



NZ-YUVA FOGSI 2025

ORGANISED BY: KHORA MAKANPUR OBSTETRIC & GYNAECOLOGICAL SOCIETY (KMOGS)

VENUE: DR AMBEDKAR INTERNATIONAL CENTRE
NEW DELHI

Theme: "Dimple to Wrinkle - Story of Self-love"



21st-23rd
February
2025

Conference Brochure

WELCOME MESSAGE

Respected Seniors and Colleagues,

On behalf of the Khora Makanpur Obstetric and Gynaecological Society (KMOGS), it is our great pleasure to welcome you to attend the **North Zone FOGSI YUVA 2025 conference scheduled**

from February 21st - 23rd, 2025, at Dr. Ambedkar International Centre, Connaught Place, New Delhi. There will be pre-conference workshops on 21st February 2025. The theme for this conference is **"From Dimple To Wrinkle - story of self-love".**

This mega event promises to bring together distinguished professionals and upcoming talents in the field of obstetrics and gynaecology for an enriching and dynamic experience. The **North Zone FOGSI YUVA 2025** conference aims to foster knowledge exchange, innovation, and collaboration among the brightest minds in our field. Through a series of lectures, workshops, panel discussions, and interactive sessions, participants can explore the latest advancements, share insights, and discuss the future of obstetrics and gynaecology.

We are thrilled to host a diverse array of speakers, including renowned experts and thought leaders who will share their invaluable perspectives and research findings. This conference will also provide an excellent platform for networking, allowing you to connect with peers and mentors.

We eagerly anticipate your participation in what promises to be an inspiring and memorable event. Please mark your calendar for **21st to 23rd February 2025**, and prepare to engage in a weekend of learning, growth, and professional development.

We sincerely hope that you will join us for this significant event and contribute to making it a grand success.

We look forward to your active participation.

Warm regards,
Organising Committee
North Zone FOGSI YUVA 2025



FOGSI Office Bearers



Dr. Sunita Tendulwadkar
President FOGSI



Dr. Bhaskar Pal
President Elect 2026



Dr. Jaydeep Tank
Immediate Past President
FOGSI



Dr. Suvarna Khadilkar
Secretary General



Dr. Abha Singh
VP FOGSI North



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ICOG Committee



Dr Parag Biniwale
Chairman



Dr Ashok Kumar
Vice Chairman



Dr Sarita Bhalerao
Secretary



Organising Committee



(Padam Shree)
Dr Usha Sharma
Patron



Dr Ritu Mittal Arya
Organising Chairperson



Dr Somna Goyal
Organising Chairperson



Dr Garima Tyagi
Organising Secretary



Dr Gunjan Gupta Govil
Organizing Secretary



Dr Anita Singh
Treasurer



Dr Shalini Agarwal
Academic Secretary



Dr Vandana Jain
Jt Academic Secretary



Dr Smita Jain
Jt Academic Secretary



Scientific Highlights

WORKSHOPS

DOCTORS UNDER GAVEL

- ROLE PLAY

TALK

- DOCTOR A VIGILANT REPORTER (POCSO, RAPE, MTP) WITH
- DOCUMENTATION BEFORE STERILISATION AND FAILURE OF STERILISATION
- CONSENT

REVERSE PANEL

- MEDICOLEGAL IMPLICATIONS OF OBSTETRIC USG REPORTING. WHAT IS IDEAL USG REPORT?
- IUD UNEXPLAINED STILLBIRTH
- MTP

MOOT COURT (face the trepidation in real)

EXPERTS FOR QUESTIONS AND ANSWERS ROUND

A PEEP THROUGH THE SCOPE -VIDEO LAPARO -HYSTERO WORKSHOP

VIDEOS ON OBGYN PRACTICE
REVERSE PANEL
POLLS

BATTLEGROUND OF OBSTETRICIAN: PART I - DRILL WORKSHOP

- PPH: BUNDLE OF CARE
- MATERNAL COLLAPSE :LEARN HANDS ON CPR IN A PREGNANT PATIENT
- IMPACTED HEAD AND PATWARDHANS : HANDS ON DRILL
- CPT REPAIR : HANDS ON DRILL ON CPT REPAIR
- ECLAMPSIA DRILL: SKIT

IMAGING BOOTCAMP

- GE simulation-3D TVS scan
- Basic of TVS
- Know your machine (if we get the machine)

VIDEO SESSIONS IN OBGYN

WORKSTATIONS: CT/ MRI / HSG

- Imaging in Obstetrics
- Imaging in Gynaecology
- Sectional and Conventional Imaging



