



Presidential Message



"She believed she could, so she did." – R.S. Grey

A Journey of Transformation and Commitment

As I reflect on the transformative journey, as President FOGSI, we've undertaken in the past few months, I am filled with deep gratitude, humility, and a profound sense of fulfilment for the remarkable strides we have made since the Triumphant Oath Ceremony on January 9th, 2025, at Jio Conventional Centre, Mumbai, has been nothing short of extraordinary.

Leading FOGSI has been more than a role—it has been a sacred responsibility and a passionate mission. My vision was clear: to touch lives—not only of women across our country by improving their health and wellness, but also to uplift each FOGSIan through academic excellence, skill enhancement, emotional and spiritual empowerment.

Every initiative, every project, every connection made during this journey has been a labor of love. From cutting-edge academic programs to soul-enriching spiritual experiences, I have strived to ensure that each member of this great organization feels seen, heard, and valued.

Together, we launched several presidential projects—each designed with purpose, driven by passion, and delivered with precision. These efforts have not only reached the remotest corners of India but have also echoed in the hearts of those we serve.

"True leadership is not about rising above others. It is about lifting others up."

These accomplishments are only the beginning. The foundation we've built ensures that every woman in India has access to the care, knowledge, and opportunities she deserves. With unity and determination, we will continue to drive lasting change. To every FOGSIan who walked with me on this journey—thank you for your trust, your energy, and your unwavering support. Our collective spirit has been the wind beneath my wings. This is not the end—but a milestone in our shared story. Let's continue to rise, together.

When passion meets purpose, magic happens."

With love, purpose, and pride,

Dr. Sunita Tandulwadkar President, FOGSI 2025



THEME OF THE YEAR 2025



Ek Rashtra - Ek Mission Swastha Naari - Samruddha Vatan Har Ghar FOGSIAN Ek Rashtra Ek Mission, Swastha Nari Samruddha Vatan- Har Ghar FOGSIan! – One Nation, One Mission, Healthy Women, Prosperous Nation – has been our guiding light, and together, we have laid the groundwork for a future where women's health is at the heart of national progress. With the collective strength of Har Ghar FOGSIAN (FOGSI reaching every Home!), we are moving toward a healthier, empowered India.

FOGSI theme Video link https://drive.google.com/drive/folders/11CY qIRj8X7UoljRT6eWNJsuvOIg09bzi?usp=shari ng

Let us stay committed to **Ek Rashtra Ek Mission, Swastha Nari Samruddha Vatan**, and move forward under the spirit of **Har Ghar FOGSIAN**, making an even greater impact in the months ahead.

SOCIAL PROJECTS

PROJECT: KNOW YOUR NUMBERS- Bharat ka Naara

"Know Your Numbers" is an ambitious health initiative.

This project seeks to gather vital health data— Weight- BMI, Blood pressure, Blood Sugar Level with HbA1C, and Hemoglobin level —from women ac ross India.

By focusing on these key health indicators, the project aims to foster a proactive health management culture among women. The data collected will be instrumental in identifying prevalent health issues early and promoting interventions that can significantly reduce the incidence of chronic diseases. This initiative not only emphasizes the importance of regular health monitoring but also strives to empower women with the knowledge and tools needed to take charge of their health, ensuring they lead longer, healthier lives, Identify prevalent health issues early and pro-mote timely interventions, Reduce the incidence of chronic diseases through regular monitoring.

FOGSIANS across India successfully organized "Know Your Numbers" camps, promoting awareness!

