

FOGSI

CONNECT



THE FOGSI NEWSLETTER

June 2025





"The future belongs to those who believe in the beauty of their dreams." – **Eleanor Roosevelt**

Dear FOGSIANS,

As we step into the vibrant month of June, it is my privilege to introduce the latest issue of FOGSI Connect. This publication continues to serve as a powerful beacon, bridging the innovative minds and compassionate hearts that define the Federation of Obstetric and Gynaecological Societies of India (FOGSI).

In this issue, we explore critical advancements, collaborative efforts, and transformative ideas that are shaping the future of women's health. Each page serves as a testament to our unwavering commitment to Ek Rashtra Ek Mission-Swastha Naari Samrudh Vatan-Har Ghar FOGSIAN.

Our ongoing projects, KYN health surveys, Sampoorna, and Do Teeke Zindagi ke, bring us immense satisfaction. The EAGLE Project, which aims to bring endoscopy to the nook and corner of our country, is soaring high. The Gyan Pravah is flowing and has reached the milestone of 100 episodes. The FOGSI Anu Bandh, where the President meets FOGSI societies online, continues with UP, MP, Rajasthan, and Chhattisgarh in May.

I am particularly excited about MUKTA, the thalassemia project, and PACE, the Postgraduate Teaching program, which promise to spark meaningful dialogue and action. These contributions highlight the strength of our collective vision and remind us that the path to progress lies in unity and shared purpose.

I extend my heartfelt gratitude to the contributors, editors, and every member of our community who have worked tirelessly for all the Presidential Projects. I hope this edition inspires, educates, and ignites passion among all who read it.

Warm regards,

Dr. Sunita Tandulwadkar
President, FOGSI, 2025

"In every heartbeat of service, in every step toward knowledge, we rise—united in purpose, devoted to the health and hope of every woman."
— Dr. Sunita Tandulwadkar



FOGSI | SHARP

VICE PRESIDENT CONFERENCE 2025

Safety & Health Attributes For Research & Prevention

**BLOCK
YOUR
DATES**

**11th – 13th
JULY 2025**

VENUE

**RADISSON BLU PALACE
RESORT & SPA, UDAIPUR**
The City of Lakes

CONFERENCE BROCHURE



“Healthcare is a universal concern, transcending borders and states. FOGSI's Anubandh - President FOGSI and Team FOGSI meetings with States continue to enrich our practices and perspectives.”

Dear Readers,

As the vibrant month of June unfolds, I am delighted to greet you through the pages of this issue of FOGSI Connect. The Federation of Obstetric and Gynaecological Societies of India (FOGSI) has always stood as a beacon of excellence and commitment in the field of women's health, and it is my privilege to share our collective journey made under the guidance of our President FOGSI the inimitable leader Dr Sunita Tandulwadkar with you all.

Celebrating Achievements and milestones – while launching new initiatives

June represents a time of renewal, reflection, and growth, this month finds us celebrating milestones achieved through dedication and collaboration across our community. From the 100th episode of Gyan pravah to 75th EAGLE Project, the social projects KYN, Sampoorna and Do Teeke Zindagi ke going great guns – Dr Sunita Tandulwadkar initiated yet another project MUKTA - Mission to Unite & Keep Thalassemia Away: working towards a Thalassemia Mukta Bharat.

Empowering Women Through Education

Education is the foundation upon which progress rests. FOGSI continues to empower healthcare providers to deliver exceptional care. Equally important is our commitment to educating women themselves, enabling them to make informed choices about their health through Know Your Numbers. This Month saw the Launch of PACE -The Postgraduate Academic and Clinical Excellence at Pune with impressive participation and dedicated two days of intensive teaching schedule for postgraduates.

Fostering Collaboration-Anubabdh

Healthcare is a universal concern, transcending borders and states. FOGSI's Anubandh - President FOGSI and Team FOGSI meetings with States continue to enrich our practices and perspectives. By sharing insights and expertise with colleagues across our Country, Anu bandh is fostering bonding, connection between the societies, and the FOGSI Leadership. Two states have presented their state reports in this issue – UP from North and Tamil Nadu from South. This issue includes the exemplary work done by two more committees -Infertility and Safe Motherhood committee.

A Call to Action

As we navigate the complexities of women's health, let us not lose sight of the humanity at the core of our profession. Each statistic represents a life, a story, a family. It is this understanding that drives us to innovate, educate, and advocate. I urge each of you to continue championing the causes that matter most, Know Your Numbers , Sampoorna Swasth Janm Abhiyaan ,Cancer Prevention with vaccination and Screening etc for it is through our collective efforts that lasting change is achieved.

Gratitude and Hope

FOGSI Connect is more than a publication; it is a platform for dialogue and connection. In closing, I extend my heartfelt gratitude to everyone who contributes to FOGSI's mission—our members, partners, and readers. Your unwavering support fuels our progress and pushes the boundaries of what we can achieve. Thank you for being a part of this remarkable journey.

Warm regards,
Kiranmai Devineni
Editor,
FOGSI Connect-June 2025

SOCIAL PROJECTS



Know Your Numbers Report

“Know Your Numbers” is an ambitious health initiative promoting Health Literacy and Management in Women across India.

This project aims to collect essential health data—including weight, blood pressure, blood sugar levels (with HbA1C), and haemoglobin levels—from women across India. By emphasising these crucial health indicators, the project strives to cultivate a culture of proactive health literacy management among women. The gathered data will play a vital role in the early detection of common health issues and in promoting interventions that can significantly reduce the risk of chronic diseases. This initiative not only highlights the importance of regular health monitoring but also empowers women with the knowledge and resources necessary to take control of their health, ensuring they lead longer, healthier lives. The goals are to collect essential health data, including weight, blood pressure, blood sugar (HbA1C), and haemoglobin levels, from women across India, encourage proactive health management among them, identify common health issues promptly and advocate for timely interventions

and empower women with knowledge and resources for healthier, longer lives



Know your Number

Data Collection Till Date - 31st May 2025	111512		
TOP 10 -DATA COLLECTION DONE BY	31-May-25	17-May-25	This Week Form Filled
Dr .Santvana sharan	13199	9794	3405
Dr. Jeyarani Kamraj	11904	8941	2963
Dr.Manisha Ghate	8137	7755	382
Dr Vinita singh	7997	6667	1330
Dr Ruby Bhatia	6009	5426	583
Dr Priya Gupta	5253	4851	402
Dr Nibha Mohan	4788	4501	287
Dr Rashmi Kahar	3799	3584	215
Dr.Kiranmai Devineni	3601	3485	116
Dr. Sunita Tandulwadkar	3044	3044	0
Grand Total	111512	90318	21194



Sampoorna CME Report

Sampoorna Swasth Janm Abhiyan from EAST, WEST, NORTH and SOUTH
3rd May 2025*, organised by the Purnia OBGYN Society.