BATTLEGROUND OF OBSTETRICIAN: PART II - DRILL WORKSHOP

- PPH: BUNDLE OF CARE
- MATERNAL COLLAPSE :LEARN HANDS ON CPR IN A PREGNANT PATIENT
- IMPACTED HEAD AND PATWARDHANS : HANDS ON DRILL
- CPT REPAIR : HANDS ON DRILL ON CPT REPAIR
- ECLAMPSIA DRILL: SKIT

COMPREHENSIVE OBSTETRICS SKILL WORKSHOP - ROLE PLAY

SKITS

- Good Management or Bad Management
- on
- Obstetric Hemorrhage Emergency Management
- Contraceptive Counseling in Pregnant Women
- Breaking Bad News
- Patient Identification
- Respectful Maternity Care
- Dealing with Google Educated Patients.

SLOGANS POSTERS

DEALING WITH CRAB - HOLISTIC APPROACH

- Interpretation of Screening Test-LBC& HPV
- Case based Management of Screen Positive

Cancer Cervix: Prevention is better than cure

- Interpretation of Screening test: LBC and HPV
- Case Based Management of Screen Positives
- Ablative Procedures: Video Presentation
- Excisional Procedures: Video Presentation

OVARIAN CANCER: JANMAT

- Approach to Ovarian masses: Case Based

Endometrial Cancer enhancing Surgical Skills

- Hysterectomy and Lymphadenectomy in Endometrial Cancer: Video
- Sentinel Lymph Node Mappin: Video Presentation

Surgical Advancement in Management of Breast Lump

- Scarless Surgery for Breast Diseases

UPGRADE UPDATE AND UPSCALE - OBGYN OPD PRACTICE

GO DIGITAL

- E Prescription Writing

MEDICAL MANAGEMENT AND E PRESCRIPTION WRITING

- Medical Management of ectopic
- Medical Abortion Prescription

HOW TO RUN OPD HASSLE FREE

- Effective Communication
- Management of Sudden Collapse

TRENDING OPD PROCEDURES

- PRP
- IUI SET UP
- SIS

MY CONTRACEPTION BASKET

- OC Pills Prescription
- LARC

WORKSTATION PRACTICE - HANDS ON

- Implanon insertion / Mirena insertion / PRP Preparation
- Basic Resuscitations/ E. Prescription

ONLINE UNICEF & RCOG CERTIFICATION COURSE ON PERINATAL MENTAL HEALTH

- Live Sessions With Experts + Self - Learning + Assessment
- Importance of Perinatal Mental Health
- Anxiety Disorders
- Depression
- Discussion
- Bipolar Disorder and Schizophrenia
- Psychiatric Emergencies
- Health Professionals and self Care
- Perinatal Grief
- Breaking Bad News and Communication Skills
- Interpersonal Violence
- Substance Abuse



SESSIONS ON

Session on Adolescence -the 3I's (Independence Identity Intimacy)

1. Hyperandrogenemia in PCOS
2. LGBTQ
3. Adolescent pregnancy
4. STD infection in Adolescent
5. Adenexal masses in Adolescent
6. Mental health in adolescence
7. AUB in Adolescence
8. Contraception in adolescence
9. HPV Vaccination

Session on Reproductive Age -Saving life Saving Family

1. IUGR
2. Still Birth - How to Preterm Predictability
3. First trimester Screening
4. Placental Spectrum
5. RPI
6. Post MTP complications
7. Labour complications
8. Complicated Twins
9. Perimenopause
1. Difficult caesarean
2. Postpartum Collapse
3. PPCM
4. Difficult scenario in laparoscopy
5. Tips and tricks of TLH
6. Tips and tricks of VH
7. Adjuvant therapies in infertility
8. Soft Markers latest guidelines
9. Placental Spectrum

Session on Perimenopause -3R's-Revitalising Rebooting Rejuvenating

1. AUB
2. Adenexal Mass
3. Vaginal Health
4. Dealing with Sagging Contours
5. Dealing with increased BMI

Session on Geriatric-Thriving Not Just Surviving

1. Genito-Urinary Syndrome of Menopause (GSM): Breaking the Silence
2. Post menopausal AUB
3. Anti aging and stem cells
4. Social connect and Mental health

QUIZ

- ◈ Dr Usha Krishna Quiz- FOGSI Sampoorna On - Preconception Care
- ◈ Quiz on Medical disorders for registered members



