









## FOGSI PRESIDENTIAL CONFERENCE

DIBRUGARH: ASSAM

Organized by **DIBRUGARH OBSTETRICS & GYNAECOLOGICAL SOCIETY** 

Theme:

Reaching the unreached





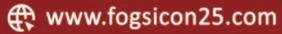








Dibrugarh, Assam





FOGSI's journey this year is not about individual accomplishments, but about leadership born of teamwork. Together, we have shown that when passion meets purpose, there is no limit to what we can achieve.

#### ज्ञानं परमं बलम्" – Knowledge is the supreme power.

#### Dear FOGSIANS,

As I reflect on this month, I am filled with gratitude and pride at the collective spirit of FOGSI. August marks two extraordinary milestones in our academic journey— the completion of 100 Eagle Projects and the 200th episode of the Gyan Pravah podcast series. These initiatives stand as shining symbols of our unwavering commitment to spreading evidence-based knowledge to every corner of the country. I am deeply humbled by the tireless work of our Chairpersons and their teams, who have together accomplished Sampoorna CMEs nationwide, enriching practitioners and uplifting communities through education.

I am humbled to have released a very important position statement on teenage pregnancy marking the commitment to women's comprehensive healthcare. With great joy, I also extend a warm invitation to all of you for the Presidential Conference in Pune, from November 14th to 16th. It promises to be a confluence of learning, collaboration, and vision for the future.

FOGSI's journey this year is not about individual accomplishments, but about leadership born of teamwork. Together, we have shown that when passion meets purpose, there is no limit to what we can achieve. I thank Dr Ashwini Kale for compiling the work for August month I'm sure you'll enjoy reading those milestones and journey. Happy Reading

Warm regards,

Dr. Sunita Tandulwadkar President, FOGSI, 2025





From cuttingedge clinical
updates and
evidence-based
guidelines to
reports from
workshops and
CME programs,
this edition
highlights the
academic rigor
that strengthens
our fraternity

विद्या ददाति विनयं, विनयाद् याति पात्रताम्।पात्रत्वात् धनमाप्नोति, धनात् धर्मं ततः सुखम्॥"

Knowledge gives humility, from humility comes worthiness; from worthiness comes wealth, from wealth comes righteousness, and from righteousness comes happiness."

#### Dear Friends,

It is with this guiding spirit that FOGSI Connect continues to bring to you each month a confluence of knowledge, innovation, and collaboration. This issue reflects not only our academic endeavors but also the vibrant social initiatives and conferences that shape the landscape of women's health in India. Every page embodies the dedication of our members who strive to blend science with compassion, research with outreach, and learning with service.

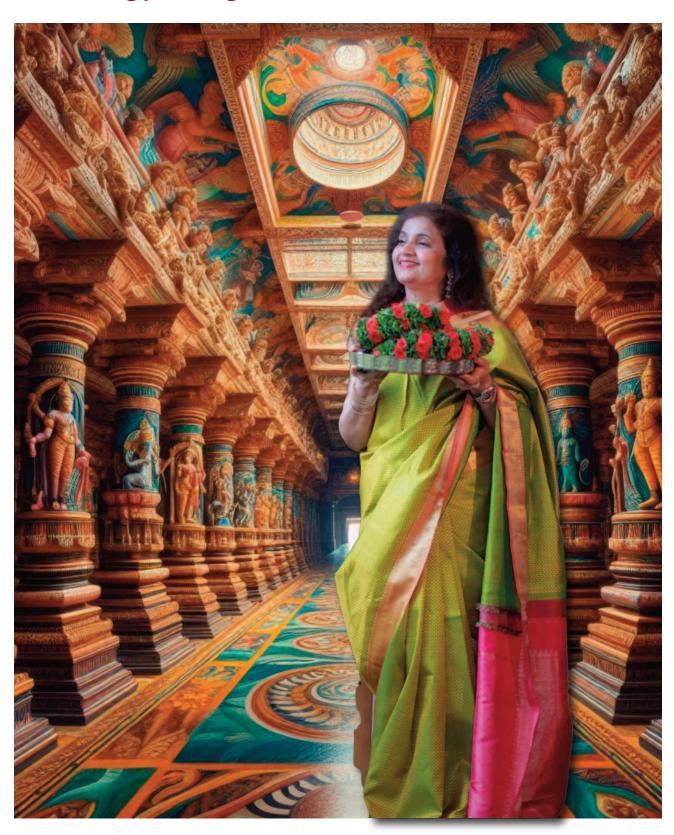
From cutting-edge clinical updates and evidence-based guidelines to reports from workshops and CME programs, this edition highlights the academic rigor that strengthens our fraternity. By sharing experiences and best practices, we aim to empower every reader to translate knowledge into better patient outcomes.

Together, let us continue to advance the frontiers of Obstetrics and Gynecology, ensuring that knowledge shared is knowledge transformed into better care and healthier lives.

Happy reading Long live FOGSI

Warm Regards
Ashwini Kale
Editor
FOGSI Connect August 2025

## Arogya Yog Yatra - Rameshwaram









Societies of Madurai, Trichy, Tuticorin, and Rajapalayam. Delegates from nearby towns like Pudukottai and Ramanathapuram also attended enthusiastically. The Know Your Number program was also conducted enthusiastically by FOGSI members. FOGSI chairpersons and Vice Presidents also participated.

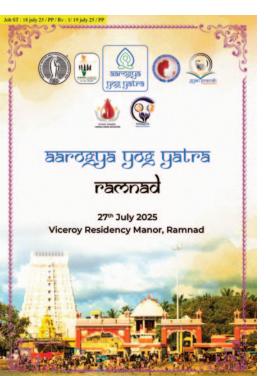






Under the leadership of President, FOGSI Dr Sunita Tandulwadkar, the Arogya Yog Yatra travelled to Rameswaram, one of the holiest places for Hindus, on the 27th and 28th of July, 2025. The program started with an academic program, which was held in the town of Ramanathapuram which is the connecting town of Mainland India to the island of Rameswaram. The academic program was well attended by faculty and delegates from the OG

The spiritual journey to the tip of the Indian Peninsula was initiated on the second day after crossing the famous Pamban bridge. The holy island is a serene place which boasts spectacular natural beauty. The group visited the famous Ramanathaswamy Temple, known for its elaborate corridors and splendidly sculpted pillars and offered prayers for the well-being of fellow FOGSIANS and family.

















#### 2nd July | SAMPOORNA WORKSHOP in association with Bhubaneswar O & G Society and UNFPA **BHUBANESWAR**

Sampoorna CME was conducted by Bhubaneswar Society with Dr Bhagyalakshmi Nayak as coordinator and under leadership of FOGSI President Dr Sunita Tandulwadkar madam on 2nd July 2025 at Hotel Swosti Premium, Bhubaneswar. It's a FOGSI program and brain child of our President. Program was a grand success with presence of eminent personalities like Dr Sunita Jha, Dr

Sujata Kar, Dr Bhagyalakshmi Nayak. We are thankful to FOGSI President and her team for giving us a chance to disseminate required discussion through this CME. Dr. Sunita Jha gave an engaging talk on Feeding Baby, Draining bones-the unspoken cost of lactation. Dr. Ipsita Mohapatra presented on the effects of hyperhomocysteinemia from fertility to lactation. Dr Mrinal Kanti Dash discussed the role of dydrogesterone SR as a new standard in reproductive medicine. Dr. Manisha Sahu spoke on the role of the vaginal microbiome in obstetric outcomes. CME was well concluded with the support of Dr Sanjib R Nayak, President BOGS and Dr Tapasi Pati, Secretary BOGS. No. of attendees: 50

## Moradabad - 6th July

#### 6th July 2025,

Under the aegis of FOGSI Under the inspiring leadership of FOGSI President Dr. Sunita Tandulwadkar, the Sampoorna Workshop was successfully held on 6th July 2025 in Moradabad as part of the national Sampoorna: Swastha Janani Abhiyan. The initiative promotes holistic and preventive women's healthcare through education and awareness.

The workshop began with a Welcome Address by Dr. Dipali Verma, setting the stage for an engaging scientific program.

The sessions included:

- Dr. Poonam Goyal initiated the academic segment with a session on FOGSI Initiatives – What Every FOGSIAN Should Know
- Dr. Richa Agarwal spoke on Homocysteine and Her: Tracing the Effects of

Hyperhomocysteinemia from Preconception to

- Dr. Poonam Goyal returned with a session titled Feeding Baby: Draining Bones - The Unspoken Cost of Lactation
- A lamp lighting ceremony followed as a mark of enlightenment and academic spirit
- Dr. Pragati Gupta presented Dydrogesterone SR: A New Standard in Reproductive Medicine – Review in ART from LPS to RPL
- Dr. Deepa Gupta delivered the final talk on Flora, Fertility, and Full Term: The Role of Vaginal Microbiome in **Obstetrics Outcomes**



The session concluded with an interactive Q&A and Vote of Thanks delivered by Dr. Sonam Rastogi. The workshop was efficiently moderated by Dr. Ritika Agarwal and Dr. Neha Chandra, and coordinated by the enthusiastic team of Dr. Dipali Verma, Dr. Neha Chandra, and Dr. Sonam Rastogi. A total of 47 delegates participated in the event.

The Moradabad edition of Sampoorna brought forth critical clinical insights and reaffirmed the commitment of FOGSI to maternal wellness through knowledge sharing and community engagement.

## Rajahmundry - 6th July











Sampoorna CME under the aegis of FOGSI and the visionary leadership of our President Dr. Sunita Tandulwadkar madam was conducted in association with Rajahmundry society on 6th July,2025 at Hotel La Hospin. Coordinator for the workshop was Dr Kiranmai Devineni, Chairperson VAW Committee. The meeting focused on Sampoorna Project: FOGSI initiative, Swastha Janam Abhiyan, especially on the emphasis and importance of preconception care in maternal and Fetal

wellbeing. Other talks were on the vital role of maintaining normal homocysteine levels from fertility to feeding, calcium supplementation during lactation, dydrogesterone SR review in ART to LPS to RPL and the role of vaginal microbiome in obstetric outcomes. Dr. Kiranmai Devineni outlined the mission of the FOGSI Sampoorna Project and emphasised that every pregnancy should be a planned pregnancy. Other speakers

included Dr. Lalitha Kambhampati, Dr Devisri Murari, Dr Aparna Chowdary Chaliki. Chairpersons included were Dr Sajja Padma, Dr A Venu Madhavi. Grateful to Dr Sajja Padma, President ROGSY and Dr Lalita Kambhampati, Secretary ROGSY for the extended support and cooperation in the execution of this well coordinated CME. Gratitude to all participants and to Torrent pharma for supporting this event. Number of attendees: 41

## Ahmedabad - 6th July



Sampoorna CME was conducted on 6th July at Ahmedabad under the leadership of President FOGSI Dr. Sunita Tandulwadkar madam. It started with video message by Dr Sunita madam highlighting the

Sampoorna concept, followed by Inauguration and lamp lighting with Sampoorna song playing. Talk on FOGSI Initiative on Sampoorna Project was given by Dr. Parth Shah, Secretary AOGS. Insights on the effects of hyperhomocysteinemia from preconception to cradle were given by Dr. Molina Patel.

A talk on Feeding Baby, draining bones was delivered by Dr.Azadeh Patel. Insightful discussion about the role of vaginal microbiome in obstetrics outcomes was given by Dr Vaishali Chavan, coordinator for Sampoorna CME. A talk on role of dydrogesterone in LPD and RPL was given by Dr. Kamini Patel. A successful CME was conducted with the support of AOGS President Dr Nita Thakre

and Secretary Dr Parth Shah with the presence of 45 attendees.

## Chennai - 8th July









The Sampoorna CME was conducted on 8th July Chennai, under the leadership of FOGSI President Dr. Sunita Tandulwadkar madam.

Dr. Palaniappan N, Vice President FOGSI delivered the welcome address and enlightened all on the Sampoorna Project: FOGSI Initiative.

Dr. Dhanalakshmi presented on the effects of hyperhomocysteinemia from fertility to lactation. Dr. Hepsibah Kirupamani gave an engaging talk on the unspoken cost of lactation and importance of calcium supplementation.

Dr. Vaishali Chavan discussed about dydrogesterone SRa new standard in reproductive medicine.

Dr. Geetha spoke on the role of the vaginal microbiome in obstetric outcomes.

The event was well coordinated with the support of Dr Sampathkumari, President OGSSI and Dr Meenakshi Mahalingam, Secretary OGSSI. The CME concluded successfully with a vote of thanks by Dr. Meenakshi Sundaram.

No. of attendees were 24.

## Ranchi - 16th July









Sampoorna CME under the aegis of FOGSI and the visionary leadership of our President Dr. Sunita Tandulwadkar madam was conducted in association with Ranchi society on 16th July,2025. Coordinators for the workshop were Dr Seetha Ramamurthy Pal and Dr Bharti Maheshwari. The meeting focused on Sampoorna Project: FOGSI initiative, Swastha Janam Abhiyan,

especially on the emphasis and importance of preconception care in maternal and fetal wellbeing.

A talk on Feeding Baby, draining bones was delivered by Dr. Suman Sinha followed by talk on the vital role of maintaining normal homocysteine levels from fertility to feeding by Dr Archana Kumari. Dydrogesterone SR review as a new standard in reproductive medicine in ART to LPS to RPL was presented by Dr Bharti Maheshwari and the role of vaginal microbiome in obstetric outcomes was discussed by Dr Shashi Bala Singh.

Grateful to Dr Shashi Bala Singh, President ROGS and Dr Archana Kumari, Secretary ROGS for the

extended support and cooperation in the execution of this CME. Gratitude to all participants and to Torrent pharma for supporting this event. Number of attendees:

## Davangere - 18th July



Sampoorna CME under the aegis of FOGSI and the visionary leadership of our President Dr. Sunita Tandulwadkar madam was conducted in association with Davangere obstetrics and gynaecology society on 18th July, 2025. Coordinator for the workshop was Dr Bharathi Rajashekar.