Link of KYN activities- Latest data table https://drive.google.com/drive/folders/1FcAv8Nq AU3bgO2qGsfVyjhTa4iDGphTw?usp=sharing





KNOW YOUR NUMBER



PROJECT: AAROGYA YOGA YATRA

FOGSI's Transformational Journey to Integrate Spirituality into Medicine

The Aarogya Yoga Yatra is more than a journey—it is a profound mission to integrate spirituality into the practice of modern medicine. Through this project, FOGSI aims to touch lives holistically by combining science, service, and the spiritual essence of healing. At every stop along the Yatra, we conduct three transformative experiences:

1. Public Engagement: Know Your Numbers

A medical camps are organized at Government and Private facilities or Medical Colleges, focusing on four key health indicators in women: weight-BMI, hemoglobin, blood pressure, and blood sugar, emphasizing the importance of preventive health awareness. Such initiatives are not just about diagnostics but about empowering women to take charge of their well-being.

2. CME for Doctors: Integrating Spirituality into Clinical Practice

A Continuing Medical Education (CME) session are held, centered on preconception care and the humane side of medicine. The session underscored the critical role of effective communication and empathy in clinical outcomes. We introduced a transformative perspective and emphasize that spirituality, distinct from religion, can enhance both patient care and physician well-being. These sessions also highlight the urgent need to restore the dignity and inner peace of the medical profession through spiritual awareness and reflection.

3. Spiritual Visits: Reconnecting with the Divine

A unique and soul-stirring element of the Aarogya Yoga Yatra is the pilgrimage to spiritually significant shrines. These visits are designed to help doctors reconnect with their spiritual core, reflect in silence, and draw strength from the divine. These sacred spaces offer a moment of pause, introspection, and renewal—a much-needed source of



energy for those who serve tirelessly. Through Aarogya Yoga Yatra, FOGSI is not just treating illness—we are nurturing healers, empowering women, and creating a future where healthcare is rooted in compassion, consciousness, and care.

"Medicine may cure the body, but only spirituality can heal the soul."

Link Song Madhyam

https://drive.google.com/drive/folders/19e0EceG Hx7qXL_nT99_myA5JsEViLqVQ?usp=sharing

- 1. Khapoli
- 2. Siddhivinayak
- 3. Shirdi
- 4. Tirupati
- 5. Rishikesh
- 6. Jagannath Puri
- 7. Shreenathji Nathdwara

Link-AYY Report

https://drive.google.com/drive/folders/1shuI1qfz Extq_mz5EWlPXWwBUztDb7Oj?usp=sharing





PROJECT: SAMPOORNA-Swastha Janm Abhiyan



Prime Your Body · Nurture Your Pregnancy · Empower Your Baby This Is our Swastha Janm Abhiyan (Healthy Birth Campaign). Our vision is to create a healthier future by ensuring that every pregnancy is planned, safe, and supported through comprehensive preconceptional care. We aim to empower women to prepare their bodies before conception by optimizing vital health

parameters such as weight, nutrition, hemoglobin, blood sugar, thyroid function, and ensuring adequate folic acid supplementation at least three months prior to pregnancy. This initiative promotes awareness about contraception, encourages early planning, and emphasizes the importance of entering pregnancy in optimal health—thereby reducing maternal and neonatal complications. Because a healthy beginning starts even before pregnancy does.

Link of Sampoorna Song

https://drive.google.com/drive/folders/1HAFMjIobx1P 21H41Yjv_qrOZJeWouSON?usp=sharing

Report of Sampoorna CMEs

North Zone East Zone West Zone South Zone

https://drive.google.com/drive/folders/185pOdr2fWqB ZXQ-eXVcshfYjsTwJJj9V?usp=sharing

Sr. No.	Date	Location	No. of Attendees		
1	lst Feb	Ranchi	50		
2	lst Feb	Bhagalpur,Patna	40		
3	8th March	Dhanbad	42		
4	9th March	Jamshedpur	36		
5	9th March	Patna	55		
6	22nd March	Deoghar	50		
7	28th March	Kolkata	55		
8	30th March	Bokaro	45		
9	25th April	Tinsukia	35		
10	3rd May	Purnia	25		
11	17th May	Darbhanga	30		
12	7th June	Shillong	25		
13	7th June	Rourkela	35		
14	12th June	Siliguri	30		
15	20th June	Midnapur	35		
16	16th May	Kolkata	61		
17	17th May	Dhanbad	37		
18	30 January 2025	Hapur	51		
19	11 February 2025	Meerut	40		
20	08 March 2025	Firozpur	41		
21	08 March 2025	Raebareli 95			
22	15 March 2025	Rewari 30			
23	18 March 2025	Delhi 40			
24	22nd March	Haldwani	30		
25	5th April	Kanpur	55		
26	9th April	Noida	40		