Important Dates and Event at NZ- YUVA FOGSI

► 21/2/25

Preconference simulation workshop

- ★ 8 Interactive Workshop
- ★ Quiz
- ★ Faculty dinner
- ★ Perinatal mental health certification course in association with RCOG and UNICEF

► 22/2/25

Conference

- ★ Panels, Debates, Reverse Panel, To the point on Physical, Mental, Social health of
 1. Adolescence
 2. Reproductive
 3. Perimenopause
 4. Geriatric
- ★ Papers /Posters
- ★ President's Oration
- ★ Gala Dinner-
EXPERIENCE THE UNEXPECTED
- ★ Dr. Kamini Rao Oration for Yuva

► 23/2/25

Conference

- ★ Interactive session with videos and polls
- ★ Valedictory

► Conference theme

- ★ Dimple to wrinkle - the story of self love

► FOGSI Presidential Theme 2025

- ★ Ek Rashtra - Ek Mission. Swastha Naari Samruddha Vatan.





NZ-YUVA FOGSI 2025

Organised by: KHORA MAKANPUR OBSTETRIC & GYNAECOLOGICAL SOCIETY (KMOGS)

Venue: Venue: Dr Ambedkar International Centre, New Delhi | Date: 21st - 23rd February 2025

Theme: "Dimple to Wrinkle - Story of Self-love"

REGISTRATION FORM

FOGSI Member: ☐ Yes ☐ No

(Please write your name in capital letter as it will be printed in your certificate & badge)

Membership No.....

Title: ☐ Dr ☐ Prof ☐ Ms ☐ Mr

Gender: ☐ Male ☐ Female

First Name: Last Name:

Institution / Affiliation City:

Correspondence Address: City:

State: Country: Pin Code:

(MANDATORY) Mobile: Active E-mail ID:

REGISTRATION FEE

Categories	Early Bird (till 31st Jan. 2025)	Regular Registration (1st - 20th Feb. 2025)	On Spot (21st Feb.25 onwards)
Members (KMOGS only)	INR 11800/- <input type="checkbox"/>	INR 12980/- <input type="checkbox"/>	INR 14160/- <input type="checkbox"/>
Non-Members	INR 12980/- <input type="checkbox"/>	INR 14160/- <input type="checkbox"/>	INR 15340/- <input type="checkbox"/>
PG Students/Residents (without gala dinner)	INR 3500 /- Per Day <input type="checkbox"/>	INR 4500/- Per Day <input type="checkbox"/>	INR 6000/- Per Day <input type="checkbox"/>
Accompanying Persons	INR 8260/- <input type="checkbox"/>	INR 8260/- <input type="checkbox"/>	INR 8260/- <input type="checkbox"/>
Conference Only (22 & 23 Feb, without gala dinner)	INR 8260/- <input type="checkbox"/>	INR 8260/- <input type="checkbox"/>	INR 8260/- <input type="checkbox"/>
Gala Dinner Only (22 Feb. 2025)	INR 2950/- <input type="checkbox"/>	INR 2950/- <input type="checkbox"/>	INR 2950/- <input type="checkbox"/>
Workshops Only (21 Feb. 2025)	INR 6500/- <input type="checkbox"/>	INR 6500/- <input type="checkbox"/>	INR 6500/- <input type="checkbox"/>

*PG -Workshop choose any two

*PG - Dinners not included

All rates are inclusive of 18% GST

Registration amount in row 1& 2 includes Two and Half day scientific deliberation, breakfasts, lunches, Dinners

Pre-Conference Workshops

Pre- Lunch Workshops	Post- Lunch Workshops
<input type="checkbox"/> Doctors under Gavel (Medicolegal Workshop) (9:00 am - 12:00 noon)	<input type="checkbox"/> Upgrade and Update - OPD skills in OBGYN (1:00 pm - 4:00 pm)
<input type="checkbox"/> Imaging Bootcamp (9:00 am - 12:00 noon)	<input type="checkbox"/> Battleground of Obstetrician: Part II - Drill Workshop (1:00 pm - 4:00 pm)
<input type="checkbox"/> Battleground of Obstetrician: Part I - Drill Workshop (9:00 am - 12:00 noon)	<input type="checkbox"/> Comprehensive Obstetrics Skill - Role Play (1:00 pm - 4:00 pm)
<input type="checkbox"/> A peep through the scope -video Laparo -Hystero workshop (9:00 am - 12:00 noon)	<input type="checkbox"/> Dealing with Crab - Holistic Approach (1:00 pm - 4:00 pm)
	<input type="checkbox"/> Online UNICEF & RCOG certification course on Perinatal Mental Health