The event commenced with the traditional lighting of the lamp and a warm welcome address by *Dr. Bibha Jha, * President of the Purnia OBGYN Society. Sessions began with a briefing on the Sampoorna Initiative, followed by an insightful talk on Maternal Nutrition from Preconception to Lactation by *Dr. Pratibha Singh*. *Dr. Kavita Barnwal* then discussed Micronutrients for Enhancing Fetal Outcomes, which was followed by a thought-provoking session on Menopause Beyond HRT by *Dr. Benazir Ahmad.* The sessions were skilfully chaired by *Dr. Anju Karan, Dr. Asha Singh, Dr. Aarti Sinha, Dr. Renuka Singh, Dr. G. Beck, and Dr. Nikhat Fatima.* The entire program was efficiently conducted by *Dr. Priyanka Singh*, with the vote of thanks delivered by *Dr. Anuradha Sinha.*

17th May 2025*, Darbhanga *organised by the *Darbhanga OBGYN Society*. The event commenced

with the traditional lighting of the lamp and a warm welcome address by *Dr. Kumudni Jha* President of the Darbhanga OBGYN Society. *Dr Pratibha Singh* outlined the mission of the Sampoorna Project & highlighted other key FOGSI projects. A special highlight was the video message from FOGSI President, *Dr. Sunita Tandulwadkar, * underlining the importance of preconception care and women's empowerment. *Dr. Kavita Barnwal* delivered the informative talk on Maternal Nutrition from Preconception to Lactation. *Dr. Usha Jha* discussed Micronutrients for Enhancing Fetal Outcomes, which was followed by a thought-provoking session on Menopause Beyond HRT by *Dr. Kumudni Jha.* The sessions were skilfully chaired by *Dr. Seema Prashad, Dr Nutan Bala Singh, Dr Renu Jha, Dr Arunanchal Jha, Dr Supriya Narayan, Dr Poonam Singh Dr Pooja Mahaseth, & Dr Gunjan Shukla.* The entire program was efficiently conducted by *Dr. Priyanka Bharti ,* with the vote of thanks delivered by *Dr. Rajshree Purbey.*





24.5.2025 – Sampoorna at Dharmapuri, Tamilnadu

Schedule of Sampoorna till August

1	24 May 2025	North	Udaipur	Dr Priya Gupta
2	24-05-2025	South	Dharmapuri	Dr Sampat kumari
3	01 June 2025	West	Indore	Dr Vaishali chavan
4	08-06-2025	West	Karad	Dr Monica
5	11 June 2025	South	Chennai	Dr Vaishali chavan & Dr Geeta Balsarkar
6	11-06-2025	East	Cuttack	Dr Bhagyalaxmi
7	13-06-2025	West	Satara	Dr Monica
8	14-06-2025	South	Mysore	Dr Bharati Rajshekar
9	18-06-2025	East	Balasore	Dr Bhagyalaxmi
10	19 June 2025	North	Lucknow	Dr Vaishali chavan
11	22-06-2025	North	Kota	Dr Priya
12	22-06-2025	East	Berhampur	Dr Bhagyalaxmi
13	24-06-2025	South	Hassan	Dr Bharati Rajshekar
14	25 June 2025	West	Akluj	Dr Geeta Balsarkar
15	25-06-2025	South	Korutla	Dr Kiranmai
16	25-06-2025	East	Burla	Dr Bhagyalaxmi
17	28-06-2025	West	Amravati	Dr Geeta Balsarkar
18	28-Jun	South	Mangalore	Dr Bharati Rajshekar
19	28-06-2025	North	Alwar /ajmer	Dr Priya
20	29 June 2025	South	Cochin	Dr Vaishali chavan & Dr Geeta Balsarkar
21	29-06-2025	West	Nagpur	Dr Geeta Balsarkar
22	04-07-2025	East	Bhubaneswar	Dr Bhagyalaxmi
23	06-07-2025	South	Rajahmundry	Dr Kiranmai
24	06-07-2025	North	Moradabad	Dr poonam Goyal
25	18-Jul	South	Davangere	Dr Bharati Rajshekar
26	19-Jul	South	Tumkur	Dr Bharati Rajshekar
27	27-07-2025	South	Kurnool	Dr Kiranmai
28	2nd week of Aug	South	Belgaum	Dr Bharati Rajshekar
29	2nd week of Aug	South	Hubli	Dr Bharati Rajshekar

North Zone Sampoorna Report

North Zone Sampoorna
FOGSI PRESIDENT'S INITIATIVE
North Zone VP: Dr Abha Singh
Chairperson In Charge: Dr Poonam Goyal
Dr Saritha Shamsundar
Dr Kiran Pandey
Dr Kanchan Sharma
Dr Anu Chawla

12	08 May 2025	Ludhiana	Done	Dr Poonam Goyal
13	15 May 2025	Dehradun	Done	Dr Poonam Goyal
14	22 May 2025	Faridabad	Done	Dr Saritha Shamsundar
15	02 June 2025	Pathankot	Done	Dr Poonam Goyal
16	03 June 2025	Ambala	Done	Dr Poonam Goyal

8th May 2025- Venue: Ludhiana- Hosted by: Ludhiana Obstetrics & Gynaecology Society total of 57 delegates attended the event, reflecting strong academic interest and engagement. The Sampoorna CME at Ludhiana was a grand success, marked by impactful discussions, collaborative learning, and strong participation, further affirming FOGSI's commitment to maternal and newborn health.

15th May 2025, I Dehradun Society Program | Venue: Hyatt Centric

Under the aegis of FOGSI, the serene city of Dehradun witnessed a purposeful and academically enriching session of the Sampoorna CME, held on 15th May 2025 at the esteemed Hyatt Centric, under the visionary leadership of FOGSI President Dr. Sunita Tandulwadkar.

22ND May Sampoorna CME FARIDABAD by Dr Sarita Shamsundar and Faridabad Society

Pathankot Sampoorna CME Report 2nd June 2025 | Venue: Hotel Venice Under the aegis of FOGSI

The city of Pathankot played host to a power-packed Sampoorna CME on 2nd June 2025 at Hotel The event was steered

seamlessly by an enthusiastic team: Dr. Beena Mishra, Dr. Prerna Saigal, Dr. Ashwani Kapoor. The Pathankot CME brought together experienced minds and emerging voices in women's healthcare, reaffirming the power of knowledge-sharing in driving holistic well-being for mothers and newborns.

3rd June 2025 | Venue: Hotel Marie Villa- Under the aegis of FOGSI Ambala

The energetic city of Ambala hosted an enlightening and impactful Sampoorna CME on 3rd June 2025 at Hotel Marrie Villa. Organised under the dynamic leadership of FOGSI President Dr. Sunita Tandulwadkar and Secretary General Dr. Suvarna Khadilkar, this academic event was part of the Sampoorna: Swastha Janani Abhiyan, a national initiative committed to improving maternal and newborn health through proactive care, nutrition, and education. This CME was flawlessly managed by a dedicated organising team: Dr Poonam Goyal, Dr. Ruby Bhatia, Dr. Aditya Garg, Dr. Nidhi Gupta, and Dr. Suman Garg, whose efforts ensured a seamless and enriching experience.



SAMPOORNA WORKSHOP REPORT IN ASSOCIATION WITH UNFPA

Sampoorna Workshop in association with UNFPA | Jaipur | 18th May, 2025

A meaningful and academically rich Sampoorna workshop was held at Hotel Lalit, Jaipur, under the aegis of FOGSI and the visionary leadership of our President, Dr. Sunita Tandulwadkar Madam. Gratitude to Dr. Sunita Tandulwadkar Madam, Secretary General, FOGSI & Dr. Ashwini Kale, Joint Secretary, FOGSI, for their extended support and guidance for this project. Special mention to Dr. Rashmi Kahar, Chairperson Practical Obstetric Committee and Dr. Priya Gupta for the help in coordination. The meeting focused on Swastha Janam Abhiyan, especially on the emphasis and importance of preconception care, the vital role of micronutrients in maternal and fetal well-being, and menopause management with phytoestrogens.