Opening remarks and welcome address was given by Dr Divakar NR, Secretary DOBGS followed by lamp lighting by seniors. The meeting focused on Sampoorna Project: FOGSI initiative, Swastha Janam Abhiyan on the importance of preconception care in maternal and fetal



wellbeing by Dr Bharathi Rajashekar. The role of vaginal microbiome in obstetric outcomes was discussed by Dr Chethan Gowda. Talk on the vital role of maintaining normal homocysteine levels from fertility to feeding was taken by Dr Saroja C Kamatar. A talk on Feeding Baby, draining bones was delivered by Dr. Shilpa Nabapure followed by talk on Dydrogesterone SR review as a new standard in reproductive medicine in ART to LPS to RPL was presented by Dr Varada Kiran. Vote of thanks was given by Dr Madhu K.N, President DOBGS. Number of attendees: 74

## Kanpur - 19th July













Sampoorna CME in association with Kanpur Obstetrics and gynaecological Society | Kanpur | 19th July,2025

Sampoorna CME under the aegis of FOGSI and the visionary leadership of our President Dr. Sunita

Tandulwadkar madam was conducted in association with Kanpur society on 19th July,2025 at Hotel Vijay Intercontinental. Coordinator for the cme was Dr Bharti Maheshwari.

CME started with welcome address by President KOGS Dr Kalpana Dixit followed by inauguration and blessings by Dr Meera Agnihotri. The meeting focused on Sampoorna Project: FOGSI initiative, Swastha Janam Abhiyan followed by other talks on the vital role of maintaining normal homocysteine levels from fertility to feeding, calcium supplementation during lactation, dydrogesterone SR review in ART to LPS to RPL and the role of vaginal microbiome in obstetric

Speakers included Dr. Neelam Mishra, Dr Kiran Pandey, Dr Bharti Maheshwari and Dr Kanchan

Sharma. Master of ceremony were Dr Reena Mattoo and Dr Rashmi Bhushan. Closing remarks were given by Secretary KOGS Dr Reshma Nigam. Gratitude to all participants and to academic pharma partners. Number of attendees: 39.

for the cme.

## Mumbai - 23rd July







medicine by Dr. Bela Bhatt. Dr. Vaishali Chavan also presented insights on hyperhomocysteinemia from preconception to lactation.

Dr. Rajendra Nagarkatti discussed the hidden cost

The FOGSI Sampoorna CME, in association with the Association of Fellow Gynecologists (AFG), was held on 23rd July Mumbai, under the leadership of FOGSI President Dr. Sunita Tandulwadkar madam. CME started with the video message by Dr Sunita madam briefing all about what is Sampoorna concept, followed by Inauguration and lamp lighting with Sampoorna song playing.

Dr. Vaishali Chavan started with the scientific session with talk on FOGSI Initiative: Sampoorna Project, followed by talk on dydrogesterone SR in reproductive

of lactation, and Dr. Navneet Desai spoke on the role of the vaginal microbiome in obstetric outcomes. A panel discussion on the role of instrumental deliveries in today's era, was moderated by Dr. Ankesh Sahetya and Dr. Saurabh Surekha, which concluded the CME. The event was highly informative and well-received by 33 attendees and well executed with the support of Dr Nitin Shah, President AFS and Dr Bela Bhatt, Secretary

## Thrissur - 24th July





















Sampoorna CME under the aegis of FOGSI and the visionary leadership of our President Dr. Sunita Tandulwadkar madam was conducted in association with Thrissur society on 24th July, 2025. Coordinator for the workshop was Dr Bharti Maheshwari. The meeting focused on Sampoorna Project: FOGSI initiative, Swastha Janam Abhiyan, especially on the emphasis and

care in maternal and fetal wellbeing, by Dr Bharti Maheshwari. Talk on the vital role of maintaining normal homocysteine levels from fertility to feeding was taken by Dr Neetha George followed by talk on Feeding Baby, draining bones by Dr. Vipin B. Dydrogesterone SR review as a new standard in reproductive medicine in ART to LPS to RPL was presented by Dr Bharti Maheshwari and the role of vaginal microbiome in obstetric outcomes was discussed by Dr Jyothi Mary. Vote of thanks was given by Dr Thulasidevi K C. Grateful to Dr Bindu Menon, President TOGS and Dr Resmy C

importance of preconception

R, Secretary TOGS for the extended support and cooperation in the execution of this CME. Number of attendees: 52

## Trichy - 24th July







visionary leadership of our President Dr. Sunita

The meeting started with welcome address by Dr

Tandulwadkar madam was conducted in association

with Trichy society on 24th July, 2025 at Hotel Mariott.





given by Dr. Vaishali Chavan. A talk on Feeding Baby, draining bones was delivered by Dr. Soorya Prakashmurthy. Role of dydrogesterone in LPD and RPL was discussed by Dr. Gayatri Devi. Insightful discussion about the role of vaginal microbiome in obstetrics outcomes was given by Dr Geetha Balsarkar.

A successful CME was conducted with the support of TRIOGS President Dr Tamilselvi and

Project: FOGSI initiative by Dr

hyperhomocysteinemia from preconception to lactation was

Geetha Balsarkar, the coordinator

Talk on the insights of the effects of

Secretary Dr Uma Velmurugan with the presence of 30 attendees.

## Tamilselvi followed by introduction of Sampoorna Sampoorna Aparajita CME - Ambala - 1st July



Sampoorna Aparajita CME at Ambala on 1st July had overwhelming response by Society members. President SOGA welcomed all and CME started with Video message by FOGSI President Dr Sunita Tandulwadkar

It was well appreciated by Ambala Society members.

Topic on PCOS by president Ambala Dr Ruby Bhatia, Impacts of Amino Acid supplements from Menarche to Menopause

BY Dr Brajbala Tiwari Talk on Human placental extract by Dr Sampath Kumari

It was Well attended by all members on Working day. it was very interactive discussion.

President SOGA Dr Rubi Bhatia

Secretary Dr Aditya Garq

all office bearers were so happy and appreciated imitative by FOGSI PRESIDENT Dr Sunita Tandulwadkar ma'am for this in-depth CME concept. Thanks Albert David team for arranging it.

## Sampoorna Aparajita CME - Gurgaon - 2nd July



Secretary Dr Neeru Thakral welcomed all and CME Graced by past VP by Dr Ragini Agrwal ma'am. CME started with Video message by FOGSI President Dr Sunita

Tandulwadkar

It was well appreciated by Gurgaon Society members. Talk 1: On Impacts of Amino Acid supplements from Menarche to Menopause BY Dr Brajbala Tiwari Talk 2: On Human placental extract by Dr Sampath Kumari Talk 3: On PCOS by Dr Subhoohi Rizvi Session chaired by

Dr Anjali Bagga, Dr Meenu Soni Dr Reena Goel, Dr Geeta Rastogi

DR Shameen Kamal, Dr Rupa Birthare Dr Vinay Bala, Dr Anju Sharma, Dr Mini Kaushal

It was Well attended by all members on Working day.

it was very interactive discussion.

Thanks to

President Dr Saroj kumar

Secretary Dr Neeru Thakral

Secretary Dr Neeru Thakral

Treasurer Dr Anita Agrwal

Jt treasurer Dr Madanjit for this APARAJITA SAMPURN CME

all office bearers were so happy and appreciated imitative by FOGSI PRESIDENT Dr Sunita Tandulwadkar ma'am for this in-depth CME concept.

Thanks Albert David team for arranging it.

### **SAMPOORNA APARAJITA CME JULY 2025**







The Sampoorna Aparajita CME Series across various FOGSI Societies of India is a brainchild of our Dynamic President FOGSI, Dr Sunita Tandulwadkar. I coordinated 4 programs in July 2025, two in UP Societies, Jhansi and Prayagraj and two in MP Societies, Sagar and Rewa.

All the programs focused on Comprehensive Women's Health through clinical studies on Human Placental Extracts, Amino Acids as vital nutrients and the pathophysiology and management of PCOS.

#### JHANSI 06/07/25

Program attended by members of the enthusiastic Jhansi Obgyn Society under President Dr Alka Sethi and Secretary Dr Vidya Choudhary.

#### SAGAR 20/07/25

Sagar Obgyn Society is a small vibrant society of about 50 FOGSlans and witnessed a great turnout for the Sampoorna Aparajita program. The program was greatly applauded by President Dr Jyoti Chouhan and Secretary Dr Nidhi Jain.

#### PRAYAGRAJ 26/07/25

Prayagraj Obgyn Society is a large, decorated Category-A



Society and our program was a resounding success over there under the guidance and patronage of President Dr Kumkum Tandon and Secretary Dr Amrita Chaurasia.

#### REWA 27/07/25

Rewa Obgyn Society celebrated the auspicious Hariyali Teej along with our Academic program and there was interesting interaction with the senior teachers over there. Heartfelt thanks to President Dr Padma Shukla and Secretary Dr Rekha Singhal.

All in all, the Sampoorna Aparajita CME was a great success amongst gynaecologists of all age groups. The senior gynaecologists were excited about the potential revival of placental extracts and products in clinical practice. PCOS was discussed in the form of clinical case scenarios and Amino-Acids for their neutraceutical value. My deepest gratitude to Dr Sunita Tandulwadkar, President FOGSI for this opportunity to connect with FOGSIans across so many cities of India.

Thanks to our Academic partners Albert David Pharma and their team members.

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## FOGSI PRESIDENT INITIATIVE: APARAJITA SYMPOSIUM







Dr Sunita Tandulwadkar, President FOGSI 2025 is known for her charismatic leadership and Unique initiatives. Aprajita SYMPOSIUM is one of them. As ,we know vision of FOGSI is to lead organization working towards advocating and promoting women's health and

reproductive rights using scientific evidence and following the highest ethical standards. This symposium is continuation of the same. Till now 37 Physical APRAJITA Symposium was conducted successfully across the nation.





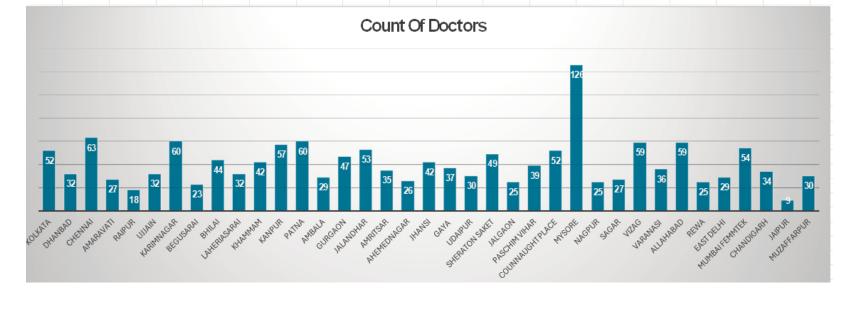




Sr.N +	Date -	Location •	Count Of Doctors
1	16-05-2025	Kolkata	52
2	17-05-2025	Dhanbad	32
3	06-06-2025	Chennai	63
4	07-06-2025	Amaravati	27
5	07-06-2025	Raipur	18
6	07-06-2025	Ujjain	32
7	12-06-2025	Karimnagar	60
8	15-06-2025	Begusarai	23
9	15-06-2025	Bhilai	44
10	15-06-2025	Laheriasarai	32
11	19-06-2025	Khammam	42
12	21-06-2025	Kanpur	57
13	22-06-2025	Patna	60
14	01-07-2025	Ambala	29
15	02-07-2025	Gurgaon	47
16	03-07-2025	Jalandhar	53
17	03-07-2025	Amritsar	35
18	05-07-2025	Ahemednagar	26
19	06-07-2025	Jhansi	42
20	13-07-2025	Gaya	37
21	14-07-2025	Udaipur	30
22	16-07-2025	Sheraton Saket	49
23	17-07-2025	Jalgaon	25
24	17-07-2025	Paschim Vihar	39
25	18-07-2025	Counnaught place	52
26	19-07-2025	Mysore	126
27	19-07-2025	Nagpur	25
28	20-07-2025	Sagar	27
29	20-07-2025	Vizag	59
30	20-07-2025	Varanasi	36
31	26-07-2025	Allahabad	59
32	27-07-2025	Rewa	25
33	29-07-2025	East Delhi	29
34	02-08-2025	Mumbai Femmtek	54
35	03-08-2025	Chandigarh	34
36	03-08-2025	jaipur	9
37	03-08-2025	Muzaffarpur	30
			1519







## Aparajita Sampoorna CME – Udaipur - 13th July

\*Sampoorna Aparajita Symposium\* fogsi president initiative at Udaipur in Fogsi SHARP vice president conference on 13 th July.

It started with impactful VDO message of \*Madam Dr Sunita Tandulwadkar President Fogsi\*.

Introduction and short brief about Fogsi President initiative given by Organising chairperson of conference Vice president \*Dr Komal Chavan.\*

First Talk on \*Human placental Extract given by Dr Kanchan Sharma\*

Second Talk on \*Impacts of Amino acid supplements from Menarche to menopause was given by \*Dr Pradeep Bandwal Secretary of Udaipur Society\*.



\*Dr Jyoti Bunglowala gave talk on comprehensive management of Polycystic ovarian syndrome\* Sessions chaired by \*Dr Shushila khoiwal, Dr Anita Dalal and Dr Anju Chohan.\*

Well organised symposium appreciated by all delegates. Many stalwarts from Fogsi attended this symposium! Host society is happy with conceptualisation of symposium and many delegates from different societies shown interest in future collaboration.

Thank you \*respected Dr Sunita madam\* for this. Thanks to \*Albert David team\* for all support.







## Aparajita Sampoorna CME – Gaya

Heartfelt thanks to Respected Dr. Sunita Tandulwadkar Madam, President FOGSI, for entrusting me with the responsibility of coordinating the prestigious 'Aparajita Sampoorna CME' initiative. I'm happy to share that we successfully conducted this event in association with the Magadh Obstetric and Gynaecological Society, Gaya on 13th July 2025.

My sincere thanks to Dr. Manju Sinha, President MOGS, Dr. Poonam Sahay, Secretary MOGS, and the dedicated team of MOGS for their excellent support and smooth execution of the event.