Quiz (Preliminary round 21 Feb & final round 22 Feb)

Account Details for Payment:

Account Name: NZ Yuva FOGSI 2025

Account Number: 21510200003765

Bank Name: Federal Bank Vasundhra

IFSC Code: FDRL 0002151



Accompanying Person

1. Acc. Person Name Age..... Sex.....

2. Acc. Person Name Age..... Sex.....

Cancellation & Refund Policy:

- 100% refund - The congress secretariat must receive a notification of cancellation in writing at least 30 days before the event. This will entitle the delegate to a 100% refund less bank/card charges.
- No refund - 100% cancellation fee will be charged for any cancellations made within 29 days before the event date.
- PG Students need to send a Bonafide certificate from the head of the department.
- All cancellations and requests for refund must be in writing to the conference secretariat at nzyuvafogsikmogs2025@gmail.com

Conference Secretariat:

Dr. Ritu Mittal Arya, Dr. Somna Goyal, Dr. Garima Tyagi, Dr. Gunjan Gupta Govil

Organising Committee Email- nzyuvafogsikmogs2025@gmail.com

website: www.nzyuvafogsi2025.com

Address- Plot No. 889, Ni Khand - I, Indrapuram, Gzb. (U.P.)

REGISTER NOW



Conference Manager:



GetSet Events & Conferences

Vinod Kumar

Email id: vinod@getsetevents.in

Mobile #: +91 9891330418

Abstract Guidelines

North Zone FOGSI YUVA 2025 invites free papers / scientific research/abstracts to be presented at the conference. The scientific committee shall review each abstract the presenters shall be notified of the outcomes and successful authors shall be invited to present E-posters/papers depending upon the originality and appeal of the scientific work.

The abstract submission starts on: **25 November 2024**

The deadline for abstract submission is: **15th January 2025**

Submit Abstract!

IMPORTANT INSTRUCTIONS & GUIDELINES

Presenta on Formats

- Oral presentation (articles/research reports of interesting/ complex cases, ethical/clinical dilemmas in the Expert Panel Discussion Sessions)
- E-poster presentation on during the poster presentation on walk at the conference venue.

Submission Rules

- Abstracts must contain original scientific data collected by the author(s).
- Language: All abstracts are to be written in English. The Scientific Committee reserves the right to edit abstracts where the English structure makes comprehension difficult.
- Submission: All abstracts must be submitted via the Online Abstract Portal.
- Abstracts should be limited to a maximum of 250 words and should include the following:
 - Title of abstract.
 - Names and contact details of the author(s) organization, city /country, email, phone numbers, and mailing address}.
- The abstract must include the following headings clearly: Introduction, Aim, Methods, Results, and Conclusions (Please provide evidence of ethical approval and funding acknowledgments if any).
- You will be notified of receipt of your abstract by email. If you do not receive an email within two weeks of submission or if you have any additional queries, please contact: nzyuvafogsikmogs2025@gmail.com

Abstract Presenta on Types:

- Paper Presentation
- E-Poster Presentation

Abstract Submission Categories:

- Infectious disease in pregnancy
- Relationship of Health & Diet
- Adolescent health abortion and its act
- Rare Cases in Pregnancy
- Unpredictable postop complications
- Preventive Oncology
- Newer drugs in Obstetrics & Gynaecology
- Miscellaneous

Theme: "From Dimple To Wrinkle - Story of self-love".

Selection Criteria

Abstracts will be evaluated by the scientific committee through a blind review process and scored based upon the following criteria:

Pertinence: Originality, Actuality, Useful Results

Structure: Introduction on, Aim, Material & Methods, Results, Discussion, Conclusion

Terms and Conditions

- The scientific committee reserves the right to make the final decision about abstract acceptance and its scheduling into the program based on topics and me constraints.
- All abstracts must be prepared using the abstract submission guidelines.
- Each abstract submission must indicate if the material was published or presented in any prior conferences or if it received any awards.
- All presenters must register to a end the conference within a maximum of one week of acceptance of the abstract and be present at the me of the conference.
- A certificate of appreciation will be given to the presenting Author (Only) to honor their presentation.
- Presenters must not use the session as a marketing opportunity for products\equipment.
- Presenter should be a member of the society.
- Multiple submissions are not allowed.