27			
27	24th April	Lucknow	40
28	4th May	Jammu	50
29	8th May	Ludhiana	50
30 31	15th May 18th May	Dehradun Jaipur	35
32	22nd May	Faridabad	36
33	2nd June	Pathankot	40
34	3rd June	Ambala	40
35	24th May	Udaipur	68
36	7th June	Ujjain	35
37	7th June	Raipur	20
38	15th Feb	Theni	40
39	18th Feb	Tiruvannamalai	40
40	22nd Feb	Nalgonda	40
41	28th Feb	Karimnagar	40
42	15th March	Hyderabad	55
43	8th March	Basavakalyan	120
44	8th March	Bidar	200
45	9th March	Gulbarga	70
46 47	9th March	Raichur	45
47	19th March	Pondicherry Hassan	43 50
49	2nd April 24th May	Dharmapuri	32
50	llth June	Chennai	50
51	6th June	Chennai	77
52	12th June	Karimnagar	80
53	2nd March	Raipur	40
54	9th March	Baroda	45
55	23rd March	Pune	55
56	23rd March	Nanded	50
57	6th April	Chandrapur	35
58	16th April	Palghar	25
59	16th April	Himmatnagar	63
60	17th April	Miraj	25
61	20th April	Latur	120
62	23rd March	Nanded	58
63	27th April	Jalgaon	40
64	27th April	Solapur	67
65 66	29th April	Alwar Akola	53
67	4th May 4th May	Amravati	55
68	4th May	Yavatmal	36
69	4th June	Kolhapur	50
70	12th June	Pusad	54
71	22nd June	Rajkot	50
72	lst June	Indore	65
73	7th June	Amravati	27
74	9th March	Vadodara	50
75	22nd June	Rajkot	45
76	24 May 2025	Udaipur	68
77	5-24-2025	Dharmapuri	32
78	01 June 2025	Indore	65
79	00 June 2025		
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Total No. of Gynaecologists Sensitized

5159



PROJECT: DO TEEKE ZINDAGI KE

CERVICAL CANCER VACCINATION



I am proud to launch comprehensive training program on HPV vaccination, targeting 50,000 members of the Indian Medical Association (IMA)

This initiative aligns with our shared goal of enhancing public health through preventive care, and I am confident that, with everyone's support,

Do Teeke Zindagi Ke

- CERVICAL CANCER VACCINATION - we can make a significant impact in addressing cervical cancer awareness and prevention across India.

9-14 age group we will conduct the drive for increasing awareness of cervical cancer vaccination. "Do Teeke Zindagi Ke" (Two drops of Life!) Launch:

Campaign Pan India on World Cancer Day 4th February, 2025. It was a historic pan India campaign to organize around 400+ activities all over India.

Nirmal Banaras

FOGSI Launches Nirmal Banaras Abhiyan: A Bold Step Toward Cervical Cancer Elimination In a visionary move as Presidential Flagship Program – Nirmal Banaras Abhiyan at the Uttar Pradesh State Annual Conference in Agra on 22nd March 2025.

This pioneering initiative, aligned with the UN Sustainable Development Goals, is dedicated to the elimination of cervical cancer through early HPV vaccination and screening. Piloted in Varanasi, the parliamentary constituency of Hon'ble Prime Minister Shri Narendra Modi ji, the project aims to screen 5,000 women, with follow-up care and treatment provided at Tata Memorial Centre, Varanasi.