The CME was well-attended and appreciated for its academic richness. The program commenced with a video message from Dr. Sunita Tandulwadkar Madam, followed by the following insightful sessions:

I had the privilege of speaking on Comprehensive Management of Polycystic Ovary Syndrome

Dr. Sulekha Yadav presented on Advancements in Human Placental Extracts for Addressing Reproductive Challenges

Dr. Ekta Verma concluded with an engaging session on Impact of Amino Acid Supplementation from Menarche to Menopause

The academic discussions were interactive and well-received by all attendees.

I also extend my heartfelt gratitude to our academic partner, Albert David, for their valuable support in making this event a success.













## Aparajita Sampoorna CME – Jalgaon

We're thrilled to have successfully concluded Aparajita Sampoorna CME'\* The fogsi president initiative in association with \*JOGS at Jalgaon\* on 17 th July 2025.

\*Special gratitude to Dr. Vaishali Chaudhary, President JOGS, Dr. Anita Bawiskar, Secretary JOGS,\* and the entire JOGS team for their invaluable support and meticulous organization.

The CME saw active participation from around 30 delegates, making it a resounding success. The program commenced with a \*video message from Dr. Sunita Tandulwadkar madam,\* followed by insightful sessions

on \*PCOS by Dr. Radheshyam Chaudhari\* then \*Advancement in Human Placental Extract by Dr Jyoti Bunglowala\* and finally \*Impact of Amino Acid by Dr. Seema Patil\*

The event was much appreciated with academic interaction.

We're grateful to our academic partner, Albert David, for their extended support.

Looking forward to more such collaborative events.









### अपराजिता संपूर्णा उपक्रमांतर्गत चुर्चासत्र

जळगाव - येथील जळगोव ऑबस्टेट्रिक अँड गायनाकॉलॉजिकल सोसायटीतर्फे अपराजिता संपूर्णा उपक्रमांतर्गत एफओजीएसआयच्या अध्यक्षा डॉ.सुनीता तान्दुळवडकर यांच्या मार्गदर्शनात चर्चासत्र पार पडले. अध्यक्षा डॉ.वैशाली चौधरी, सचिव डॉ. अनिता बाविस्कर यांनी मार्गदर्शन केले. पीसीओएस व्यवस्थापनावर डॉ. राधेश्याम चौधरी, प्रजनन आरोग्यासाठी प्लेसेंटा एक्स्ट्रॅक्टचे महत्त्वाविषयी डॉ. ज्योती बंगलोवाला तसेच स्त्री जीवनातील विविध टप्प्यांमध्ये अमिनो ॲसिड सप्लिमेंटेशनवर डॉ. सीमा पाटील यांनी मार्गदर्शन केले. या चर्चासत्रात डॉ.राजश्री सादुलवाड, डॉ.वंदना चौधरी, डॉ. भावना चौधरी यांच्यासह सुमारे ३० स्त्रीरोग तज्ज्ञांनी चर्चासत्रात सहभाग घेतला. संचालन डॉ. प्रियंका चौधरी यांनी केले.

## Aparajita Sampoorna CME – Vishakhapatanam

#### 20TH JULY 2025 VISHAKHAPATTANAM OGSV

Sincere gratitude to \*Dr Sunita Tandulwadkar madam President Fogsi\* for bestowing us with Aparajita Sampoorna symposium in collaboration with Vishakhapattanam Obgyn Society.

Special thanks to Dr Padmavathi President OGSV and Dr Pallavi Secretary OGSV for their support and outstanding organisation of this program ..

First talk on comprehensive management of polycystic ovary syndrome was taken by Dr Jyoti Bunglowala,

which has got interactive appreciation. Advancements in human placental extracts for reproductive challenges was nicely done by Dr N Sridevi Third talk was taken by Dr N V Shivani on amino acid supplementation from menarche to menopause . Big hall full of delegates who are immensely happy with the theme and content

Thanks to team Albert David for all the support















## Aparajita Sampoorna CME – Varanasi

It was an absolute honour to coordinate the prestigious 'Aparajita Sampoorna CME' initiative under the guidance of our Respected Dr. Sunita Tandulwadkar Madam, President FOGSI. I'm delighted to share that we successfully conducted this event in association with the Varanasi Obstetrics & Gynaecological Society on 20th July 2025.

My sincere thanks to Dr. Shalini Tandon, President VOGS, Dr. Shuchi Jain, Secretary VOGS, and the dedicated team of VOGS for their excellent support and smooth execution of the event.

The CME was well-attended and appreciated for its academic richness. The program commenced with a

warm welcome, followed by the following insightful sessions:

- I had the privilege of speaking on Comprehensive Management of Polycystic Ovary Syndrome.
- Dr. Shuchi Jain concluded with an engaging session on Impact of Amino Acids Supplementation from Menarche to Menopause.

The academic discussions were interactive and wellreceived by all attendees.

I also extend my heartfelt gratitude to our academic partner, Albert David, for their valuable support in making this event a success.









## Aparajita Sampoorna CME – Hisar - 10th August

#### 10th August 2025 | Venue: Midtown Grand Hotel **Under the aegis of FOGSI**

The vibrant city of Hisar hosted an insightful and impactful Sampoorna Workshop on 10th August 2025 at Midtown Grand Hotel. Organized under the dynamic leadership of FOGSI President Dr. Sunita Tandulwadkar, this academic program was part of the Sampoorna: Swastha Janani Abhiyan, a national initiative dedicated to improving maternal and newborn health through preventive care, nutrition, and community education. The workshop commenced with a warm Welcome Address, followed by high-value scientific sessions:

• I presented Sampoorna Project FOGSI Initiative: What Every FOGSIAN Should Know, outlining the goal of the Sampoorna program and the vision of Dr. Sunita Tandulwadkar. Her video message to the society members was presented.

Session chaired by: Dr. Shilpa, Dr. Meena

• Dr. Ishika Nain spoke on Homocysteine and Her: Tracing the Effects of Hyperhomocysteinemia from Preconception to Cradle, highlighting its clinical importance.

Session chaired by: Dr. Anita Bansal, Dr. Ranjana Sharda, Dr. Promila

• Dr. Nancy delivered Feeding Baby: Draining Bones, Sacrifice in Every Sip - Unspoken Cost of Lactation, emphasizing maternal nutritional depletion. There was healthy discussion on calcium dose.

Session chaired by: Dr. Shruti, Dr. Ravi Kanta After a symbolic Lamp Lighting, the program continued

- Dr. Gurneesh Singh presenting Dydrogesterone SR: A New Standard in Reproductive Medicine. Review in ART from LPS to RPL, offering evidence-based updates. Session chaired by: Dr. Renuka, Dr. Pooja Bhutani, Dr. Anita Puniya
- Dr. Nidhi Jain concluded with Flora, Fertility, and Full Term: The Role of Vaginal Microbiome in Obstetrics Outcomes, underlining the importance of microbiome health.

Session chaired by: Dr. Anjali, Dr. Neetu Puniya, Dr. Meenakshi

The event concluded with an engaging Question-Answer session and a warm Vote of Thanks. This workshop was flawlessly coordinated by me, along with Dr. Gurneesh Singh (President, Hisar Obs & Gyn Society) and Dr. Kritika Singh (Secretary, Hisar Obs & Gyn Society), ensuring a seamless academic experience for all attendees. A total of 45 delegates participated in the

The Hisar Sampoorna Workshop reaffirmed the











importance of collaborative learning, preventive healthcare, and community outreach in advancing women's health in India.

"ICOG has awarded 2 credit points for this CME."

## SAMPOORNA FERTIQUEST CME - 3rd August

## SAMPOORNA FERTIQUEST CME|AUGUST 3rd | With Surat and Valsad Society

Sampoorna Fertiquest CME was successfully accomplished under the aegis of FOGSI under the visionary leadership of our President Dr Sunita Tandulwadkar madam. Gratitude to Dr Ashwini Kale, Joint Secretary FOGSI for her extended support and guidance in the conduct of this CME. Coordinator for this CME was Dr Sejal Naik, Chairperson Endoscopy Committee.

The meeting started with focus on Sampoorna Project: FOGSI Initiative, Swastha Janam Abhiyan; followed by talks on menstrual cycle through the probe-endometrial changes on ultrasound, HRT after 40, use of estrogen in infertility when & how, HMG in ART, role for Alfa

Thymosin in endometrial receptivity, unmasking chronic endometritis in infertility. Speakers included Dr Sandhya Chhasatia, Dr Rucha Sheth, Dr Anita Shah, Dr Nalini Bagul (Nasik), Dr Kokila Desai, Dr Krupa Shah (Ahmedabad), Dr Murugan Nandagopal (Chennai). The CME concluded with a crisp panel discussion on Endocheck 360 degrees in infertility, moderated by Dr Jayesh Patel & Dr Praful Doshi. The event was beautifully hosted by SOGS led by Dr Kokila Desai, President SOGS and Dr Ruta Vekariya, Secretary SOGS and VOGS led by Dr Hetal Desai, President VOGS and Dr Dinal Gandhi, Secretary VOGS with the active participation of society members. Gratitude to all the participants and Team GUFIC for supporting this event. No. of attendees 63.













### Sampoorna Fertiquest CME - Ahmedabad - 27th July

SAMPOORNA FERTIQUEST CME|JULY 27| With Gandhinagar Society at Ahmedabad at Hotel Fortune Landmark

Sampoorna Fertiquest CME was successfully accomplished under the aegis of FOGSI under the visionary leadership of our President Dr Sunita Tandulwadkar madam. Gratitude to Dr Ashwini Kale, Joint Secretary FOGSI for her extended support and guidance in the conduct of this CME. Coordinators for this CME were Dr Mahesh Gupta, President Gandhinagar society and Dr Priya Gupta, National Coordinator, Family Welfare Committee.

The meeting focused on Sampoorna Project: FOGSI Initiative, Swastha Janam Abhiyan, especially on the emphasis and importance of preconception care in maternal and fetal wellbeing; followed by talks on the

role of Gonadotrophins in IUI and IVF, practical use of Thymosin in Recurrent Implantation Failure, role of estradiol in HRT and ART followed by a crisp panel discussion on Recuurent Pregnancy Loss moderated by Dr Mahesh Gupta. Speakers included Dr Priya Gupta, Dr Sheetal Punjabi, Dr Niket Patel and Dr Vishang Patel. The cme was graced by the presence of Dr R.G.Patel, head of Gujarat ISAR chapter, who addressed the gathering and appreciated the mission and vision of the project. The event was beautifully hosted by GOGS led by Dr Mahesh Gupta, President GOGS and Dr Usha Gupta, Secretary GOGS with the active participation of Ahmedabad and Gandhinagar society members. Gratitude to all the participants and Team GUFIC for supporting this event. No.of attendees 24.





















# FOGSI FAMILY WELFARE COMMITTEE celebrates WORLD POPULATION DAY, 11th JULY, 2025

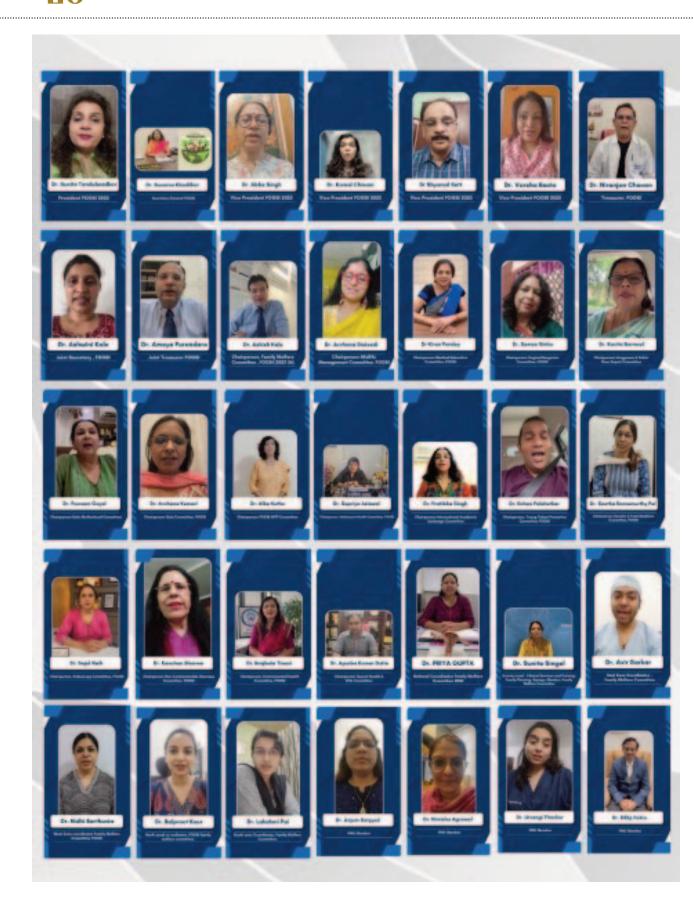
FOGSI Family Welfare Committee proudly celebrated the World Population Day, 11th July, raising awareness about global population issues and promoting sustainable development. This population day, Family Welfare committee dedicated to address population challenges and empowering communities by raising awareness pan India through the video messages stimulating general population, paramedics and medical practitioners to promote action on population related issues. This video highlighted and emphasised the importance of sustainable population growth and family planning. Collaborative efforts of the FOGSI Officials, Family Welfare Committee members and office bearers of 66 FOGSI societies was highly appreciated nationwide and created a nationwide wave of awareness through social media platforms. Immensely Grateful to Dr Sunita Tandulwadkar madam, Our FOGSI President 2025, Dr Suvarna Khadilkar madam, Secretary General, Vice Presidents Dr Abha Singh, Dr Shyamal Sett, Dr Komal Chavan, Dr Varsha Baste; Dr Niranjan Chavan, Treasurer; Dr Ashwini Kale, Joint Secretary; Dr Ameya Purandare, Joint Treasurer; Dr Ashish Kale, Committee Chairperson, Family Welfare Committee, other FOGSI Chairpersons namely Dr Archana Dwivedi, Dr Kiran Pandey, Dr Suman Sinha, Dr Kavita Barnwal, Dr Poonam Goyal, Dr Archana Kumari, Dr Alka Kuthe, Dr Supriya Jaiswal, Dr Pratibha Singh, Dr Rohan Palshetkar, Dr Seetha Ramamurthy Pal, Dr Sejal Naik, Dr Kanchan Sharma, Dr Brajbala Tiwari, Dr Apurba Kumar Dutta; and Dr Sunita Singal, from Jhpiego for contributing to the cause and providing valuable information, encouraging participation and conversation.