Dr. Priya Gupta outlined the mission of the Sampoorna Project and highlighted other key FOGSI initiatives. Speakers included Dr. Indira Lamba, Dr. Upma Saxena, and Dr. Megha Agarwal. UNFPA, State head, Rajasthan, Dr. Deepesh Gupta, also addressed the gathering and appreciated the Project mission and vision of our President, FOGSI. The event was beautifully hosted by JOGS, led by Dr. Asha Verma, President JOGS, with the active support of the Jaipur Obstetrics and Gynaecological Society members. Grateful to Dr. Pradeep, UNFPA official, for joining the program. Gratitude to all participants and to Meyer Vita biotics for supporting this event. Number of attendees: 86

Sampoorna Workshop in association with UNFPA, hosted by Indore Obstetrics and Gynaecological Society| Indore| 1st June,2025

Sampoorna workshop in collaboration with UNFPA was held at Hotel Sayaji, Indore under the aegis of FOGSI and

the visionary leadership of our President, Dr. Sunita Tandulwadkar Madam. Sincere Gratitude to Respected Dr. Sunita Tandulwadkar Madam President, FOGSI, Dr. Sunita Khadilkar, Secretary General, FOGSI & Dr. Ashwini Kale, Joint Secretary, FOGSI for their extended support and guidance for this project. Coordinators for the workshop were Dr. Jyoti Bunglowala, Chairperson, Medicolegal and Ethics Committee and Dr. Vaishali Chavan. The meeting focused on Sampoorna Project: FOGSI initiative, Swastha Janam Abhiyan, especially on the emphasis and importance of preconception care in maternal and Fetal wellbeing, the vital role of maintaining normal homocysteine levels from fertility to feeding, calcium supplementation during lactation, dydrogesterone SR review in ART to LPS to RPL and the role of vaginal microbiome in obstetric outcomes. Dr. Vaishali Chavan (Pune) outlined the mission of the FOGSI Sampoorna Project. Speakers included Dr. Sumitra Yadav, Dr. Priya Gupta, Dr. Vaishali Chavan and Dr. Jyoti Bunglowala. Dr. Sunil Thomas Jacob (Bhopal), State Head UNFPA, MP, was the Guest of honour. He addressed the gathering and appreciated the Project mission and vision of our President, FOGSI. He highlighted the need to reduce the burden of maternal and neonatal mortality. Dr. Archana Mishra, Jt Director, NHM, was the special guest for the workshop but couldn't attend due to her acute health issues. She conveyed her best wishes for the workshop.

The event was beautifully hosted by IOGS with the active support of society members. Grateful to Dr. Sumitra Yadav, President, IOGS, Dr. Sunita Chouhan, Secretary, IOGS, for the extended support and cooperation in the execution of this well-coordinated workshop. Gratitude to all participants and to Torrent Pharma for supporting this impactful event. Number of attendees: 67



“Do Teeke Zindagi Ke”



Under Initiative of FOGSI Presidential Campaign of “Do Teeke Zindagi Ke”, in month of April ,to increase cervical cancer awareness various cervical screening ,vaccination and coploscopy camps were conducted all across India. In addition to it, HPV masterclass in form of Webinar Series is also initiated.

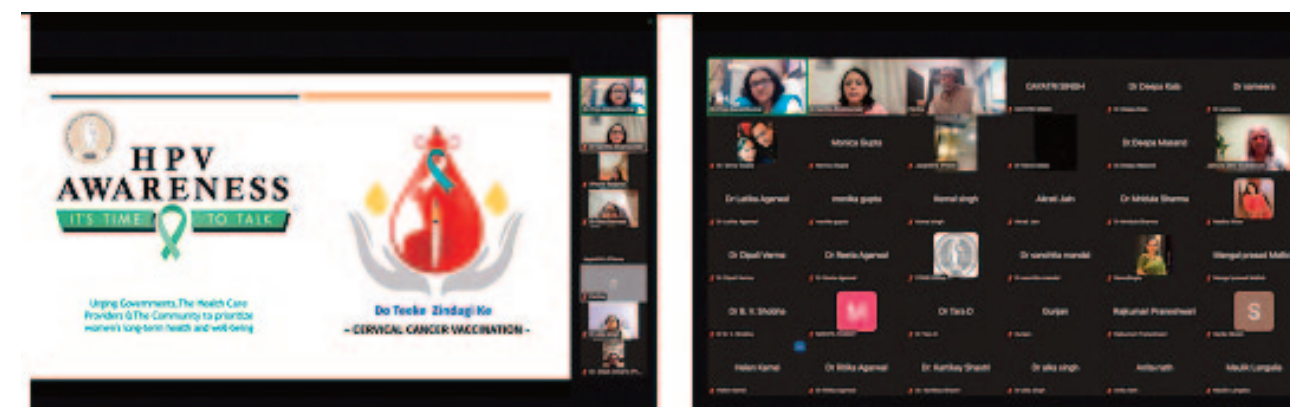
FOGSI IMA HPV Vaccination Training launched on __Jan 2025 continuing to train IMA members, 42 training sessions have been conducted; 1474 IMA members have been trained till 13th May, 25. First monthly Appraisal meeting was held on May 28th

where the progress report of the project was shared along with acknowledgement and appreciation of the IMA state coordinators who have performed well, National HPV faculties who have imparted the training to maximum doctors of IMA.

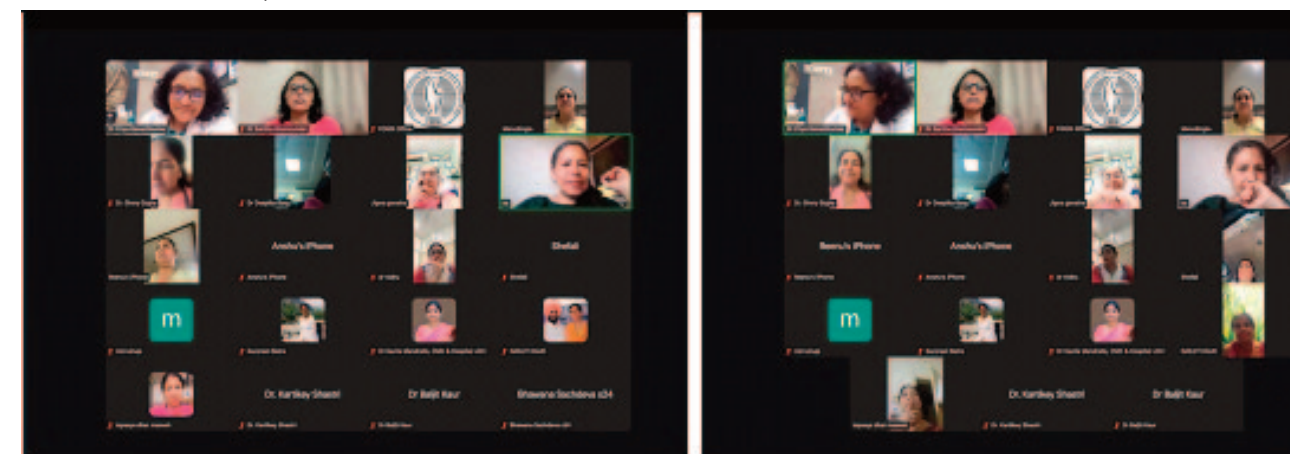


WAVE II Training of Trainers As a part of the Presidential Initiative “Do Teeke Zindagi Ke”, WAVE-II Training of Trainers (TOT) and Cluster Cascade Meetings, supported by MSD was launched on April 7th. Trainers from 117

FOGSI societies were inducted on 15th May in a virtual meeting and the dissemination plan in clusters was detailed.