A dedicated team of 20 gynecologists from Varanasi will spearhead the on-ground execution. FOGSI extends heartfelt gratitude to Novartis, BD (Social Investment), and our implementation Link of DTZK launch https://drive.google.com/drive/folders/1TC2B87v j_4ecknm5_E9ezBRb_V8PaNZ3?usp=sharing

Link Vaccination Camps:

North Zone/ East Zone/ West Zone/ South Zone https://drive.google.com/drive/folders/133Vto8P LcN5-cTTaGOEFG3gs_wJBnpMz?usp=sharing

FOGSI's Historic Initiative For Cervical Cancer Elimination in 40 Cities simultaneously

On 4th March, Cervical Cancer Awareness Day, FOGSI has taken a monumental step towards cervical cancer elimination with the nationwide reinforcement of our "Do Teeke Zindagi Ke" campaign. In an unprecedented effort, simultaneous CMEs were conducted across 40 cities, marking one of FOGSI's largest-ever events dedicated to cervical cancer elimination, amplifying the message of hope, prevention, and awareness. Together, we pledge our commitment to elimination of cervical cancer.

"Swasth Nari, Samruddha Vatan!"

Link of DTZK Cervical Cancer Awareness Day Celebration

https://drive.google.com/drive/folders/133Vto8P LcN5-cTTaGOEFG3gs_wJBnpMz?usp=sharing

partner Jhpiego (Johns Hopkins Program) for their invaluable support.

This initiative is a significant step toward our vision of a "Cervical Cancer Mukt Bharat." (Cervical cancer free India) to safeguard the health and dignity of every Indian woman. Link of Nirmal Banaras

https://drive.google.com/drive/folders/11PTehgy

e8Be7OdDK-6YbJ96HcqsrFmB_?usp=sharing

Blood Group Awareness

Inauguration of Blood Group Awareness Week, on 16th of March 2025, in 40 societies on same day that was supported by Bharat Serum across India. A Unique drive to sensitize the women about importance to know the blood group type. link

https://drive.google.com/drive/folders/1PqHDNK Z8k6sMB1lx1w5Mk9k-QvphpyH2?usp=sharing



Arogya Sakhi App (Health Friend of her)



Arogya Sakhi, a mobile application dedicated to women's health empowerment, marks a significant milestone in digital healthcare in India. Developed with a vision to empower every woman with accurate and accessible health information, the app aims to sup-

port informed healthcare decisions across all life stages.

Key Features:

• Covers a wide range of health topics including menstrual health, adolescent health, contraception, pregnancy care (ANC), postnatal care, mental health, cancer prevention, and menopause.

• Provides expert-verified and culturally relevant content.

• Available for both iPhone and Android users. Vision & Mission:

• Vision: To empower women across India through informed healthcare decision-making.

• Mission: To deliver accessible, culturally appropriate, and medically reliable information, enabling women to confidently manage their health. The app represents a collaborative effort to bridge healthcare knowledge gaps and support women in leading healthier lives. With QR codes enabling easy access, Arogya Sakhi is set to become a vital tool in women's wellness. *Link to Playstore and AppStore to download App* 1. *For IOS/Apple :*

https://apps.apple.com/us/app/aarogyasakhi/id6740006596 **2. For Android:**

https://play.google.com/store/apps/details?id=co m.arogyasakhiapp

RAKTDAAN MAHADAAN! -Blood Donation Awareness

"Rakt Daan Mahadaan" aims to promote voluntary blood donation across India. The project targets increasing youth blood donors and achieving 100% voluntary blood donation in India. Objectives:

- 1. Increase awareness on blood donation
- 2. Organize blood donation camps and workshops
- 3. Educate and raise awareness about blood donation
- 4. Collaborate with medical institutions and NGOs
- 5. Reduce blood demand-supply gap

6. Promote a culture of voluntary blood donation Target: Collect 10,000 units of blood through voluntary donation by 2025.