Family Welfare Committee members and members of 66 FOGSI Societies contributed wholeheartedly with their generous and inspiring, informative actionable messages.

Grateful to the office bearers of Alwar, Ajmer, Agra, Angamaly, Azamgarh, Ahmedabad, Allahabad, Ba-

roda, Berhampur, Bhatinda, Bilaspur, Bharuch, Bhavnagar, Burla, Calicut, Dhule, Darbhanga, Ferozepur, Gwalior, Gandhinglaj, Gandhinagar, Himmatnagar, Islampur, Indore, Jabalpur, Jamshedpur, Jhansi, Jaunpur, Junagadh, Katni, Karur, Kota, Kasargod, Kannur, Kottayam, Kurnool, Kotkapura Faridkot, Kalyani, Meerut, Managalore, Miraj, Moradabad, Manipal, Nanded, Nagpur, Osmanabad, Patan, Palakkad, Pondicherry, Patiala, Ratlam, Rajkot, Satara, Shillong, Sagar, Solapur, Sonipat, Surat, Shivamogga, Thane, Trivandarum, Udaipur, Ujjain, Varanasi, West Medinipur, Yavatmal for their enthusiastic participation in this activity on world population day. The day's celebration concluded well justifying the theme of this year "Empowering young people to create the families they want in a fair and hopeful





## SWASTHA NARI ABHIYAAN YATRA A Journey for Women's Health

A FOGSI Presidential Initiative by Dr Sunita Tandulwadkar – Breast and Cervical cancer awareness CMEs from Kashmir to Kanyakumari

Breast and cervical cancer remain the leading causes of cancer-related deaths among Indian women. Despite being largely preventable and treatable through early detection and timely intervention, awareness and accessibility to preventive measures remain a challenge. Addressing this critical issue, the Federation of Obstetric and Gynaecological Societies of India (FOGSI) proudly launched the Swastha Nari Abhiyaan Yatra—a nation-wide initiative dedicated to educating, empowering, and ensuring better health outcomes for women across India.

Under the dynamic leadership of Dr. Sunita Tandulwadkar, President, FOGSI 2025, this movement spans the entire country—from Kashmir to Kanyakumari—mobilizing healthcare professionals and the public in a united fight against breast and cervical cancer.

The project is spearheaded by Dr. Charulata Bapaye, Chairperson – Breast & Puerperal Health Committee FOGSI with valuable support from Dr. Ashwini Kale, Joint Secretary, FOGSI.

#### Objectives of the Yatra:

Raise Awareness: Educate women on the importance of early detection, self-examination, and regular screenings for breast and cervical cancer.

Promote Preventive Healthcare: Advocate for HPV vaccination and lifestyle modifications to reduce cancer risks.

Encourage Breast Cancer Screening: Increase awareness of effective screening methods to facilitate early diagnosis.

The Yatra was launched in Kashmir on 4th April 2025 at the hands of Dr Tandulwadkar. From there – the Flame of Knowledge travelled to Noida, Delhi, Jaipur, Indore, Baroda, Pune, Bijapur, Kannur, Trichy.

The Yatra ended in the VP Conference in Kanyakumari. The flow of the CMEs was as follows-

- 1) Welcome, Introduction and Inauguration –
- 2) Walk with Mashaal, placards, pink caps, FOGSI banner, society banner –
- 3) Talk Screening for Breast Cancer –
- 4) Talk Management of an Abnormal PAP smear -
- 5) Talk As per Company requirement -
- 6) Panel Discussion- Cervical and breast health issues A case based discussion 50 min
- 7) Distribution of pamphlets on Self breast examination to all delegates
- 8) Vote of thanks
- 9) Lunch / dinner
- 10) The Flame of Knowledge was handed over to the member of the next society

The response from all the societies was very welcoming and the Initiative was greatly appreciated by one and all.





Conceptualised by Dr Sunita Tandulwadkar, President, FOGSI



Convenor – Dr Charulata Bapaye Chairperson – Breast and Puerperal health Committee



- Kashmir–Dr Sunita Tandulwadkar, Prof Syed Rizvi
- Noida Dr Rakhi Singh
- Delhi Dr Reena, Dr Ratna
- Jaipur Dr Premlata Mittal, Dr Indira Lamba
- Indore Dr Sumitra Yadav, Dr Sunita Chauhan
- Baroda Dr Dipa Pitre, Dr Dolly Ramnani
- Pune Dr Manish Machave, Dr Nilesh Balkawade
- Bijapur Dr Shobha, Dr Shailaja
- Kannur Dr Beena, Dr Kaushik
- Trichy Dr Tamilselvi, Dr Uma
- Kanyakumari Dr Sundar, Dr Rashmi

**Special Thanks:** Dr Ashwini Kale, Dr Selva Priya, Dr Neharika Malhotra





























## FEMMTEK V Conference - Mumbai







## FEMMTEK - V

THE INTERNATIONAL CONFERENCE ON REPRODUCTIVE MEDICINE & OBGYN

02<sup>rd</sup> - 03<sup>rd</sup> August, 2025 The St. Regis Mumbai









FEMMTEK V, held on 2nd and 3rd August 2025 at the luxurious St. Regis, Mumbai, stood out as one of the finest conferences in the field of Obstetrics and Gynaecology, offering an exceptional blend of scientific depth, wellness focus, and elegant presentation.

With over 650 registrations, the event brought together a vibrant mix of healthcare professionals, ac-

ademicians, and industry leaders from across the country and abroad.

The academic program was rich and diverse, featuring 180 national faculty, 15 esteemed international experts, 8 engaging panel discussions, 2 prestigious orations, and 55 paper presentations. Signature sessions such as the Adhoona session by Dr. Jaydeep Tank and the Sampoorna launch by Dr. Sunita Tandulwadkar added unique value to the scientific agenda.

The event also saw enthusiastic participation from over 25 companies, underscoring strong industry engagement and showcasing innovations in women's healthcare.

FEMMTEK V was also celebrated for its perfect fusion of learning and glamour. The presence of the iconic Zeenat Aman at the inauguration added timeless charm, while the faculty walking the ramp brought a bold, empowering energy to the conference, reflecting the essence of modern womanhood.

Importantly, the conference moved beyond clinical boundaries to focus on the holistic well-being of women—sparking conversations around wellness, lifestyle, and empowerment. It represented a significant leap in shaping the future of women's health in India.

With its high-impact sessions, thoughtful curation, and uplifting atmosphere, FEMM-TEK V proved to be not just a conference, but a celebration of progress, purpose, and

power in women's healthcare.

The event featured a ceremonial exchange of agree-

## Swastha Janma Abhiyan Sampoorna Launch and Position Statement on Teenage Pregnancy







On 2nd August 2025, a significant milestone was achieved through the collaboration of the Federation of Obstetric and Gynaecological Societies of India (FOGSI), the Children's Investment Fund Foundation (CIFF), and Jhpiego for the Swastha Janma Abhiyan Sampoorna initiative.

The master of ceremony for the program was Dr. Rohan Palshetkar, Chairperson of the FOGSI Young Talent Promotion Committee. The collaboration was formally commemorated in the esteemed presence of:

- Dr. Pawan Kumar, Additional Commissioner, Maternal Health and Immunisation, MoHFW, New Delhi
- Dr. Sunita Tandulwadkar, President, FOGSI
- Dr. Bhaskar Pal, President-Elect, FOGSI
- Dr. Hrishikesh Pai, Past President, FOGSI
- Dr. Suvarna Khadilkar, Secretary General, FOGSI
- Dr. Hemang Shah, CIFF
- Dr. Amit Shah, Jhpiego
- Dr. Bhargav Gaikwad, Jhpiego





ments between the collaborating organisations, marking their commitment to jointly lead this program. In conjunction with this initiative, FOGSI and Jhpiego launched a Position Statement on Teenage Pregnancy. Teenage pregnancy remains a pressing public health concern in India, particularly among socio-economically disadvantaged and marginalised communities. The position paper highlights the prevalence, health implications, and social consequences of teenage pregnancy. It also outlines key recommendations, including:

- Strengthening delivery and maternal health services
- Enhancing school health linkages
- Engaging adolescent boys in awareness and prevention initiatives
- Promoting research to inform and guide policy-level decision-making

This collaboration and the release of the position statement reaffirm FOGSI's commitment to advancing maternal and adolescent health in India through evidence-based interventions, policy advocacy, and multi-stakeholder engagement.

## FOGSI South Zone VP Conference: Kanyakumari











The day concluded with a spectacular banquet in the ning, which turned into a vibrant celebration of tal. The entertainment segment included dazzling

work.

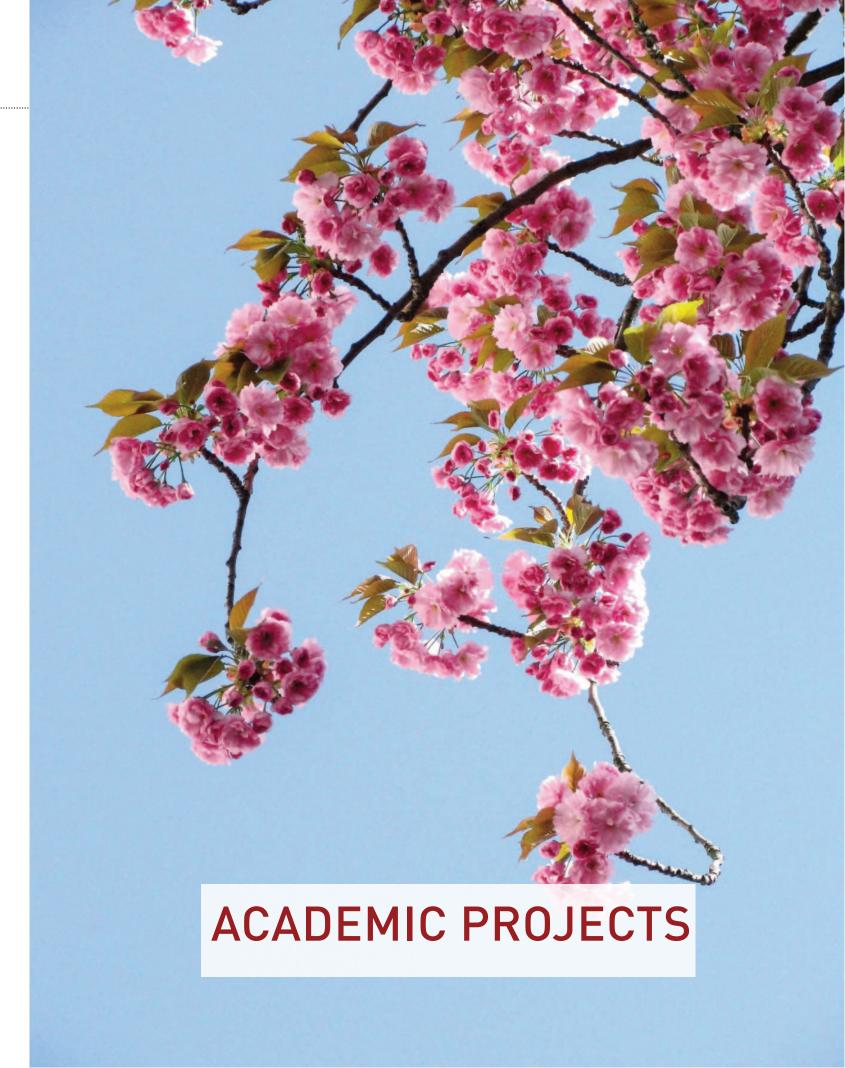
until 5:00 PM. In parallel, Free Paper presentations and Poster sessions were conducted, providing a platform for budding researchers and clinicians to showcase their

The two-day academic program was power-packed, featuring meticulously curated sessions that were both practical and highly relevant to day-to-day clinical practice. The engaging topics provided an excellent opportunity for doctors to enhance their skills and broaden their knowledge base.

evening, which turned into a vibrant celebration of talent. The entertainment segment included dazzling dances, soulful singing, and a fashion show – all performed by our own multi-talented doctors, rivalling professional performers.

On the 26th, the event was inaugurated with a grand yet elegant ceremony, graced by none other than Her Highness, the Princess of Travancore, as the Chief Guest, alongside Dr. Sunita Tandulwadkar, President of FoGSI.

The highlight of the evening was the stunning Ravi Varma Painting-themed Fashion Show, presented by our elegant and graceful gynecologists – a truly unforgettable visual treat that paid homage to cultural heritage with style and grace.











## THE EAGLE PROJECT

## **Every Aspiring Gynecologist Learns Endoscopy**



Dr Sunita Tandulwadkar President, FOGSI



Dr Kalyan Barmade



Dr Sejal Naik President, IAGE 2025-26 Chairperson, Endoscopy Committee, FOGSI **FOGSI-IAGE Convenor** 



Dr Subhash Mallya FOGSI-IAGE Convenor



### The project's impact is evident in the numbers:

	TOTAL	JANUAY 2025	FEBRUAY 2025	MARH 2025	APRL 2025	MAY 2025	JUNE 2025	JULY 2025
MEDICAL COLLEGES IN ALL ZONES	100	7	14	17	23	13	15	10
FACULTIES CONTRIBUTED	317	23	47	50	63	50	51	33
SURGICAL PROCEDURES DEMONSTRATED	695	33	98	115	184	84	112	69
GYNECOLOGISTS TRAINED IN	5524	486	694	780	1272	821	686	785
DAYS	198	17	28	31	30	31	30	31

We encourage everyone to participate in this unique academic initiative and contribute to its ongoing success.