Training of Trainers from the FOGSI societies is being held twice weekly, 75 Master Trainers have been trained in 5 batches from 20th May to 3rd June.



The Mahakumbh of HPV Vaccination Awareness webinar series, supported by MSD, is being held twice a week to dispel myths and increase awareness regarding HPV vaccination.



Dr (Prof.) Neerja Bhatla, former Vice-President FOGSI North and former HOD, ObGyn at AIIMS, was awarded the PADMASHRI by the Hon'ble President Droupadi Murmu on 30th May, 2025.

CANCER SCREENING CAMPS BY MEMBERS



23rd May led by Dr Jeena Baburaj, Kerala State Coordinator, FOGSI Gynaecological Oncology Committee at Villiapally FHC, Kerala. Oral, Breast & Cervical Cancer Screening Performed for 66 women



Dr Nirmala, member of the Gynaecological Oncology Committee from Bangalore Conducted 3 Screening Camps 145 women screened for breast & cervical cancer.



Preventive Oncology Workshop was organised by Dr Prajakta Gurude (member)with Udgir ObGyn society at Udgir, Maharashtra on 25th May 2025 featured live



IMA members trained till 3rd JUNE 2025
Total trainings -Virtual 78 , Physical 2

colposcopy demonstrations, interactive panel discussions focusing on best practices in cervical cancer screening and treatment.



FOGSI'S CELEBRATORY MOMENTS



Mass Tree Plantation Drive

On the occasion of World Environment Day – 5th June – Under the dynamic guidance of FOGSI President Dr Sunita Tandulwadkar, the Environmental Health Committee of FOGSI successfully conducted a Mass Tree Plantation Drive across the country on the occasion of World Environment Day, June 5th. Member societies enthusiastically participated in this green initiative, reinforcing their commitment to environmental health.

In Vijayawada, the society members travelled by bus to a plantation site and actively participated in tree planting. In **Hyderabad**, a significant drive was led by past president FOGSI Dr Shantha Kumari, with Dr Jayanti (President), Dr Manjula Rao (Secretary), Dr Kiranmai (Committee Chair, VAW), and enthusiastic members of the Hyderabad Society, who carried out a large-scale plantation effort.

In **Ratlam**, President Dr Sunita Wadhwani, along with Dr Aditi, Dr Dolly Mehra, and Padma Shri awardee Dr Leela Joshi, organised a plantation programme in a local school.

Gwalior witnessed active participation by President Dr Reeta Mishra, Secretary Dr Anju Verma, and Dr Snehlata Dubey.

The Katni Society, under the leadership of President Dr Vandana Gupta and Secretary Dr Nidhi Bajaj, organised plantation activities at the IMA Building. In **Rajkot**, President Dr Jigna, Dr Kuntal, and all society members showed great enthusiasm in planting trees.

Jabalpur witnessed a well-organised drive by the Jabalpur OB-GYN Society, led by President Dr Rakhi Bajpai and Secretary Komal Jain. The event was graced by Committee Chairperson Dr Brajbala Tiwari, CMHO, and the IMA President of MP State. **The Chennai Society** also took part in the plantation drive, adding to the national effort.

Alwar Society conducted its plantation activity within the premises of the local Medical College. **Indore OB-GYN Society** took a leading role by planting over 500 trees in a residential garden following the Miyawaki plantation technique. The initiative in Indore was led by EHC Chairperson Dr Brajbala Tiwari, IOGS Secretary Dr Sunita Chauhan, Convenor Dr Rajani Manglawat, Dr Anupama Dave, and Past Vice President Dr Archana Baser. Dr Neeraj Khare, an IOGS member, did a plantation in **Dewas**.

Ahmedabad Society President Dr Nita Thakre, Secretary Dr Partha, and EHC member Dr Snehal Kale organised a large-scale plantation with AOGS members. **Shillong OB-GYN Society** President Dr Rida and members travelled by bus to a nearby village for planting. **Chandrapur OB-GY Society** President Dr Kalpana and members planted 300 saplings. This collective effort by FOGSI societies across the country showcases the dedication of obstetricians and gynaecologists not only to women's health but also to planetary health, affirming our responsibility toward a greener and healthier future.

Deoghar Society President Dr Arpita Gandhi and her team at the Government Medical College. **Mathura OB GY Society**, Dr Prerana, Vertika Neelima and team.

Himmatnagar, Dr Ashwini Gadhvi and Dr Sarafraz Kazi, Dr Vishang Patel, UJJAIN, Dr Neelam Tejeani and Archana Maheswari MUJAFFARPUR OB Gyn Society, Dr Vibha Verma, Dr Prachi Singh, MORADABAD OB GY Society, Dr Dipali Verma, BHOPAL OB GY Society, in Government Katzu hospital, Dr Abha Jain, Dr Priya Bhawe, Dr Rachana Dubey, Bhubaneswar, Dr Sashmita AOGD, President, Dr Sujata Mishra and team. -WEST BENGAL, Bengal OB GY Coordination by Dr Ritwik

KALYANI OB GY -WEST MIDINAPUR OB GY did huge plantation. **ALWAR** Dr Sunita Agrwal's president Charu Secretary -**COCHIN** -Sagar Dr Jagrati and Sweta Patel -Surat Dr Sejal naik Dr Lokila Desai and Ruta Das

MALDA OB Gy Society JAMSHEDPUR Dr Mausumi Ghosh **PATNA OB Gyn** Dr Pragya Mishra

Dr Nibha Mohan Malandu, OB gyn, **BOKARO**. Dr Nivedita Dutta - **JAMMU**, Dr Shivani Sharma and all members, RAIPUR Dr Meena Armo, Dr Monika Pathak -**PALAKKAD** Dr Anjana Warriar

CALICUT KATIHAR Gy Society Dr Laxmi Sen Dr Ranjana Sinha -**AHAMADNAGAR OB GY Society** President Dr Bade and EHC Coordinator Dr Amit Karade team did a plantation **ASSAM Gauhati OB Gy Society** Dr Panchanan Das, Dr Saswati-JORHAT Secretary Dr Pranabika Mahanta and Members

SILCHAR President Dr. Devanjana Dutta Mazumder, Secretary Dr. Alaka Banerjee, and team **HAPUR ObGy Society** Dr Anjana Saxena and Team - **NASIK OBGY** under the Guidance of VP FOGSI Dr Varsha Baste, Dr Neha Lad 150 saplings planted in NASIK. FIROZPUR OB Gy Dr Dinesh Pathak and Sarabjeet Kaur. PATHANKOT by the President of the Gyn Society and the team. HISAR OB GY society did a huge plantation Thanks to FOGSI President Dr Sunita Tandulwadkar, Secretary Dr Suvarna Khadilkar, and VP in charge Dr Varsha Baste for guidance and support, MEERUT OB GY SOCIAL, under President Dr Bharti Maheshwari, did a huge plantation.