Slogan: "People Live When People Give"

Link of Report:

https://drive.google.com/drive/folders/1bs_J29 m1yAEaC0fJl-LL_ynu2PyCJhl?usp=sharing





ACADEMIC PROJECTS PUBLICATIONS

Our mission is to meticulously map the prevalence of key health conditions among women across India, focusing on diverse socioeconomic and geographical segments. By studying a minimum of 1 lakh to 50 Lakh women in each category, we aim to build a comprehensive database that will not only highlight regional health disparities if any but also position FOGSI as a global leader in understanding and addressing women's health

Publication on 7 common conditions

1. Study to Assess the prevalence of hypertension, diabetes and thyroid disorders during pregnancy 2.Study of prevalence and severity of anaemia among pregnant women in India

3.Study on prevalence of depression in perimenopausal women across India

4.Study of Prevalence and etiology of Post Menopausal bleeding

5. Study on Prevalence of Obesity in Adolescence6. Study to evaluate the prevalence of complications in the postpartum period

7.Study on understanding the acceptance and usage patterns of various contraceptive methods among women in India.



Perimenopausal

https://forms.gle/ogGN4scEMZxBAAtD6



Anaemia

https://forms.gle/9YeTSLsM5eZJXxJL7



Obesity In Adolescence

https://forms.gle/suNTwaxPUfxbz9so9



Post Menopausal Bleeding

https://forms.gle/WwxnBgGnrmMVMDuQA



Post Partum Complications

https://forms.gle/vY7fyByFcztuXi1U6



https://forms.gle/7G3rZCj4WmUmdwZJ8





https://forms.gle/kXMHzb5rUNBM2LBG9

https://docs.google.com/forms/d/e/1FAIpQL SdkR6THDWI0QDLoy6KA0VkQWomag4p6Yg yXOAz2VsNJTu8-Fw/viewform?vc=0&c=0&w=1&flr=0

Contraception



EEBR

Under the my leadership as the President, FOGSI, 2025, one of the most magnanimous academic projects is the Ethical & Evidence Based Recommendation (EEBR).

Ten such EEBRs have been drafted on the most useful and clinically challenging subjects. Each EEBR has been carefully drafted following a consensus between esteemed FOGSI experts and stakeholders and are based on the scientific evidence available at the time of preparation. EEBRs aim to serve as a ready reckoner in day-today clinical practice and will definitely enhance patient counselling and decision - making in various topics of Obstetrics & Gynecology.



Dr Sunita Tandulwadkar President FOGSI 2025

Or click https://eebr.ejaypee.com/index.html

PROJECT: EAGLE Every Aspiring Gynaecologists Learn Endoscopy



Empowering the Next Generation in Gynecological Endoscopy.

Launched under the visionary leadership of Dr. Sunita Tandulwadkar, President FOGSI, the EAGLE Project (Every Aspiring Gynecologist Learns Endoscopy) aims to bridge the gap in endoscopic training across India's vast network of over 800 medical colleges, the project is now transforming postgraduate training nationwide through a powerful collaboration with IAGE, led by Dr. Atul Ganatra and Dr. Kalyan Barmade.

This ambitious initiative is being expertly implemented by the FOGSI Endoscopy Committee, chaired by Dr. Sejal Naik, with dedicated coordination by Dr. Subhash Mallya and Dr. Santwan Mehta, EAGLE delivers one-day live operative workshops that combine lectures, hands-on pelvitrainer sessions, and live surgeries—bringing high-quality endoscopy training directly to postgraduate students..

In just six months, EAGLE has already conducted 90 workshops, sensitised 4700+ PG students by 280+ faculties across India—from Jamnagar to Siliguri, and Jammu to Trivandrum, covering the full span of India's 3,200 km north-south and 2,900 km east-west stretch.