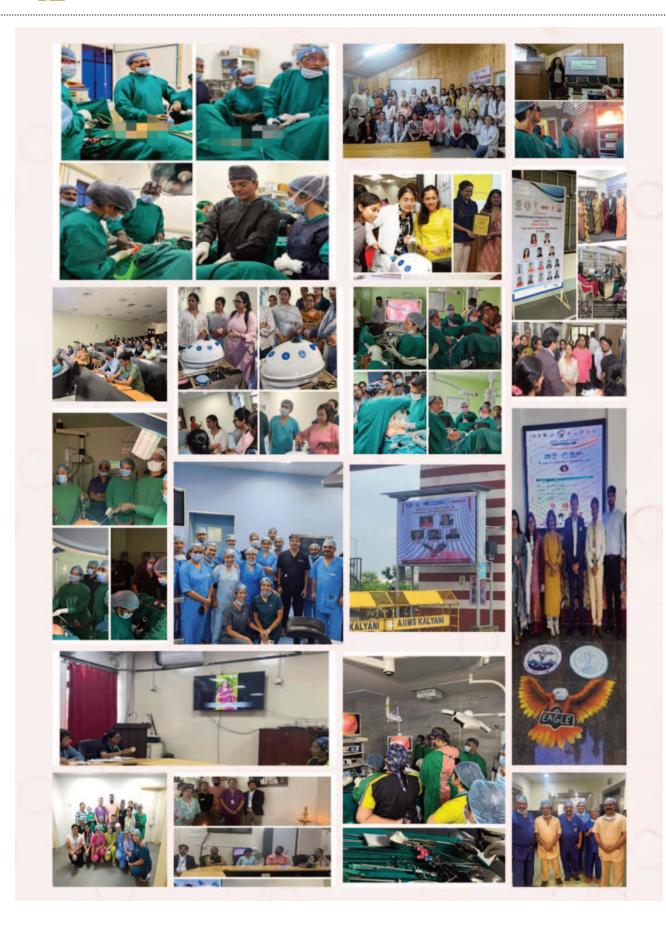


## **JULY, 2025**

Sr. No	Date	Medical College	Coordinator	HOD	Faculties	Participants	No. Of Surgeries
1	10/07/25	MIMR Medical College, Talegaon (D), Pune, Maharashtra	Dr. Sachin Vedpathak	Dr. Vaishali Korde Nayak	Dr. Manish Machave, Dr. Jitendra Mane, Dr. Mahendra Borse, Dr. Rohan Krishnakumar, Dr. Nilesh Balkawade, Dr. Ashish Kale.	110	7
2	10/07/25	Indira Gandhi Medical College, Shimla, Himachalpradesh	Dr Piyush vohra Dr. Sandeep Singh	Dr Rita Mittal	Dr Ajay Agrawal, Dr Uday Bhanu Rana, Dr Piyush Vohra	50	6
3	17/07/25	Shardha university (School of Medical Sciences & Research), Greater Noida, New Delhi	Dr. Kanika Jain Dr. Aastha Aggarwal	Dr. Archana Mehta	Dr. Kanika Jain Dr. Jyoti Mishra Dr. Aastha Aggarwal	180	4
4	17/07/25	Government Medical College , Bettiah, Bihar	Dr. Mukta Agarwal	Dr Malvika Kumud	Dr. Smita Singh Dr. Jyoti Das Dr. Malvika Kumud Dr. [Prof ] Sudha Bharti Dr. Rashmi Kumari	60	6
5	19/07/25	NRI Medical College, Mangalagiri, Andhra Pradesh	Dr. Kiranmai G V	Dr K Gangadhara Rao	Dr Raghurama Krishna Raju Dr C S Beeresh	20	6
6	19/07/25	AIIMS, Kalyani, West Bengal	Dr. Avir Sarkar	Prof.(Dr.) Subrat Panda	Dr. Ashish Kale	80	3
7	19/07/25	Bharat Ratna Babasaheb Ambedkar Hospital Mumbai	Dr. Ashwini Kalyankar	Dr Nimish Tutwala	Dr. Ashwini Kalyankar Dr Kunal Shinde	70	6
8	19/07/25 20/07/25	KAHER'S JN Medical college, Belgaum, Karnataka	Dr MB Bellad	Dr.Yeshia Pujar	Dr. B Ramesh Dr. Vidya Bhat Dr. Shailesh Gokavi Dr. Harinath KS	110	12
9	23/07/25	SMIMER, Surat, Gujarat	Dr. Sejal Naik	Dr. Ashwin Vacchani	Dr. Egbert Saldhana Dr.Rohan Krishnakumar Dr. Mohil Patel Dr. Aastha Agrawal	70	10
10	31/07/25	Ram Manohar Lohia institute of medical sciences, Luckno, Uttarpradesh	Dr. Aakansha	Dr. Neetu Singh	Dr. Renu Singh Gahlaut Dr. Shrikant Ohri Dr. Aakansha	35	9

## UPCOMING PROJECTS IN AUGUST, 2025

Sr. No	Date	Medical College	Coordinator	HOD
1	5 August	GMC, Haldawani, Uttarakhand	Dr. Pallavi Pant	Dr Godavari Joshi
2	6 August	Vilasrao Deshmukh Government Medical College, Latur, Maharashtra	Dr. Swapna Nilangekar	Dr. Bhaurao Yadav
3	6 August	Zydus Medical College, Dahod, Gujarat	Dr. Kesha	Dr Priyali Purandare
4	8 August	AIIMS, Raebareli, Uttar Pradesh	Dr. Sonu Singh Dr. Parul Sinha	Dr Vandana Verma
5	10 August	Punjab Institute of Medical Sciences, Jalandhar, Punjab	Dr. Piyush Vohra	Dr Shail Kaur Pandhe
6	11 August	Dr. Radhakrishnan Government Medical College, Hamirpur, Himachal Pradesh	Dr Sandeep Singh Rathore	Dr. Anjali Soni
7	14 August	YCM Hospital, Pimpri, Pune, Maharashtra	Dr. Kunal Shinde	Dr. Mahesh Asalkar
8	16 August	BLDE Medical College Shiragur Gudadinni, Bijapur, Karnataka	Dr. Shobha Shiragur Dr. Richa Pal	Dr.Shailaja Bidri
9	17 August	SCB, Cuttock, Orissa	Dr. Mukta Agrawal	Dr. Sasmita Swain
10	19 August	Rajarajeshwari Medical college ,Kambipura, Karnataka	Dr. Richa Pal	Dr B M RUPAKALA
11	21 August	GSVM Medical College, Kanpur, Uttar Pradesh	Dr . Renu Singh Gahlaut	Renu Gupta,
12	21 August	RD Gardi Medical College, Ujjain, Madhya Pradesh	Dr. Astha Aggarwal	Dr Raziya Sultana
13	23 August	Tezpur Medical College, Assam	Dr Kalpana Chaudhary	Dr. Rumen Boro
14	23 August	MRMC, Gulbarga, Karnataka	Dr Richa Pal	Dr Meenakshi S Devarmani
15	27 August	Vydehi Medical College, Bengluru, Karnataka	Dr. Richa Pal	Dr. Aparna Nair













Every Aspiring Gynecologist Learns Endoscopy

**BIGGEST SURGICAL CELEBRATION OF THE YEAR!** 









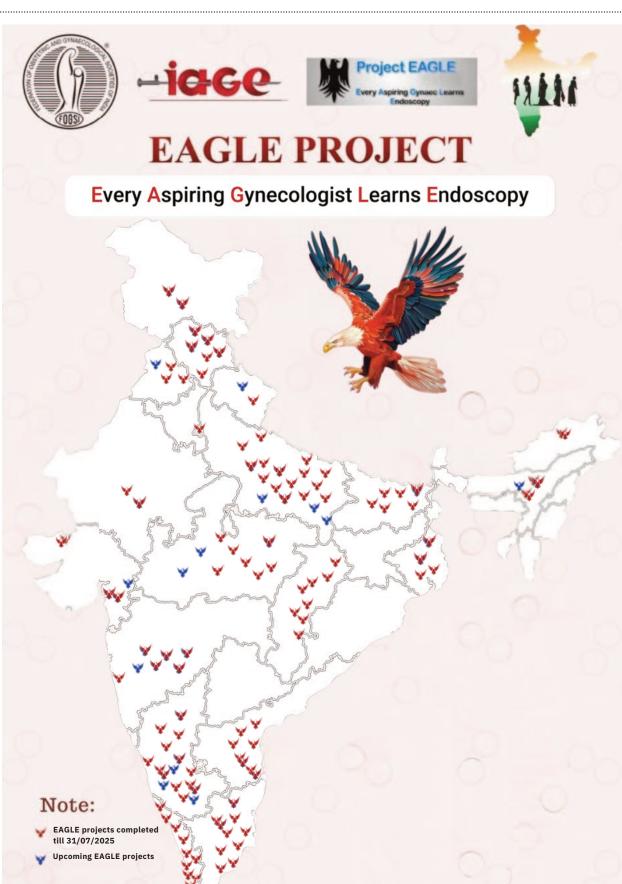












### **PACE 2025**



#### **Event Overview**

• Conference Title: PACE 2025 - Postgraduate Academic Conference in Obstetrics and Gynaecology Dates: May 27-28, 2025 (Tuesday-Wednesday) Venue: Bharati Vidyapeeth, Pune, Maharashtra, India

Duration: 2 Days

- Organizing Committee
- National Chairperson: Prof. Sunita Tandulwadkar National Convenors: Prof. Ashis Kumar Mukhopadhyay, Prof. Charmila Ayyavoo State Coordinator: Prof. Girija Wagh Conference Structure and Content Day 1 - Obstetrics Focus (May 27, 2025)

The first day concentrated on obstetric education and training, featuring a comprehensive 8-hour program from 9:00 AM to 5:30 PM. The day was structured to provide both theoretical knowledge and practical skills development.

#### **Key Educational Components:**

- Lectures: 8 specialized lectures covering critical obstetric topics
- Demonstrations: 3 hands-on demonstration sessions
- Interactive Sessions: 2 interactive learning modules
- OSCE Stations: 4 practical skill stations
- Case Presentations: 4 long case and short case discussions
- Viva Voce: 1 oral examination session Major Topics Covered:
- Postpartum hemorrhage surgical interventions
- · Preeclampsia diagnosis and management challenges
- Breech presentation techniques
- Endometrial cancer staging and prognosis

- Ectopic pregnancy management
- WHO Labour Care Guidelines
- Fetal growth restriction
- Rh-negative pregnancy management

Day 2 - Gynaecology Focus (May 28, 2025)

The second day focused on gynaecological education, maintaining the same intensive format with an 8-hour program.

#### **Key Educational Components:**

- Lectures: Six specialized lectures
- Case Presentations: Five long cases and short case discussions
- Viva Voce Sessions: Four oral examination sessions
- OSCE Stations: Four practical skill stations
- Interactive Sessions: One imaging interpretation module

#### **Major Topics Covered:**

- Medical Termination of Pregnancy Act
- Malignant ovarian tumors
- Abnormal uterine bleeding
- Genital prolapse management
- Leiomyoma treatment approaches
- Urinary incontinence solutions
- Prenatal genetics
- Primary amenorrhea
- Menopause management
- Endometriosis

#### **Educational Methodology**

The conference employed diverse teaching methodologies to maximize learning outcomes:

- 1. Traditional Lectures: Structured presentations by subject matter experts
- 2. Case-Based Learning: Real patient scenarios for practical application
- 3. Hands-On Demonstrations: Practical skills development
- 4. Interactive Sessions: Collaborative learning and discussion
- 5. OSCE Stations: Objective structured clinical examinations
- 6. Viva Voce: Oral assessments for knowledge evaluation

#### **Faculty and Expertise**

The conference featured distinguished faculty from multiple institutions, including:

- Senior professors from various medical colleges
- Specialists from MIMER, AFMC, GMC Nagpur, PIMS, MGIMS, and DYP
- Military medical officers (Brigadier and Colonel ranks)
- Subspecialists in laparoscopy, hysteroscopy, and reproductive medicine

#### **Participant Engagement**

The program was designed for comprehensive stu-



dent participation with:

- Universal participation in lectures and demonstrations
- Voluntary participation opportunities in viva voce sessions
- Structured OSCE rotations for all attendees
- Interactive case discussions
- Feedback collection mechanism

#### **Special Features**

- 1. Inauguration Ceremony: Formal opening on Day one
- 2. Special Sessions:
- o Laparoscopy and hysteroscopy subspecialty training
- o Examination approach guidance
- o Case presentation techniques
- 3. Multidisciplinary Approach: Integration of urology expertise for urinary incontinence management
- 4. Research Component: Thesis examination guidance
- 5. Staff Meeting: Faculty coordination and student feedback collection
- 6. Valedictory Function: Formal closing ceremony **Learning Outcomes**

The conference addressed critical competencies in:

- Clinical diagnosis and management
- Surgical techniques and interventions
- Emergency obstetric care

- Reproductive health and family planning
- Medical ethics and legal aspects
- Research methodology and presentation skills

#### **Quality Assurance**

The program incorporated multiple assessment methods:

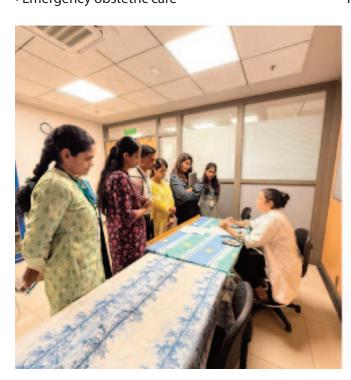
- Continuous evaluation through case discussions
- Practical skill assessment via OSCE stations
- Oral examinations for knowledge verification
- Peer learning through interactive sessions

#### Conclusion

PACE 2025 successfully delivered a comprehensive educational experience combining theoretical knowledge, practical skills, and clinical expertise. The two-day intensive program provided postgraduate students with essential competencies in obstetrics and gynaecology, featuring expert faculty, diverse teaching methodologies, and structured assessment protocols. The conference maintained high academic standards while ensuring practical relevance for clinical practice.

#### **Recommendations for Future Programs**

- 1. Maintain the diverse teaching methodology mix
- 2. Expand interactive and hands-on components
- 3. Consider extending the duration for more indepth coverage
- 4. Enhance technology integration for modern medical education





## PACE Projects, July-August, 2025

Under the leadership of President, FOGSI Dr Sunita Tandulwadkar, the Postgraduate Academic and Clinical Excellence – PACE program was conducted on the 26th & 27th of July 2025 at SMC AC Lecture Gallery, Vijayawada in collaboration with the Vijayawada OG Society. The Raipur Obstetrics and Gynaecology Society, in collaboration with AllMS Raipur, successfully organized the PACE project on August 1st and 2nd at AllMS Raipur. This initiative, spearheaded by FOGSI, aimed to provide comprehensive training to postgraduate students across the nation.