WORLD MENSTRUAL HYGIENE DAY Celebrated on 28th May 2025



FOGSI celebrated World Menstrual Hygiene Day on 28th May 2025 as a Presidential Initiative by Dr. Sunita Tandulwadkar, with contributions from Quiz Committee, Public Awareness Committee and Adolescent Health Committee and Young Talent Promotion Committee of FOGSI. A slogan, poster, and online quiz competition were organised, with attractive prizes awarded to the winners. The quiz,

using Google Forms, was shared in various groups at 9AM on 28th May 2025. Menstrual hygiene awareness programmes were also organised in colleges and schools by Dr. Archana Kumari, Dr. Priyankur Roy, Dr. Supriya Jaiswal, and Dr. Rohan Palshetkar.

Activities Conducted

- 1. Slogan Competition**
- 2. Poster Competition**
- 3. Online Quiz**
- 4. Awareness Drive**

Bengal Obgyn Society conducted 3 menstrual hygiene-related activities in and around Kolkata. Lucknow Association of Private Gynaecologists organised an awareness drive.

Ranchi Obst Gynae Society organised Menstrual hygiene awareness talk in St Xavier's College.

The importance of menstrual hygiene was highlighted by Dr Vandita, joint secretary ROGS, followed by Myth-busters by Dr Rashmi Singh Treasurer ROGS. The college Principal, faculty and students (including boys) had full participation, highlighting the importance of "menstrual hygiene as a necessity, not a luxury", reinforcing the need and agenda to celebrate the day.



Dr. Supriya Arwari, National Coordinator, AHC FOGSI and a team of the Adolescent Health Committee of Thane Ob. Gyn. Society conducted a CME to commemorate Menstrual Hygiene Day (28th May) at MRR Hospital, Thane. Topics related to Adolescent health as well as the use of the Menstrual Cup, which busted myths and misconceptions. A very well-attended and interactive CME at the MRR hospital auditorium!



NEW BEGINNINGS



Project MUKTA launch

Thalassemia is not just a disease—it's a lifelong struggle that affects countless families, yet it is entirely preventable.

Under the pro-active leadership of Dr. Sunita Tandulwadkar, FOGSI has witnessed a vibrant surge of initiatives in recent months, and here comes yet another remarkable one. We are proud to present to you, project MUKTA - Mission to Unite & Keep Thalassemia Away: working towards a Thalassemia Mukta Bharat. This is a step closer to a future where no child suffers from this burden, and every life is given a fair chance.

FOGSI and MKH have come together with a shared vision. Our heartfelt appreciation goes to the inspiring leaders whose dedication and compassion have brought this mission to life.

Project MUKTA was launched at the FOGSI cell meeting in Gurgaon on 11 April 2025. The launch was led by Dr Sunita Tandulwadkar (President, FOGSI), Dr Jaydeep Tank (Immediate Past President, FOGSI), Dr Suvarna Khadilkar (Secretary General), Dr Bhaskar Pal (President Elect, FOGSI), and other eminent FOGSIans in attendance. Dr Tandulwadkar enlightened the gathering about the burden of Thalassemia in India, highlighting how, despite Thalassemia being preventable, many children in India are born with it each year, leading to lives of suffer-

ing. She encouraged all FOGSIans to screen early and routinely, educate couples, and lead by example. Finally, she urged all FOGSIans in attendance to complete a short survey on Thalassemia screening, which would assist in analysing the current practices regarding Thalassemia in obstetrics. She also announced that Dr Pooja Lodha will be the national convenor for Project MUKTA.

Rumana Hamied (Director, MKH Foundation) then shared her vision for a Thalassemia-free India and emphasised the need for universal screening. Dr Jaydeep Tank explained the project objectives and strategies to everyone. The logo for Project MUKTA was unveiled by the dignitaries, and the MOU was officially signed.

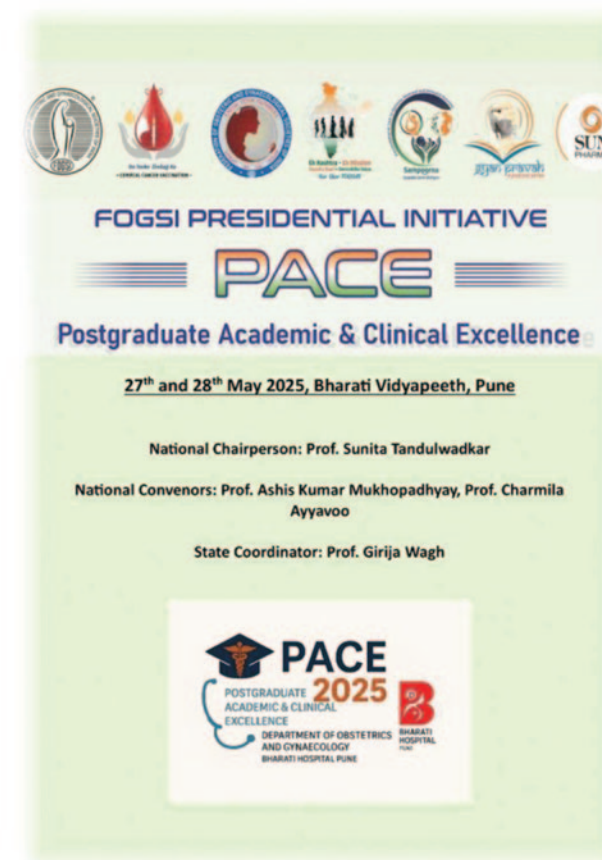
Following the official launch of Project MUKTA, a GCPR meeting was conducted at the FOGSI office on 29th May, where there was a brain storming discussion regarding tackling thalassemia and it's prevention.

FOGSI has always been at the forefront of academic excellence, consistently translating knowledge into clinically relevant strategies to elevate women's health. Mukta is one such meaningful step — a stride towards a disease-free tomorrow.

"Together, we birth a healthier future."



Inaugural "PACE" program, 2025



Report of inaugural "PACE" program, 2025

The Postgraduate Academic and Clinical Excellence – PACE is an ongoing program envisioned by President, FOGSI Dr Sunita Tandulwadkar for post graduates in the field of Obstetrics and Gynaecology. The inauguration was done by the President on the 27th of May 2025. The first program was conducted in the State of Maharashtra in Pune. The venue was the prestigious Bharti Vidyapith (BVDUMC), Pune city. The President inaugurated the two-day program and gave an inspirational talk on "Me & Endoscopy- a love affair" which was much appreciated. The Chairperson of ICOG, Dr Parag Biniwale attended the

program and gave an informative lecture. The convenors for PACE program, Prof. Ashis Mukhopadhyay, and Dr Charmila Ayyavoo participated in the two-day program, gave lectures, and were involved as examiners in the mock practical exams. The State coordinator, Prof. Girija Wagh took great efforts to arrange the logistics for the program. The entire team of Sun Pharma were involved in the arrangements and gave able support. About 100 postgraduates from different parts of the state attended with great enthusiasm despite the torrential rains.