Importantly, EAGLE has also benefited patients by providing free advanced gynecological surgeries as part of the workshops—bringing expert care and healing to those who need it most, right at their doorstep.

January	February	March	April	May	June	Total	
7	14	17	23	13	15	89	Medical Colleges in all zones
23	47	50	63	50	51	284	Faculties Contributed
33	98	115	184	84	112	626	Surgical Procedures demonstrated
486	694	780	1272	821	686	4739	Residents Attended
17	28	31	30	31	30	167	Days

Thanks to the dedication of Co-ordinators, faculty, HODs, industry partners, and local coordinators, EAGLE is setting a new benchmark in academic outreach—ensuring every young gynecologist is equipped with the skills to transform women's healthcare.

"Every hand trained is a life empowered."

Link- EAGLE Wings:

https://drive.google.com/drive/folders/1fSEebeoachMagdzFKLlc7W1_T7aYwbXY?usp=sharing



PROJECT: GYAN PRAVAH A Stream of Knowledge, A Flow of Inspiration



As part of my vision to bring meaningful and enriching content to our FOGSI members, I am delighted to introduce Gyan Pravaha – a unique podcast series specially designed for our FOGSI chairpersons.

We have 30 chairpersons, on their assigned date, every month, will host a crisp and engaging 30minute interview with an inspiring figure— national or international, from diverse fields such as academics, social leadership, or even politics. These interviews will focus on 4 to 5 thought-provoking questions, offering insights, ideas, and experiences that will captivate and inspire listeners. Whether the guest is from India or outside, the conversation will be meaningful, relevant, and enriching.

Gyan Pravah Podcast series started with a bang from 30th January 2025. Every day a Committee Chairperson interviews an eminent speaker at 8 pm. Viewers can join the podcast by clicking on the link

https://sunitatandulwadkarfogsi.soloclinicivf.com every day at 8 pm.

PROJECT: GYAN DEEPIKA

Concise book for easy and prompt reading at coffee break for each gynaecologists on various 31 interested topics by the renowned national and international authors.

CONFERENCES

Link

https://drive.google.com/drive/folders/1obp2m9 edAboJQLfozfBV_tnUF40tjthC?usp=sharing

January

1.24-25-26 January, Presidential conference, Andaman

February

1. 1-2 February, February, Presidential conference, Ahmednagar 2. 21-22-23 February, North Zone Conference with YUVA (Youth), Delhi March 1-2 March, ICOG conference, Pune

April

2-6 April, Funference, Kashmir 19-20-21 April, EAST Zone VP Conference, VPCON

May

10-11 May, North Zone VP Conference, Noida 17-18 May, Waves2025, FOGSI Presidential Conference, Vishakhapatnam

June

7-8 June, Presidential conference, Bsngalore
13-14 June, West zone conference with YUVA (Youth), Jaipur
20-21 June, South Zone conference with YUVA (Youth), Ooty

July

11-12-13 July, West zone VP Conference, Udaipur 25-26-27 July, South zone VP Conference, Kanyakumari

August

1-2-3 August, FOGSI FIGO, Mumbai 22-23 August, RCOG & BFS

September

5-7 September, PPH Conference, Ahmedabad 13-14 September, Presidential Conference, Kanpur & Dibrugadh 19-20-21 September, AICC RCOG, Chennai

October

18-19 October, Presidential conference, Meerut



November

7-8 November, East Zone Conference with YUVA (Youth), Shillong 14-15-16 November, Presidential Conference, Pune

December 5-6-7 December West

5-6-7 December, West zone VP Conference, Nashik

PROJECT: FOGSI ANUBANDHA Strengthening Our Bond

As the President, I firmly believe that the strength of FOGSI lies in its members' voice. With FOGSI Anubandh, I aim to build meaningful connections, address your challenges, and bring FOGSI closer to every member across the country. To achieve this, I will be interacting state-wise with Presidents and Secretaries of all societies through a Zoom platform on the second and fourth Tuesday of every month, from 4 PM to 5 PM. Along with me on these meetings, I will be requesting my team and FOGSI office to join. This ensures that we can discuss issues collectively and solve as much as possible on the spot.