#### Report of PACE, Andhra Pradesh:

The program was conducted by the national convenors, Prof. Ashis Kumar Mukhopadhyay & Prof. Charmila Ayyavoo and National Chairperson of

Medical Education Committee of FOGSI, Prof. Kiran Pandey. The state coordinators from Andhra Pradesh were Dr. P. Susila & Dr. N. Sailaja.

The program was conducted on 2 days. The program started sharply at 8.30 am and continued till 6 pm in the evening on both days. 220 delegates participated in the program and they had joined from 20 colleges. 25 state faculty were involved. The program included lectures, case presentations, OSCE stations, ultrasound plate reading, examining of thesis and guidance on how to present long and short cases. There was a special lecture on AI Apps in empowering for publications by Mr. Bhavik Kumar. The discussions were interactive and was much appreciated by the faculty and students.







#### Report of PACE, Chattisgarh:

The program was conducted under the esteemed guidance of FOGSI President Dr. Sunita Tandulwadkar and featured renowned national faculty members Dr. Ashish Mukhopadhyay and Dr. Kiran Pandey. The state coordinator was Dr Monika Pathak.

Intensive Sessions: The two-day program, spanning from 9:00 a.m. to 6:30 p.m., covered a wide range of topics, including: Case presentations and discussions, Viva sessions, Instrument & procedure demonstrations. Special sessions on CTG, USG reading and laparoscopy, recent advances in Endometrial Cancer and many more were also conducted. OSCE and thesis discussions along with exam preparation and case presentation techniques were discussed. Faculty and Participants: The event saw participation from 30 local faculty members from medical colleges across Chhattisgarh and 3 national fac-

ulties. Over 100 postgraduate students benefited from the academic sessions.

Interactive Learning: The program featured engaging discussions, lectures, and hands-on sessions, with student enthusiastically participating and taking away valuable insights and take-home points.

#### **Additional Highlights:**

Quiz Competition: To inject an element of excitement and friendly competition, a quiz was conducted at the local level, where students were awarded prizes for correct answers. This engaging activity not only tested their knowledge but also encouraged active participation and teamwork. The quiz added a dynamic dimension to the program, fostering a spirit of camaraderie and intellectual curiosity among the participants.

Outcomes: The PACE project provided a platform for postgraduate students to enhance their knowl-

edge and skills in obstetrics and gynaecology. The inputs from the faculty members were highly valued, and the program's comprehensive coverage of important topics was well-received by the participants.

Feedback: The participants appreciated the intensive nature of the program, which covered a broad spectrum of topics relevant to their field. The expert guidance and interactive sessions were particularly

beneficial, providing valuable insights and practical knowledge.

Conclusion: The PACE project, organized by the Raipur Obstetrics and Gynaecology Society in association with AIIMS Raipur, was a resounding success. The event demonstrated the importance of collaborative efforts in promoting academic excellence and professional development in the field of obstetrics and gynaecology.





## PACE - Vijayawada

#### 26TH& 27TH JULY 2025, SMC **AC Lecture Gallery, Vijayawada.**

Invitation National Chairperson: Prof. Sunita Tandulwadkar **National Convenors:** Prof. Ashis Kumar Mukhopadhyay & Prof. Charmila Ayyavoo National Chairperson, MEC, FOGSI: Prof. Kiran Pandey A.P. State Coordinator: Dr. P. Susila & Dr. N. Sailaja

9-9.20 AM Lecture Anemia in pregnancy Dr. P. Himabindu ΑII

9.20-9.40 AM Lecture Surgical management of PPH Dr.Charmila Ayyavoo ΑII

9-40 -- 10-00 AM Plate reading in examination **Obs USG & Colour Doppler** Dr. Madhavi Latha 1 student from each medical college Kurnool: Dr. Monisha Devi NIMRA Dr.Samreen **SVIMS** Tirupathi Dr.Rekha Saraswathi SMC Dr.Bharathi

Dr.Tejaswi Katuri Medical College Dr.Sravya Dr.Anusha

10-00 --- 10-20 AM Lecture WHO Labour Care Guidelines Dr. Charmila Ayyavoo

10-20 --- 10-40 AM Lecture

Ectopic pregnancy Dr. Charmila Ayyavoo ΑII 10.40-11.00 AM Special Lecture Al Apps in empowering you for publications Mr.Bhavik kumar ΑII

11-11.40 AM Inauguration

11.40- 12.20 PM **Special Lectures** Approach to oral and practical examination &Standard long obstetric case-how to present Dr. Ashis Kumar Mukhopadhyay ΑII

12.20-12.45pm Long case Severe preeclampsia- current changes in diagnosis and management

Dr Charmila Ayavoo Dr.Kesava Chandra Dr.R.Sowjanya **SVIMS** Tirupathi Dr.Kavitha Dr.Kalyani Dr.Srujana 12.45-01.15PM Special demo Pelvis and skull + Normal Labour Mechanism Ashis Kumar Mukhopadhyay 01.15-01.45PM Special demo Malpresentations and mal-posi-Dr I Vani Dr T Sharmila Dr.Pavitra Reddy Dr.Mehnaz Sharfa Dr.Vaishnavi

tions: Breech and OP Kurnool Medical College 1.45-2.00 PM Short case

RPL Dr.Shyamala,HOD Dr.Sirisha B KIMS Amalapuram Safia Shaik Palla Lydia Stotramani

2.00-2.30 PM Lunch

2.30-03.10 pm

**Obs OSCE stations** Compression sutures ASRAM medical college team **All Students** Eclampsia dril PSIMS team Shoulder Dystocia

Dr.Sravani and NRI medical college team

**Neonatal Resuscitation** Noori hospital team 03.10-3.30 pm Lecture Screening for GDM Dr Kiran Pandey 03.30-3.55 pm

Long case Pregnancy in an Rh negative mother Dr Kiran Pandey, Dr.Uma **GSLMedical College** 

Dr.Monika Teiu Dr.Anusha B Dr.Kalyani Kiranmai

3.55 -- 4-20 Long Case FGR

ΑII

1 NF, Dr.Padma Paturi, Dr.Jhansivani, Dr. Pujita Myneni Shantiram College Nandyal

Dr.Kusuma Dr.Pranavya Dr.Arun Kumar

**Guntur Medical College** Dr.Tejasree

4-30 -- 5.00 Viva Voce: Obstetric Instruments, drugs,

specimens Dr.Shobhita Dr.Karunavathi

**Guntur Medical College** 

Dr.Bhavita Dr.Likitha Dr.Noorjahan

5.00 pm

Staff meeting & Students' feed-

back

Day 2: 9-5pm Gynecology

9.00 - 9.20AM Lecture Basics of hysteros-

copy How effective is minimally

invasive surgery? Dr.Kavitha

Chalasani Dr.Ashwini Nelavelli ΑII



9.20-9.45 AM Long case Prolapse uterus Dr Kiran Pandey Dr.K.Prabha Devi Dr. Venkateswara Rao Siddhartha Medical College Dr.G.Sindhu Priya Dr.V.Sowmya Dr.Nasheetha

Short case AUB Dr.Ratna, Dr.Ch.Sunitha, AIIMS Mangalagiri Dr.Charitha Dr.Sreeja

9.45-10.00 AM

10-10.15 am **VIVA-VOCE** MTP Act

Dr..K. Geetha Devi, Dr.K. Lata Katuri medical college

Dr.Bhanu Dr.Sahithya

10.15-10.55 AM OSCE-GYNAE Pap smear

Dr.Naveena Bhimavarapu



All students
POP Q
Dr. Sneha Parvathaneni
LNGIUS, /subdermal implant
Dr. Tatineni Sai Priya
Sonosalpingography

Dr.Harika

10.55-11.15
Special Viva Voce
Examining your thesis
Dr Ashis Mukhopadhyay
Dr.Sreedevi, Ongole
2 students SMC with submitted
or proposed thesis
Dr.V.Ruchita

11.15- 11.35 AM

Dr.K.Induja

Lecture: Recent advances in Endometrial hyperplasia and Endometrial CA Dr.Tripura Sundari

11.35-12.05 PM
Long case
Carcinoma ovary
Dr.Gangadhar Rao, Dr.Rao Bahadur, Dr.Uma T
PSIMS
Dr.Varshini
Dr.Alekhya
Dr.Mehanaz

GMC Dr.Neelima

12.05 - 12.25 PM Lecture PCOS

Dr.Sajana Gogineni

12.25 -- 12-45 PM Viva session

Drugs in family planning with special emphasis on LARC Dr.Aruna vemu Dr.Indraja SVIMS Tirupathi Dr.Manjula Dr.Himabindu Dr.Sowmya

12.45- 1 PM Short case Primary amenorrhoea Dr.Sreedevi Vellanki, Dr.Sailaja N ASRAM Eluru K. Sai Sindhuja Ayesha Farheen

VIVA VOCE
Urinary incontinence- the vexing problem
Dr Kiran Pandey,
Dr Harita P, Dr.Gayathri Bhargav
Siddharta medical College
Dr.PSL.Anvitha
Dr.K.Naga Chandrika

1.20 -2.20 pm Lunch

2.20 -2.50pm

1-1.20 PM

Long case Leiomyoma 1 NF, Dr. Jayanthi, Dr.Raghava rao Dr Parvathi NRI Mangalagiri Dr.Nikhitha Dr.Duhitha Dr.Anusha k

2.50 -3.15PM VIVA VOCE Cracking the code of Conception : a PG's guide to infertility Dr.V.Padmaja, Dr.Sumavarsha RIMS Ongole Dr.B.Mythili Dr.Saranya

3.15-3.45 Viva Voce: Instruments, specimens, HSG

Dr.Hannah

plates
1 NF , Dr.E.Indira
Dr. J.Anuradha
Gayathri Vidya parishad
Dr.V.Samatha Roshni
Dr.T.Nanditha
Dr.A.sowmya

3.45 - 4.30

Special session
CTG Reading
CTG machine learning and multiple tracings
Dr.Sunitha Y, Dr.Pujita
NIMRA Medical college
Dr.Samreen
Dr.Shahana
Dr.Charishma

4-30 pm –4.45 pm Short Lecture Basic approach to Sub-fertility Dr.Anita N All students

5 PM Valedictory & Closure Feedback submission All students







## **PACE** Raipur

Organised by - Raipur Obstetrics Gynaecology Society (ROGS)

Date- 1st & 2nd August 2025 Venue- AIIMS Raipur Chhattisgarh

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#### **Key Highlights:**

Expert Guidance: The program was conducted under the esteemed guidance of FOGSI President Dr. Sunita Tandulwadkar and featured renowned national faculty members Dr. Ashish Mukhopadhyay and Dr. Kiran Pandey (Chairperson Medical Education Committee, FOGSI)

Intensive Sessions: The two-day program, spanning from 9:00 a.m. to 6:30 p.m., covered a wide range of topics, including:

- Case presentations and discussions
- Viva sessions
- Instrument & procedure demonstrations
- Special sessions on CTG, USG reading and laparoscopy, Recent advances in Endometrial Cancer and many more.
- OSCE and thesis discussions
- Exam preparation and case presentation techniques

**Faculty and Participants:** The event saw participation from 30 local faculty members from medical colleges across

Chhattisgarh and 3 national faculties. Over 100 postgraduate students benefited from the academic sessions.

Interactive Learning: The program featured engaging discussions, lectures, and hands-on sessions, with students enthusiastically participating and taking away valuable insights and take-home points.

#### Additional Highlights:

Quiz Competition: To inject an element of excitement and friendly competition, a quiz was conducted at the local level, where students were awarded prizes for correct answers. This engaging activity not only tested their knowledge but also encouraged active participation and teamwork. The

quiz added a dynamic dimension to the program, fostering a spirit of camaraderie and intellectual curiosity among the participants.

**Outcomes:** The PACE project provided a platform for postgraduate students to enhance their knowledge and skills in obstetrics and gynaecology. The inputs from the faculty members were highly valued, and the program's comprehensive coverage of important topics was well-received by the participants.

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## **Gyan Pravah Podcast Series**

Transplanting Hope: A Gynecologist's Guide to Uterine TransplantWe're excited to bring you an enlightening session with Dr. Shailesh Puntambekar, who will share his expertise and experience in uterine transplant – a revolutionary advancement in gynecology. 8th July 2025 8:00 PM IST

Join us here:

https://sunitatandulwadkarfogsi.soloclinicivf.com

Under the visionary leadership of Dr. Sunita Tandulwadkar, President FOGSI.

Hosted by Dr. Sejal Naik, Chairperson, FOGSI Endoscopy Committee.

Don't miss this inspiring and informative session!





## Publications: Health Map of Indian Women & Adolescents

"Our mission is to meticulously map the prevalence of key health conditions among women across India, focus-

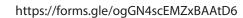
on diverse socioeconomic and geographical segments. By studying a minimum of 1 lakh to 50 Lakh women in each category, we aim to build a comprehensive database that will not only highlight regional health disparities if any but also position FOGSI as a global leader in understanding and addressing women's health

#### **Publication on 7 common conditions**

1. Study to Assess the prevalence of hypertension, diabetes and thyroid disorders during pregnancy.

- 2. Study of prevalence and severity of anaemia among pregnant women in India
- 3. Study on prevalence of depression in perimeno-pausal women across India.
- 4. Study of Prevalence and etiology of Post Meno-pausal bleeding.
- 5. Study on Prevalence of Obesity in Adolescence. 6. Study to evaluate the prevalence of complications in
- the postpartum period. 7. Study on understanding the acceptance and usage patterns of various contraceptive methods among women in India.