PACE 2025 Conference Report Event Overview



PACE 2025 Day 1- Obstetrics (27 th May 2025,Tuesday)				
Time	Class	Subject	Teacher	Student Participants
09:00am-09:20am	Lecture	Anemia in pregnancy	Dr. Girija Wagh	All students
09:20am-09:40am	Special lecture	Approach to oral and practical examinations	Dr. Ashis Kumar Mukhopadhyay	All students
09:40am-10:00am	Lecture	Surgical management of PPH	Dr. Charmila Ayyavoo	All students
10:00am-10:20am	Special Lecture	Standard long obstetric case-how to present	Dr. Ashis Kumar Mukhopadhyay	All students
10:20am-10:40am	Long case	Severe preeclampsia- current challenges in diagnosis and management	Dr. Rajasi Sengupta Dr. Aniket Kakade	Dr Nishita Manjrekar (MIMER)
10:40am-10:55am	TEA BREAK			
10:55am-11:15am	Demonstration	Breech presentation	Dr. Brigadier Sanjay	All students
11:15am -11:45am	Demonstration and discussion	Specimens (uterine rupture/ fibroid/hysterectomy)	Dr. Shilpa Naik	All students
11:45am-12:00pm	Lecture	Newer Staging and prognostic implications Ca endometrium	Dr. Harshad Parasnis	All students
12:00pm-12:15pm	Lecture	Ectopic pregnancy	Dr. Charmila Ayyavoo	All students
12:15pm-12:35pm	Special demonstration	Pelvis and skull	Dr. Ashis Kumar Mukhopadhyay	All students
12:35pm- 12:50pm	Short case	RPL	Col. Dr. S.K.Singh	Dr Aanchal Varma (AFMC)
12:50pm-01:10pm	Interactive session	CTG Reading and interpretation	Dr. Parag Biniwale	All students
01:10pm-02:00pm	LUNCH			
02:00pm-02:20pm	INAUGURATION			
02:20pm-02:50pm	Special session	Laparoscopy and hysteroscopy- the sub-specialty that you must learn	Dr Sunita Tandulwadkar	All students
02:50pm-03:10pm	Lecture	WHO Labour Care Guidelines	Dr V B Bangal	All students
03:10pm-04:00pm	Obstetrics OSCE stations	MVA station Ventouse forceps station Shoulder Dystocia station Neonatal Resuscitation	Dr Likhita/ Dr. Shivani Dr. Shrish Raut Dr. Shobika/ Dr. Apoorva Dr. Anurag/ Dr. Prasun	All students
04:00pm-04:20pm	TEA BREAK			
04:20pm-04:40pm	Long case	Pregnancy in a Rh-negative mother	Dr. Jagruti Damse Dr. Abhijeet Wadate	Dr. Khushboo Savla (BVDUMC)
04:40pm-05:00pm	Long Case	FGR	Dr. Ashis Mukhopadhyay Dr. Tushar Panchanadikar	Dr. Shruti Lohiya (GMC Nagpur)
05:00pm-05:20pm	Viva Voce	Obstetric Instruments, drugs	Dr. Ashish Mukhopadhyay Dr. Girija Wagh	3 Voluntary participants
5:20pm-05:30pm	STAFF MEETING & STUDENTS' FEEDBACK			

PACE 2025 Day 2- Gynaecology (28 th May 2025,Wednesday)				
Time	Class	Subject	Teacher	Student Participants
09:00am-09:15 am	Viva Voce	MTP Act	Dr. Vaishali Taralekar Dr. Manish Machave	3 Voluntary participants
09:15am-09:40am	Long case	Malignant ovarian tumor	Dr. Harshad Parasnis Dr. Salil Barsode	(PIMS) Dr. Rohan Wagh Dr. Megha Shah Dr. Jagisha Vijay Dr. Janhavi Sehta Dr. Raksha Rai
09:40am-09:55am	Short case	AUB-E	Dr. Charmila Ayyavoo	Dr Radhika Agarwal (GMC Nagpur)
09:55am-10:10am	Lecture	Anovulatory infertility	Dr. Geeta Wadadekar	All students
10:10am-10:30am	Interactive session	HSG / USG /XRC /DOPPLER	Dr.Shreesh Raut /Dr Subashree	Dr.Arushie Dr.Payal
10:30am-10:50am	Long case	Genital Prolapse	Dr. Anjali Chitnis Dr. Salil Barsode	Dr. Subhamoy Ganguly (AFMC) Dr Rushikesh (DYP) Dr Saba (DYP)
10:50am-11:05am	TEA BREAK			
11:05am-11:25am	Long case	Leiomyoma	DR V B Bangal	(MGIMS) Dr. Richa Nawandar Dr. Ankita Golhar Dr. Shivani Vaidya
11:25am-11:45am	Viva Voce	Urinary incontinence- the vexing problem	Dr Arti Shirsath Dr. D.K.Jain (HOD Urology)	3 Voluntary participants
11:45am-12:15pm	Lecture	Prenatal Genetics	Dr Chaitanya Datar	All students
12:15pm-12:40pm	Lecture	PCOS	Dr. Shrish Raut	All students
12:40pm-01:00pm	Viva Voce	Examining your thesis	Dr. Shrish Raut	3 Voluntary participants
01:00pm-2:00pm	LUNCH			
02:00pm-02:20pm	Short case	Primary amenorrhea	Dr. Vidya Gaikwad	Dr Anjali Dixit (GMC Nagpur)
02:20pm-03:10pm	Gynecology OSCE Stations	LNG-IUS POP Q Contraception Selection Tumor Markers	Dr. Menka Dr. Rupali Dr.Prachee / Dr. Shobhika Dr.Likhita /Dr.Shivani	All students
03:10pm-03:40pm	Lecture	Menopause	Dr. Jyoti Unni	All students
03:40pm-04:00pm	Viva Voce	Gyn Drugs, instruments family planning with special emphasis on LARC	Dr. Vandana Nimbargi Dr. Rajasi Sengupta	Voluntary Participation
04:00pm-04:30pm	Lecture	Endometriosis	Dr.Girija Wagh	All students
04:30pm-05:00pm	VALEDICTORY			

Conference Title: PACE 2025 - Postgraduate Academic Conference in Obstetrics and Gynaecology

Dates: May 27-28, 2025 (Tuesday-Wednesday)

Venue: Bharati Vidyapeeth, Pune, Maharashtra, India

• **Duration:** 2 Days

• **Organising Committee**

• **National Chairperson:** Prof. Sunita Tandulwadkar

National Convenors: Prof. Ashis Kumar Mukhopadhyay, Prof. Charmila Ayyavoo

State Coordinator: Prof. Girija Wagh

Conference Structure and Content

Day 1 - Obstetrics Focus (May 27, 2025)

The first day concentrated on obstetric education and training, featuring a comprehensive 8-hour program from 9:00 AM to 5:30 PM. The day was structured to provide both theoretical knowledge and practical skills development.

Key Educational Components:

• **Lectures:** 8 specialised lectures covering critical obstetric topics

• **Demonstrations:** 3 hands-on demonstration sessions

• **Interactive Sessions:** 2 interactive learning modules

• **OSCE Stations:** 4 practical skill stations

• **Case Presentations:** 4 long case and short case discussions

• **Viva Voce:** 1 oral examination session

Major Topics Covered:

- Postpartum hemorrhage surgical interventions
- Preeclampsia diagnosis and management challenges
- Breech presentation techniques
- Endometrial cancer staging and prognosis
- Ectopic pregnancy manage-



ment

• WHO Labour Care Guidelines

• Fetal growth restriction

• Rh-negative pregnancy management

Day 2 - Gynaecology Focus (May 28, 2025)

The second day focused on gynaecological education, maintaining the same intensive format with an 8-hour program.