For Abstract inquiries, kindly contact:

Mr. Vinod Kumar +91 98913 30418

Dr. Kalpana +91 99900 91784

Important dates:

Submission Start date : **25 November 2024**

Submission End date : **31 January 2025**

VENUE

Dr Ambedkar International Centre
15, Janpath Rd, Windsor Place, New Delhi

Dr. Ambedkar International Centre The area of state-of-the-art Centre is approximately 3.25 acres in the heart of Delhi and is housed in a 3- storeyed building that includes the administrative block and other facilities. The exterior holds a wide variety of green plants that add to the aesthetics of the place. It has an 18-foot bronze statue of Dr. B.R. Ambedkar, a small Amphitheatre, two Chi ya Arches, two Red Stone Toran Gates, a Buddha Statue, and the imposing Ashoka Stambh on the right facade. The centre has a huge circular area on the ground floor under the dome. Here is a large statue of Dr. B.R. Ambedkar sitting cross-legged on the chair. The information to conduct programmes and to book other facilities is available at the reception at DAIC.

Library and Computer Centre: There is a world-class library on the 2nd floor having workstations with accessibility to e-library with around one million e-resources. The library has a separate reading room and a special section on Dr. Ambedkar and Buddhism that has been created for study and research. Besides, there is a computer center for conducting research work. The library is open to the public from 10:00 A.M. to 6:00 P.M. Monday to Friday, Saturday: 10:30 A.M. to 05:00 P.M.

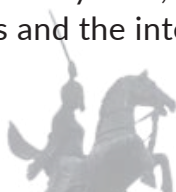
Auditorium: On the ground floor, there are three Auditoriums 'BHEEM' (700 seats), 'NALANDA' and 'SAMRASTHA' (100 seats each) with attractive interiors. Bheem Hall and Nalanda are equipped with Language translators for 8 languages.

Conference Halls: Two conference halls with 70 seating capacity and one with 40 seating capacity of international standards are available for booking.

Cafeteria-Cum-Dining Area: On the 2nd floor, visitors and guests can use the facility of the Cafeteria. The booking for Cafeteria-cum-Dining Area is available. Timings: 9:30 AM to 5:30 PM.

VIP Lounge: On the 1st floor, there are 2 VIP lounges with standardized seating arrangements for VIPs.

Security and Safety System: Adequate security and safety measures exist at DAIC that have CCTV cameras, a visitor management system, an X-ray machine, and boom bollards to ensure the safety of the students and employees and the integrity of the property.



NEAR BY HOTELS



The Lalit



Scan QR Code to book
Accommodation



The Park



The Connaught



The Royal Plaza



The Hans



The Metropolitan



Le Meridien



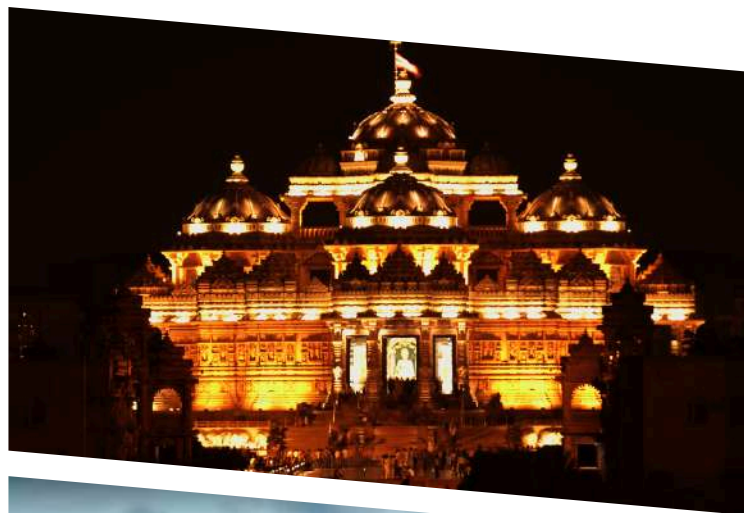
Sangrila

For accommodation inquiries, kindly contact:

Mr. Vinod Kumar +91 98913 30418

Dr. Ritu Mital Arya +91 98104 71749

Dr. Garima Tyagi +91 82870 04533



Conference Secretariat:

Dr. Ritu Mittal Arya - 91 98104 71749

Dr. Somna Goyal - 91 98101 83744

Dr. Garima Tyagi - 918287004533

Dr. Gunjan Gupta Govil - 91 99710 11202

Organising Committee

Email- nzyuvafogsikmogs2025@gmail.com

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Conference Manager:



GetSet Events & Conferences

Vinod Kumar

Email id: vinod@getsetevents.in

Mobile #: +91 9891330418