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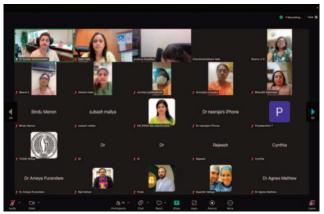


## **FOGSI ANUBANDH**

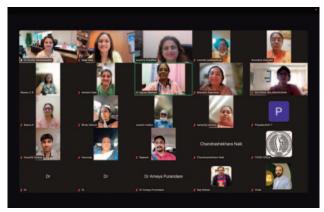
The Anubandh - on 22nd of July was with societies of Kerala. We had received a huge overwhelming response and they were very happy that the journal copy was being received by them at the address. All of them. Thank the President for this wonderful initiative where the president is reaching each and every society to understand their problems and disseminating her projects

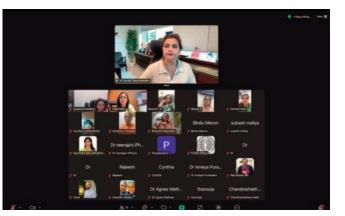
to them.Madam was very happy and ores them to implement the Kerala project across the country to reduce maternal mortality and morbidity it since they have various committees as part of the Kerala OBGYN FederationAll of them were very happy to be part of various projects of Sampoorna, Know Your, number and seven publications

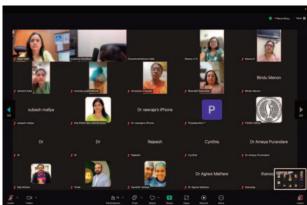
#### **Kerala societies**











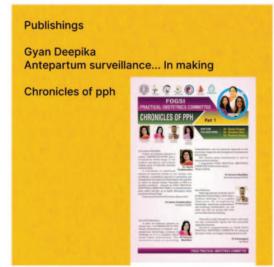


## FOGSI PRACTICAL OBST. COMMITTEE REPORT





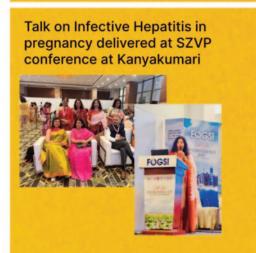


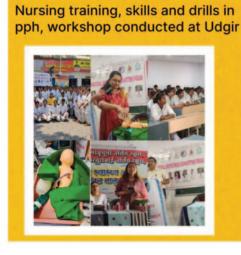


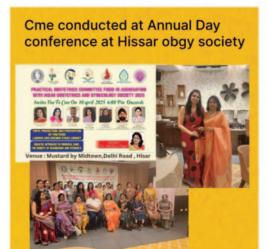
















### FOGSI QUIZ COMMITTEE REPORT

(January 2025 – August 2025)

Dr. Archana Kumari, Chairperson, FOGSI Quiz Committee I embarked on my journey of serving FOGSI as the Chairperson of the Quiz Committee on 9th January 2025, during the Annual AlCOG Conference, Mumbai. It is both a privilege and a responsibility to oversee the academic quizzes nationwide. I express my heartfelt gratitude to the dynamic President FOGSI, Dr. Sunita Tandulwadkar, for her trust, unwavering support, and empowering leadership. I also extend my warm gratitude to incoming President Dr. Bhaskar Pal, for his encouragement, guidance, and support. My heartfelt thanks to the FOGSI Secretary General, Dr Suvarna Khadilkar for supporting the annual subscription for KAHOOT platform for Quiz Committee and to FOGSI office bearers for their unconditional support. My work would not have progressed without the dynamic team of advisors and enthusiastic members who have passionately contributed to Quiz Committee activities.

Vision

The FOGSI Quiz Committee envisions creating a vibrant academic platform for postgraduate students, undergraduates, and FOGSI members:

- Fostering curiosity through interactive, evidence-based quizzes.
- -Promoting peer learning and clinical reasoning in a competitive format.
- Integrating technology and outreach to make academic quizzing accessible and enjoyable.
- Strengthening inter-committee collaboration to diversify learning experiences.

Summary of Activities 2025 (Jan- August)

The Quiz committee is committed to promote quizzing through multiple activities and has participated in many FOGSI Presidential activities and collaborated with other FOGSI committees activities. The key achievements include:

#### **Participation in FOGSI Presidential Activities**

- Monthly Gyan Pravaah Podcast series (20th of every month): engaging discussions with guest faculty from many fields. Feb- Mrs. Rupinder Brar, IRS, March- Mrs. Anuradha Saigul, April- Sri PRK Naidu, IPS, May Dr NPK Nilakshi, ED IICM, June Dr Bram Rochwerg Prof. Critical Care Medicine, McMaster University, July Padmashree Prof. AK Mahapatra, Aug :Prof. Dr Aswath Kumar
- Sampoorna CMEs: convened 4 CMEs 1st Feb Ranchi,
  30th March Bokaro, 7th June Rourkela, 16th July, Ranchi
  HPV Vaccination Awareness programs "Do Teeke Zindagi Ke":
- 19th Jan, Orientation Program at College of Nursing

RIMS, Ranch

- 4th March HPV awareness drive and launch of logo of Do Teeke Zindagi Ke in Ranchi OBGY Society along with 39 other societies.
- -3rd May, FOGSI GSK session on maternal immunization, Ranchi
- FOGSI Anubandh East Societies: Actively participated in Anubandh Bihar & Jharkhand societies on 25th Feb. and Anubandh East with societies of West Bengal, Orissa and Northeast on 23rd April, 2025
- Participation in FOGSI Vice Presidential Conferences: East VPCON, Kolkata: Presented a talk on Uterine Inversion: North VPCON Noida 10th May Keynote Speaker on "Medical Management of ectopic Pregnancy".
- Know your numbers & Anemia Awareness Program on 24th July 2025 organised in RIMS, Ranchi, Gynae OPD from 9 am to 2 pm. The day started with Presidential initiative of Dr Sunita Tandulwadkar - "Know Your Numbers" aimed at encouraging every woman to be aware of four essential health indicators\* Hemoglobin, Blood Pressure, Blood Sugar & Body Weight\* More than 100 women visiting the Gynae OPD were screened. TED-style talk was delivered by Prof Priti Bala Sahay to increase awareness about anemia, session well-attended by residents, nursing staff, paramedical personnel, and the general public. Evening CME Theme: "One Voice, 12 Hemoglobin Rise" focused on anemia-related issues with insightful academic sessions on "AUB in Adolescents" by Dr. Archana Kumari, chaired by: Dr. Anjana Jha and Dr. Rashmi Singh, talk on "PPH and Correction of Anemia" by Dr. Sunita Jha, Chaired by: Dr Priti Bala Sahay and Dr. Sweta Lal. This dual session was sponsored by P&G health.

## FOGSI Presidential initiatives and Collaboration with other FOGSI Committees

- World Cancer Day celebration on 4th Feb in collaboration with FOGSI Breast Committee and Oncology Committee. Dr. Taru Chaya and I organized online quiz on female cancer with the participation of 266 members. Dr. Neelam Jain, Dr Puja Agarwal, and Dr. Santosh Singhal were awarded 1st, 2nd, and 3rd prizes.
- International Women's Day celebration on 8th March in collaboration with CRC on the theme "Sampoorna Shakti". Six women of substance from Ranchi were felicitated by Ranchi Obgyn president Dr Shashi Bala Singh. Myself and Dr Suman Sinha presented insightful FOGSI presidential vision of opimising preconception Care "swasth janm abhiyan", well received by women audience.

- World Environment Day celebration on 5th June with Environmental Health committee: participated in mass plantation drive.
- World Menstrual Hygiene Day on 28th May, was organized by Quiz committee FOGSI in collaboration with Public Awareness Committee, Adolescent Health Committee, and Young Talent Promotion Committee. The objective was to raise awareness about menstrual hygiene management and to engage the members through educational competitions and activities.

#### **Activities conducted**

- 1. Slogan Competition: 48 entries were received at designated email address: sloganpac@gmail.com. All entries were evaluated by judges appointed by the organising committee based on originality, language, and grammar. Winners:1st prize: Pooja Mishra, 2nd prize: Dr. Ritika Mathur, Itashree Jena, 3rd Prize: Neelam Kumari, Sushma Nigam
- 2. Poster Competition 23 poster Entries were submitted via photographpac@gmail.com.Winners: 1st prize: Shaifali Singh, 2nd Prize: Smriti Anand, Ritika Mathur, 3rd Prize: Charu Varma, Shreya.
- 3. Online Quiz on Menstrual Hygeine management was conducted via Google forms, posted at 9 am on 28th May, 2025 by Chairperson Quiz Committee, Dr Archana Kumari in different groups. Results based on the fastest correct responses. Winners:1st Prize: Dr. Shweta K. Jha, 2nd prize: Sudha Rani, 3rd: Aditi Rathore, Special Appreciation Award: Dr. Dharmaja. Certificates awarded to winners to recognise outstanding contribution
- 4. Awareness Drive: Bengal Obgyn Society conducted 3 menstrual hygiene-related activities in and around Kolkata. Lucknow Association of Private Gynecologists organized an awareness drive. Ranchi Obst Gynae Society organized Menstrual hygiene awareness talk in St Xaviers College.

#### **QUIZ COMMITTEE Activities**

FOGSI USHA KRISHNA QUIZ is organized by the QUIZ committee every year on vision & theme of FOGSI President. Theme for 2025 is "FOGSI SAMPOORNA"

#### **Quiz Topics**

Obstetrics: Pre-conceptional care, Pre-conceptional mental health. Medical disorders in pregnancy (DM, HT, Anemia, thyroid disorders), Postpartum health Gynecology: Contraception, Adolescent obesity, Cervical cancer, Postmenopausal bleeding

• North Zone Yuva FOGSI conference hosted by Kora Makhanpur society at New Delhi 21.02.2025. Dr. Nazia Ishrat, North Zone coordinator, Shalini Agarwal and Dr. Noopur Sharma were quiz masters. Six teams participated in the Prelim round, Four teams were selected for the final round quiz. Chandigarh Team (PGMIER) – Dr. Riya Jain & Dr. Itishree Jane emerged as winners.

- West Zone Yuva FOGSI conference hosted by Jaipur society:15th June 2025. Total 12 team reported from west zone societies. Top 4 team qualified for the final round were Jaipur, Rajkot, Nagpur and Pali teams. Main quiz was conducted in 6 rounds. Team SMS Jaipur Dr Khushboo & Dr Sharu were winners. Quiz masters Dr Archana Kumari, Dr Hemant Deshpande, Dr Deepti Gupta with coordinators Dr Madhulika and Dr Neelam Jain. All participants and winners were presented certificate by ICOG chairperson Dr Parag Biniwale and past VP Dr Lila Vyas.
- South Zone Yuva FOGSI conference hosted by OOTY society: 20th 22nd June 2025 \*Quiz Masters\* Dr Rejeesh S Ravi, SZ Coordinator, Dr Priya Kannappan, TN Coordinator & Dr. T.S. Chitra. Prelims: Conducted on the Kahoot platform, 12 FOGSI-affiliated societies from the South Zone participated. Final round for top 4 team. Pondicherry Society emerged as winners.

The winners of each zonal Yuva FOGSI will participate in final AICOG Quiz 2026.

#### **Activities by Committee Members**

Committee members conducted several quiz activities at local and zonal level.

- AMOGS conference hosted by Chandrapur society on 14-16th Feb 2025. Quiz on contraception was conducted by Dr. Nilesh Balkawde and Dr. Manisha Wasade. PG students from 11 medical colleges of Maharashtra participated. IGMC Nagpur emerged as winner.
- •TNFOG annual conference at Salem on 27th Apr 2025. Total 13 teams of PG student from Tamilnadu participated, Team of CMC Vellore emerged as winner. Dr. Priya Kannappan and Dr. Annith Kumar were Quizmasters.
- 52nd Annual Conference Jamshedpur Obgyn Society on 22nd June 2025. Quiz committee chairperson Dr. Archana Kumari herself conducted the quiz on "High risk pregnancy". Highlight was common FOGSI members as participants rather than PG Students. The event was graced by the presence of Dr. P C Mahapatra and Dr. A K Debdas.
- FOGSI CCCON Quiz at Patna on 5th July 2025. Total 12 teams from different medical college from Bihar participated. Team from Patna medical college got the first and second prize. Dr. Punam Dixit, Dr. Bhawana Tiwary and Dr. Jyoti Agrawal conducted the quiz on topic Critical Care in Obstetrics.
- Alwar Obstetrics & Gynaecology Society hosts its Annual Academic Quiz every year on 26th July in cherished memory of Dr. Anila Gera a devoted clinician, teacher, and mentor whose passion for knowledge continues to



inspire. The event celebrates learning, with cash prizes for the top three winners, sponsored by her husband, Dr. Suresh Gera, as a tribute to her enduring legacy. This year quiz was conducted by Dr. Taru Chhaya member of Fogsi Quiz committee.

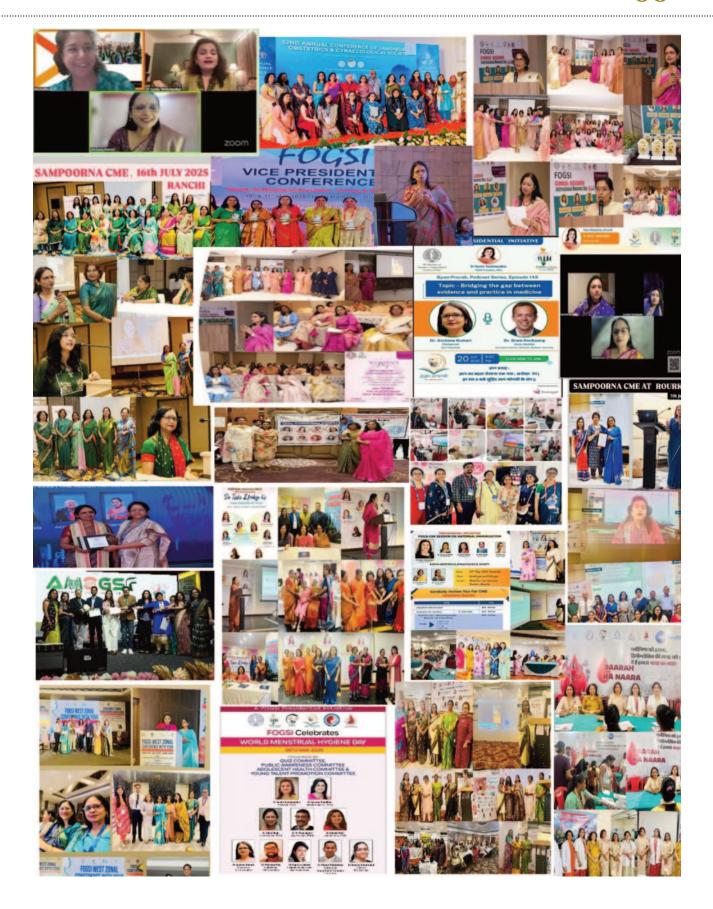
- VP Conference at Nagercoil on 27th Jul 2025. Total 30 participants from different medical colleges participated, Dr. Anjum Nisha Fathima of Thootukudi Medical College emerged as winner. Dr. Ashwath Kumar and Dr. Priya Kannappan were quizmasters.
- GESTICON Quiz League at Kozhikode on 9-10th Aug 2025 was brainchild of Dr. Rejeesh S Ravi, both delegates and faculty members participated with over 20 delegates competing. Dr. Ranjana B and Dr. Laxmi Menon were quizmasters and Dr. Thripthi Nath, winner got the

cash prize of Rs 12,500, runner-up Dr. Shreya Venugopal and Dr. Lola Ramachandran also got cash prize. Dr. Archana Kumari chairperson quiz committee personally attended the program.