Key Educational Components:

• **Lectures:** Six specialized lectures

• **Case Presentations:** Five long cases and short case discussions

• **Viva Voce Sessions:** Four oral examination sessions

• **OSCE Stations:** Four practical skill stations

• **Interactive Sessions:** One imaging interpretation module

Major Topics Covered:

- Medical Termination of Pregnancy Act
- Malignant ovarian tumors
- Abnormal uterine bleeding
- Genital prolapse management
- Leiomyoma treatment approaches
- Urinary incontinence solutions

- Prenatal genetics
- Primary amenorrhea
- Menopause management
- Endometriosis

Educational Methodology

The conference employed diverse teaching methodologies to maximize learning outcomes:

1. Traditional Lectures: Structured presentations by subject matter experts
2. Case-Based Learning: Real patient scenarios for practical application
3. Hands-On Demonstrations: Practical skills development
4. Interactive Sessions: Collaborative learning and discussion
5. OSCE Stations: Objective structured clinical examinations
6. Viva Voce: Oral assessments for knowledge evaluation

Faculty and Expertise

The conference featured distinguished faculty from multiple institutions, including:

- Senior professors from various medical colleges
- Specialists from MIMER, AFMC, GMC Nagpur, PIMS, MGIMS, and DYP
- Military medical officers (Brigadier and Colonel ranks)

- Subspecialists in laparoscopy, hysteroscopy, and reproductive medicine

Participant Engagement

The program was designed for comprehensive student participation with:

- Universal participation in lectures and demonstrations
- Voluntary participation opportunities in viva voce sessions

• Structured OSCE rotations for all attendees

• Interactive case discussions

• Feedback collection mechanism

Special Features

1. Inauguration Ceremony: Formal opening on Day 1
2. Special Sessions:
 - o Laparoscopy and hysteroscopy subspecialty training
 - o Examination approach guidance
 - o Case presentation techniques
3. Multidisciplinary Approach: Integration of urology expertise for urinary incontinence management
4. Research Component: Thesis examination guidance
5. Staff Meeting: Faculty coordination and student feedback collection
6. Valedictory Function: Formal closing ceremony

Learning Outcomes

The conference addressed critical competencies in:

- Clinical diagnosis and management
- Surgical techniques and interventions
- Emergency obstetric care
- Reproductive health and family planning
- Medical ethics and legal aspects
- Research methodology and presentation skills

Quality Assurance

The program incorporated multiple assessment methods:

- Continuous evaluation through case discussions
- Practical skill assessment via OSCE stations
- Oral examinations for knowledge verification
- Peer learning through interactive sessions

Conclusion

PACE 2025 successfully delivered a comprehensive educational experience combining theoretical knowledge, practical skills, and clinical expertise. The two-day intensive program provided postgraduate students with essential competencies in obstetrics and gynaecology, featuring expert faculty, diverse teaching methodologies, and structured assessment protocols. The conference maintained high academic standards while ensuring practical relevance for clinical practice.



PACE Schedule- 2025

Month	State	Venue	State coordinator
June 28,29	Karnataka	Karnataka medical colleges & research institute, KMCRI, Hubli	Dr Kasturi Donimath
July	Chattisgarh	AIIMS, Raipur	Dr Monika
	Andhra	Vijayawada	Dr Shailaja
August	North east	Sikkim	Dr Hafizur Rehman
	Madhya Pradesh	Indore	Dr Sumitra Yadav
September	West Bengal	Kolkatta	Dr Ashis Mukhopadhyay
	Rajasthan	Jaipur	Dr Lila Vyas
October	Tamil Nadu	PSGIMS, Coimbatore	Dr TV Chitra
	Uttar Pradesh	Kanpur	Dr Kiran Pandey
November	Gujarath	Ahmedabad	Dr Hareh Doshi
6-9	Punjab	CMC, Ludhiana	Dr Kavita Bhatti
December	Telengana	Hyderabad	Dr Kiranmai
	Orissa	PGIMER, Bhubaneswar	Dr Bagyalakshmi Nayak

Recommendations for Future Programs

1. Maintain the diverse teaching methodology mix
2. Expand interactive and hands-on components
3. Consider extending the duration for more in-depth coverage
4. Enhance technology integration for modern medical education

Aparajita

The first Aparajita Symposium was organised at Kolkata on 16th May, a beautifully named symposium focusing on old molecules with new dimensions under the leadership of FOGSI President Dr Sunita Tandulwadkar -by the Bengal Obstetrics and Gynaecological Society, Dr Basab Mukherjee and Secretary Dr Amit Basu -Dr Seeta Ramamurthy Pal and Dr Apurba Datta coordinated the event.



CONFERENCES

WAVES 2025, FOGSI Presidential Conference

May 17 & May 18 2025.

Radisson Blu Resort, Visakhapatnam

FOGSI Presidential Conference

- Conducted for the first time in Visakhapatnam
- More than 700 participated with 535 Delegates and 125 faculty
- Two live workshops and two day Scientific program with two Halls: Pravaala and Mouktika
- Highlights of the conference were:
 - FOGSI Presidential Oration
 - Vice Presidential Oration
 - Prof.G.R.K.Raju Oration by Dr.S.Ananth Karumanchi, Los Angeles USA

Eminent National and International faculty participated in large numbers to share their expertise and knowledge.



Know Your Numbers - May 16

- Conference kickstarted with hugely successful Presidential initiative KYN ,conducted in the AMC Centenary Auditorium on 16th May,2025.
- More than 200 volunteers were screened and their weight,BP,Hb,Blood Glucose were recorded.
- Vice president Dr.N.Palaniappan graced the occasion.
- Mrs.Sandhya Rao Pendharkar,President,Navy Welfare and Wellness Association, wife of Cin C and Vice Admiral ENC, Eastern Region,Visakhapatnam, was the Chief Guest.



- We received President of FOGSI with traditional welcome with Purna Kumbham and Veda Aseervachanam.

- Dr. Sunita Tandulwadkar, FOGSI President delivered scintillating Presidential Oration in the first session of the Scientific Program.



Scientific Program

- Three Orations as plenary sessions transmitted in both Halls
- Nine Key note lectures
- Three Panel discussions
- Dialogues and debates
- Many other informative lectures covered every aspect of OBG speciality.
- Award winning free papers were presented giving them a fitting platform to showcase importance of research.
- Time management was excellent and every session



Live Endoscopy Workshop

- Difficult laparoscopic and hysteroscopic surgeries were demonstrated,relayed live from Medcity hospital.
- Faculty included Dr.Malaraj,Dr.SejalNaik,Dr.Subash Mallya.



Live USG Workshop on Infertility

- Live demonstration of cases, live semen preparation for IUI, and informative lectures were presented to full house of delegates.
- Faculty included Dr.TLN.Praveen, Dr. Neena Malhotra,Dr.Ashish Reddy and other eminent experts.