FOGSI ANUBANDH was carried out with OBGY Societies of various states of the country on designated date.

Our discussions was focused on:

Addressing challenges specific to your region, including professional or administrative hurdles.
Strengthening communication and ensuring FOGSI's projects reach every doorstep.

Date	Place		
11th February	Societies of Tamil Nadu		
25th February	Societies of Bihar/Jharkhand		
11th March	Societies of Punjab/Haryana		
25th March	Societies of Gujarat		
22nd April	Societies of Orissa/West Bengal/Assam/Sikkim/AP(Arunachal Pradesh)/Mizoram/Tripura/Nagaland		
13th May	Societies of UP		
27th May	Societies of MP/Rajasthan/Chattisgarh		
10th June	Societies of AP/Telangana		
24th June	Societies of Delhi/Uttarakhand/Himachal Pradesh/Jammu & Kashmir/		
8th July	Societies of Maharashtra		
12th August	Societies of Kerala		
26th August	Societies of Karnataka		

• Motivating more gynecologists to join FOGSI and con tribute to its vision.

• Highlighting and nurturing local talent and innovative solutions. Link:

https://drive.google.com/drive/folders/1RtHFSg3 u5b6wO2ssVjpHMynn9FSNOO1V?usp=sharing

Project MUKTA launch

Thalassemia is not just a disease—it's a lifelong struggle that affects countless families, yet it is entirely preventable.

Under the pro-active leadership of Dr. Sunita Tandulwadkar, FOGSI has witnessed a vibrant surge of initiatives in recent months — and here comes yet another remarkable one. We are proud to present to you, project MUKTA - Mission to Unite & Keep Thalassemia Away: working towards a Thalassemia Mukt Bharat. This is a step closer to a future where no child suffers from this burden, and every life is given a fair chance.

FOGSI and MKH have come together with a shared vision. Our heartfelt appreciation goes to the inspiring leaders whose dedication and compassion have brought this mission to life.

Project MUKTA was launched at the FOGSI cell meeting in Gurgaon on 11 April 2025. The launch was led by Dr Sunita Tandulwadkar (President, FOGSI), Dr Jaydeep Tank (Immediate Past President, FOGSI) Dr Suvarna Khadilkar (Secretary General), Dr Bhaskar Pal (President Elect, FOGSI), and other eminent FOGSIans in attendance.

Dr Tandulwadkar enlightened the gathering about the burden of Thalassemia in India, highlighting how in spite of Thalassemia being preventable, many children in India are born with it every year and they go on to lead a life of suffering. She encouraged all FOGSIans to screen early and routinely, educate couples, and lead by example.

Finally, she asked all FOGSIans in attendance to take a short survey on Thalassemia screening, which would help analyse the current practices in Thalassemia amongst obstetrics. She also announced that Dr Pooja Lodha will be the national convenor for Project MUKTA.











Rumana Hamied (Director, MKH Foundation) then shared her vision for a Thalassemia-free India and highlighted the need for universal screening. Dr Jaydeep Tank took everyone over the project objectives and strategies. The logo for Project MUKTA was released by the dignitaries & the MOU was officially signed. Following the official launch of Project MUKTA, a GCPR meeting was conducted at the FOGSI office on 29th May, where there was a brain storming discussion regarding tackling thalassemia and it's prevention.

FOGSI has always been at the forefront of academic excellence, consistently translating knowledge into clinically relevant strategies to elevate women's health. Mukta is one such meaningful step — a stride towards a disease-free tomorrow.

"Together, we birth a healthier future."

Link:

https://in.docs.wps.com/module/common/ai-Guide/?sid=sIPTaqMwx-7ObwgY#1751307486372

