर, मनोचिकित्सक डॉ. विनय कुमार, डॉ. शारदा सहाय, डॉ. पुष्पा राय, डॉ. कुमुकुम, डॉ. अलका पांडेय, डॉ. गुणित सिन्हा, डॉ. महेन्द्र सिंह, डॉ. अश्वरानी सिन्हा, डॉ. रांति राय, डॉ. हिमांशु राय, डॉ. राजेश तिवारी, डॉ. जरीन रहमान, डॉ. कल्पना सिंह, डॉ. चित्रा सिन्हा, डॉ. अंजना सिन्हा, डॉ. प्रज्ञा मिश्रा आदि शामिल थे।

NEW TREND

Sexual disorders growing, say experts

Binod Dubey

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PATNA: Disinterest shown by registered medical practitioners in dealing with the subject of sexuality had encouraged quacks to grab the field and exploit the situation, said the experts at a continuing medical education (CME) programme on 'Sexuality, health, happiness and harmony', organized at the Indira Gandhi Institute of

Medical Sciences (IGIMS) here on Sunday.

Dr Durga Shankar Das, well-known gynecologist from Cuttack, expressed anxiety over the increasing incidence of sexual disorders and warned that the situation would further deteriorate if remedial measures were not taken urgently.

According to Das, sexual disorders including erectile dysfunction, premature ejaculation and lack of sexual

desire add to disharmony in the family and even cause divorce. "The incidence can be stopped if registered doctors, particularly gynecologists, start taking interest in the subject," he added.

He said gynecologists should also address the related issue of HIV/AIDS, which was being mismanaged by the quacks.

Dr Shantanu Abhyankar from Wai in Maharashtra echoed the sentiment and

said that it was a pity that quacks were practicing sexual medicine despite the fact that qualified doctors were in the field, who could well handle the situation.

Abhyankar, who is chairperson of the sexual medicine committee of the Federation of Gynecological Society of India (FOGSI), expressed concern over the stiff resistance shown by schools and parents to the introduction of adolescent education in insti-

tutions. Had it been so, more than 50% of the problem would have been solved easily.

Subscribing to the view of Dr Das, he said that the lack of knowledge was leading to many sexual disorders. "The FOGSI has made an earnest appeal to school authorities to introduce a subject on adolescent health for the benefit of growing children," he said.

Organising secretary of

the CME Dr Tripti Sinha, too, felt the need of intervention of gynecologists in the field. Other speakers included Dr Alka Pandey, Dr Vinita Singh, Dr Kusum Gopal Kapoor, Dr Shanti Roy, Dr Pragya Mishra Choudhary and Dr Vinita Sinha. The Bihar Obstetric & Gynecological Society, Patna, in collaboration with the department of obstetric and gynecology, IGIMS, had organized the CME.

Press coverage at Patna



CME in progress at Shilong



CME at Bangalore with an impressive lineup of the faculty



Chairperson Dr. Shantanu Abhyankar quizzes the panelists at Ahmedabad