## Monthly FOGSI ICOG - PG Clinic (2nd Sunday of Each Month)

In collaboration with ICOG, monthly online quiz sessions are conducted on KAHOOT Platform every second Sunday, featuring rotating themes, quizmasters, and clinical case-based questions. Participation reached 200+ students each month. Top 3 winners receive Books as prizes on behalf of ICOG. Special Thanks to Dr Parag Biniwale for giving the opportunity to Quiz Committee.

Date	Topic	Quizmasters
19 <sup>th</sup> Jan	Abnormal uterine bleeding	Dr. Archana Kumari
		Dr. Rejeesh S Ravi
9th Feb	Cervical cancer	Dr. Archana Kumari
		Dr. Deepti Gupta
9 <sup>th</sup> Mar	Rh immunised pregnancy	Dr. Archana Kumari
		Dr. Rejeesh S Ravi
20th Apr	Hyperglycaemia/Diabetes in	Dr. Archana Kumari
	pregnancy	Dr. Taru Chaya
11 <sup>th</sup> May	Pelvic organ prolapse	Dr. Archana Kumari
	2 4 1 1000 100 100 100 100 100 100 100 10	Dr. Rejeesh Ravi
		Dr. Priya Kannappan
8 <sup>th</sup> Jun	Pregnancy with Heart diseases	Dr. Archana Kumari
	101000000000000000000000000000000000000	Dr. Bhawna Tiwary
1.377124 11163		Dr. Himangshu Malakar
13 <sup>th</sup> Jul	Endometrial hyperplasia and	Dr. Archana Kumari
	Endometrial cancer	Dr. Rejeesh R Ravi
		Dr. Nazia Ishrat
10 <sup>th</sup> Aug	STD in pregnancy	Dr. Archana Kumari
		Dr. Deepti Gupta



## IAGE till 15th August



The programme featured: 36 guest lectures from eminent speakers

Over 16 renowned foreign faculty members

Live operative demonstrations with expert commentary

#### **Orations**

ence Oration: Trailblazing Through Laparoscope - A Journey of Passion & Precision

sidential Oration (Dr. Rakesh Sinha Oration): 12:40 PM - 1:00 PM Dr. Hrishikesh D. Pai Oration - Dr. Sunita Tandulwadkar, President FOGSI

Oration by Dr. Atul Ganatra, President IAGE Oration by Dr. Kalyan Barmade, Incoming President IAGE AAGL Oration - Dr. Michael Canis



- The conference inauguration was graced by Dr. Mario Malzoni, Past President of AAGL, as the Chief Guest, whose address set a tone of global collaboration and innovation.
- Another notable highlight was an engaging talk by the "Chandrayaan Man", which captivated the audience and inspired curiosity about scientific exploration.



























Vice Chairperson: Dr. Zeenie Grin Secretary: Dr. Ajay Aggarwal Joint Secretary: Dr. Venus Bansal Treasurer: Dr. Seema Wadhwa













CADAVER COURSE 10- REPORT 26-27 July, 2025 at RALC Bengaluru. 15 delegates. The faculties: Dr S Puntambekar ( Course Master), Dr P Palaskar, Dr V Salunkhe, Dr A Padmawar, Dr

tutors). DrS Krishnakumar: course in charge, Dr Vidya Bhat : course co-ordinator.

Nitin Shah, and Dr Vidya Bhat (Course













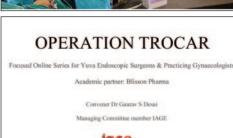


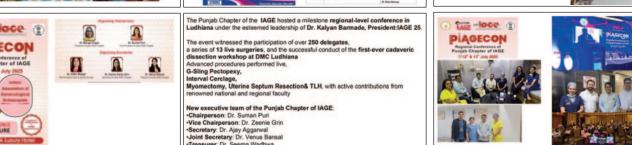
•Why Now: Technology maturity + rising patient demand + IAGE leadership focus

Introduction & Rationale













#### Vision and mission

Vision: To make endoscopic surgery a confident, everyday choice for gynaecologists across India.

Mission: Provide targeted, high-impact, online training from the best in India & abroad in an accessible, interactive format.

#### Target Audience

- Secondary:
   PG residents & fellows in OBGYN
   Rural and semi-urban practitioners

#### Faculty and experts

- India: Renowned IAGE senior faculty & award-winning surgeons
- International: Guest surgeons from Europe, USA, Brazil, and SE
- Mean registrations: 600-650 per episode
- Total registrations: over 2500 for 4 episodes till date

#### Forthcoming episodes

- · Oncology in Endoscopy
- · Complications in Endoscopy
- · And more!

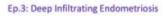
#### Chief coordinator and MCM : Dr. Mala Raj

Episode No			No.of participants	
Ep-1	The Electrosurgery – Be a cognitive surgeon	4º April 2025	1430	Dr. Mohil Patel
lp2	Anomalous Uterus	13° May 2025	544	Dr. Mukta Agenval Dr. Amrita Tandon Dr. Ashwini Kalyankar
Ep-3	Deep Infiltrating Endometrices	6th June 2025	213	Dr. Ankur Dr. Balaji
Ep-4	Pelvic Floor Disorder	11" Ady 2025	250	Dr. Santwan Mehta Dr. Jinaneshwan T.L.
Ep-5	Petric Floor Disorder - Part 2	14° August 2025		Dr. Aastha Agarwal Dr. Vikram Dukle

## Ep.1: Electrosurgery - Be a cognitive surgeon 8 9 9

#### Ep.2: The Anomalous Uters







#### Ep.4: Pelvic Floor Disorder



#### Ep.5: Pelvic Floor Disorder - Part 2









#### **IAGE PODCAST**

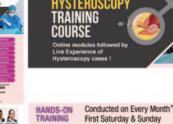
- . Dr. Mala Raj meets the Masters in their own city and records the
- \* 2 episodes completed with Dr. Sunita Tandulwadkar
- and Dr. Shailesh Puntambekar. Both done in PUNE.

  Next Masters Speaks Podeast is with Dr. Sanjay Patel 12-08-2025 in Ahmedabad studio.
- Pipeline: 10+ renowned doctors lined up for upcoming episodes.

#### IAGE PODCAST - PIPELINE

#### Presidents of IAGE





## **IAGE - Upcoming Events**



















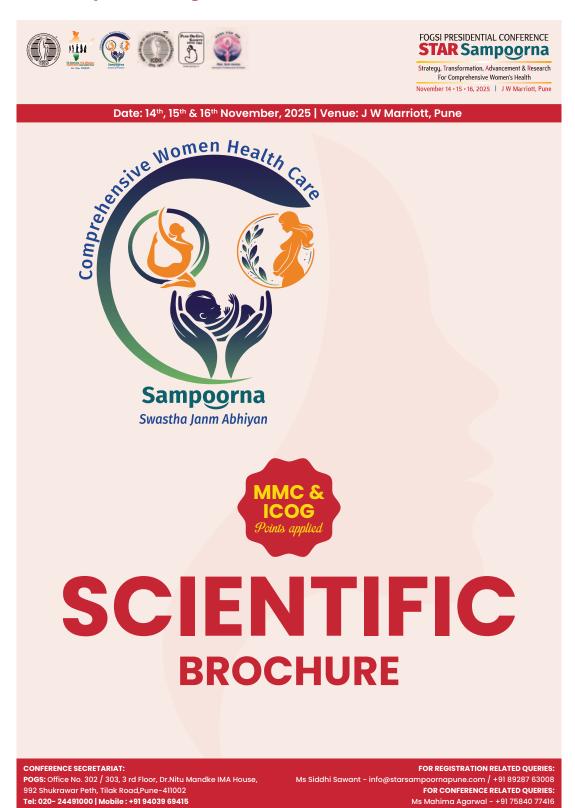






And many more......

## **FOGSI - Upcoming Events**

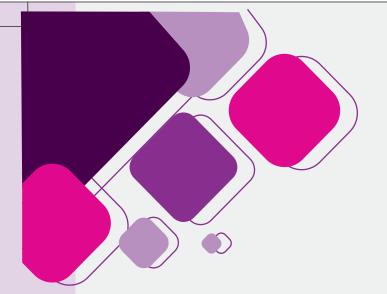




## **ACADEMIC CALENDAR AT A GLANCE- 2025**

Date	Conference	Place	In Charge
8th -12th January	AICOG	Mumbai	Dr. Nandita Palshetkar & team
20th - 21st January	Aarogya Yog Yatra	Tirupati	Tirupati society
24th - 26th January	Presidential conference	Andaman	Dr.Sampath Kumari
1st - 2nd February	Presidential Conference	Ahmadnagar	Dr.Ganesh Bade
7th- 9th February	ISAR Annual	Lucknow	Dr. Rajul Tyagi,Dr. Ameet Patki
14th - 16th February	AMOGS	Chandrapur	Dr.Manisha Ghate & Dr. Kiran Kurtkoti
19th -20th February	Aarogya Yog Yatra	Rishikesh	Dr.Jaya Chaturvedi/Dr.Neena Malhotra/Deheradun society
21st - 23rd February	North Zone Yuva	Delhi	Team Khora makanpur
1st- 2nd March	ICOG	Pune	Dr. Parag Biniwale
14th - 16th March	IAGE AAGL Annual	Pune	Dr. Sunita Tandulwadkar/Dr. Shailesh Puntambekar/Dr. Ashish Kale
18th -19th March	Aarogya Yog Yatra	Puri	Dr.PC Mahapatra & Team Bhubaneswar
20th March	Aarogya Yog Yatra	Varanasi	Dr.Ritu Khanna
2nd - 6th April	Funference	Srinagar	Dr.Narendra Malhotra/Dr.Sudhir Shah/Dr.Deepak Bagade
10th April	South South Conclar	Delhi	Dr.Hrishikesh Pai
11th April	FOGSI cell meeting	Delhi	Delhi Society/FOGSI
12th- 13th April	FOGSI MCM	Delhi	Delhi Society
18th-20th April	VP conference	Kolkata	VP Dr. Shyamal Sett
26th-29th April	IFFS	Japan	Dr. Rishma Pai
1st- 4th May	ASPIRE	Singapore	Dr. Ameet Patki
10th - 11th May	VP conference	Noida	VP Dr.Abha Singh / Dr Rakhi Singh
17th - 18th May	Presidential Conference	Vishakhapatnam	Vishakhapatnam Society
18th - 24th May	FOGSI Overseas Conferer	Baku-Azerbaijan	Respective Committee Chairpersons
5th- 8th June	EBCOG	Frankfurt	
7th - 8th June	Presidential conference	Bangalore	Bangalore OBGYN Society

11th-12th June	Aarogya Yog Yatra	Dwarka & Somnath	Dr. Mahesh Gupta/Jamnagar society/Gandhi nagar society
13th -15th June	West Zone Yuva	Rajkot	Dr. Nitin Lal,Dr. Jigna Ganatra,Dr.Niraj Jadav/Rajkot obgyn Society
20th - 21st June	South Zone Yuva	Ooty	Dr Chandrakala Maran / Coimbatore OBGYN Society
25th - 28th June	ESHRE	Paris	
5th-6th July	Critical Care Conference	Patna	Dr.Vinita Singh
10th July	Aarogya Yog Yatra	Ajmer & Pushkar	Ajmer and Udaipur Society
11-13th July	VP conference	Udaipur	VP Dr.Komal Chavan
13th July	Aarogya Yog Yatra	Shrinathji	Udaipur OBGYN society
25th - 27th July	VP conference	Kanyakumari	VP Dr.Palaniappan & respective team presidents
28-Jul	Aarogya Yog Yatra	Rameshwaram	Madurai OBGYN Society
1st- 3rd August	FOGSI FIGO	Mumbai	Dr. Hrishikesh Pai
22rd-23rd August	RCOG & BFS	London	Dr.Ameet Patki & Dr.Anu Chawla
5th- 7th September	РРН	Ahmedabad	Dr.Mahesh Gupta
10th-11th September	Aarogya Yog Yatra	Mathura and Govardhar	Mathura OBGYN Society
13th - 14th September	Presidential Conference	Kanpur & Dibrugarh	Dr. Meera Agnihotri / Dr Pranay Phukan
19th - 21st September	AICC RCOG	Chennai	Dr.Uma Ram
26th September	FOGSI cell meeting	Mumbai	
27th- 28th September	FOGSI MCM	Mumbai	
5th-9th October	FIGO	Cape Town	
18th - 19th October	Presidential Conference	Meerut	Dr.Usha Sharma/Dr.Bharti Maheshwari
25th - 29th October	ASRM	San Antonio-Texas -US	4
7th- 9th November	East Zone Yuva	Shillong	Dr.Shyamal Sett & Shilong OBGYN Society
14 th - 16th November	Presidential conference	Pune	Dr.Sunita Tandulwadkar & Dr.Ashwini Kale POGS
5th - 7th December	VP conference	Nashik	VP Dr.Varsha Baste
10th - 11th December	Aarogya Yog Yatra	Ayodhya	Dr. Pritikumar & Lucknow OBGYN society





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