Inauguration

May 17,5.30 PM

- Our national FOGSI office bearers were Distinguished Guests
- Patron OGSV and former DME AP Dr.R.Sasiprabha was the Chief Guest and
- International faculty Dr. S.Ananth Karumanchi as the Guest of Honour
- Souvenir was released during the inauguration.
- Guests and Organizing Committee were honoured



Vibrant Cultural Program

- Enthralling performances from our society members, along with a memorable musical delight by celebrity singer Ms M. Srilekha and her team.
- Evening ended in a zesty note.Delegates enjoyed every bit of our hospitality and were ready to kickstart the next day after a refreshing evening.



Trade Exhibition

- Inaugurated by FOGSI President Dr.SunitaTandulwadkar
- Very well appreciated by delegates and Pharma supporters



Valedictory Ceremony

- Two-day academic and social bonanza ended with a fitting thanksgiving Valedictory address by our Organizing Chairpersons Dr.T.Radha, and Dr.K.Subba Raju.



FOGSI 2025 FOGSI PRESIDENTIAL CONFERENCE May 17 & 18, 2025 Radisson Blu Resort, Visakhapatnam WELCOME DELEGATES OBSTETRICS & GYNAECOLOGICAL SOCIETY VISAKHAPATNAM	WELCOME DELEGATES OBSTETRICS & GYNAECOLOGICAL SOCIETY VISAKHAPATNAM
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Eminent National and International faculty attended in large numbers to share their expertise and knowledge.



FOGSI Vice President Conference North

Noida Obstetric & Gynaecological Society

Venue: Radisson Blu, Sector 18, Noida

PRESIDENT FOGSI - Dr Sunita Tandulwadkar

VICE PRESIDENT : Dr Abha Singh

Date: 10 & 11 May 2025

Theme of the Conference

“In Pursuit of Accretion, Tuning & Restructuring”

Accredited with 10 ICOG points, the conference created a dynamic platform for academic enrichment, policy dialogue, and clinical exchange.

Highlights of the Conference

Despite the challenging circumstances facing our nation, we proudly welcomed 400 delegates and esteemed faculty members. Our sincere appreciation goes to our dedicated, distinguished Faculty who have travelled under risk, ensuring their presence and contributions, Dr. Pratap Kumar, Dr. Narendra Malhotra, Dr. PK Shah, Dr. Milind Shah, Dr Bhagyashree Nayak and many more.

Academic Excellence

The conference spanned over two days, May 10 and 11, featuring an impressive academic schedule with 5 Pre-

Conference Workshops:

1. Navigating High-Risk Pregnancy
2. Hysteroscopic Insights
3. Basics of Infertility for ART 1 Clinics
4. Ageless Elegance
5. Genetics and Fetal Medicine

Main Conference:

2 Prestigious Orations:

Dr. Sunita Tandulwardkar

Dr. Abha Singh

22 Keynote Addresses

20 “When Legends Speak” Sessions

13 Expert Panels

30 Oral Presentations & Free Papers

Public Forum on Blood Transfusion: Myths, Facts, Taboos & Requirements

A special public awareness initiative was held with the participation of dignitaries and healthcare experts. The forum was well-received and brought attention to crucial topics often neglected in public discourse.

- Dr. Narendra Kumar – CMO, Noida
- Dr. Arun Kumar Singh – Director, PGI Child Health, Noida
- Dr. Ashok Shukla – Joint Director, Blood Safety, U.P.
- Dr. Abha Singh – Vice President, FOGSI
- Dr. Manu Bhatnagar – Ex-CRPF Women Wing

- Prof. Dr. Neerja Goyal – HOD, Sharda Hospital
- Dr. S. Chakravorty – Physician
- Dr. G.P. Gupta – Secretary, IMA
- Dr. Rakhi Singh – GC Member, FOGSI & President, NOGS
- Dr. Manisha Kaushik – District Chairman 301, Inner Wheel Club

Key Event: Launch of FOGSI-UNFPA Sampoorna Project
The official launch and MoU signing of the FOGSI-UNFPA Sampoorna Project marked a milestone in collaborative women’s health efforts. The ceremony was graced by: Ms. Andrea M. Wojnar, UNFPA India Representative and Country Director, Bhutan
Dr. Sunita Tandulwardkar, President, FOGSI

Inauguration Ceremony

The conference was inaugurated with the inspiring words setting the tone for an engaging and collaborative event. It was a great honour to welcome and have the blessings from,
Chief Guest: Dr. Kamal Buckshee
Guest of Honour: Dr. Narendra Malhotra, Dr Abha Singh

A Note of Appreciation

Although the planned banquet and entertainment had to be cancelled due to prevailing national circumstances, the overwhelming academic success and vibrant participation truly defined the conference’s spirit. but remain grateful for the remarkable turnout and impactful session

Acknowledgements

We express our heartfelt thanks to:

FOGSI leadership for their trust

All delegates and faculty for their enthusiastic participation

Organising Team, whose tireless efforts ensured seamless execution

Organising Chairperson:

Dr. Rakhi Singh

Organising Secretaries:

Dr. Sanchita Dube, Dr. Manisha Saxena

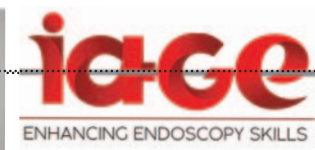
Scientific Chairpersons:

Dr. Aradhana Singh, Dr. Jigyasa Govil, Dr. Anshu Raina





ACADEMIC PROJECTS



THE EAGLE PROJECT

Every Aspiring Gynecologist Learns Endoscopy



Dr Sunita Tandulwadkar
President, FOGSI



Dr Atul Ganatra
President, IAGE 2024-25



Dr Kalyan Barmade
President, IAGE 2025-26



Dr Subhash Mallya
FOGSI-IAGE Convenor



Dr Sejal Naik
Chairperson, Endoscopy
Committee, FOGSI
FOGSI-IAGE Convenor



The project's impact is evident in the numbers:

January 2025	February 2025	March 2025	April 2025	May 2025	Total	
7	14	17	23	13	75	Medical Colleges in all zones
23	47	50	63	50	233	Faculties contributed
33	98	115	184	84	514	Surgical Procedures demonstrated
486	694	780	1272	821	4053	Gynecologists trained in
17	28	31	30	31	137	Days

We encourage everyone to participate in this unique academic initiative and contribute to its ongoing success.

May 2025

Sr. No	Date	Medical College, City, State	Coordinator	Head of the Department	Faculties	Participants	No. of Surgeries
1	3 May	Guwahati Medical College, Assam	Kalpna Chaudhary	Dr Bishnu Prasad Das	Dr. Mandeep Bayan, Dr. D J Gharphalia Dr. Kamal Kathar, Dr. Yashodhan Deka Dr. Jaydeep Pal, Dr. Kalpana Chaudhary	80	9
2	3 May	Maharishi Markandeshwar Medical College and Hospital, Kumarhatti, Solan, Himachal Pradesh	Dr Piyush vohra	Dr Monika Gupta	Dr Monika Gupta Dr. Sandeep Singh Rathore Dr. Pawan Jhalla Dr. Piyush vohra	70	6
3	9 May	Karpaga Vinayaka college, Mathuranthakam, Tamilnadu	Dr. Vanitha Anban	Dr. Santhanalakshmi	Dr. Vanitha Anban, Dr. Priya Lakshman Dr. Divya Narasimhan	33	11
4	10 May	MS Ramaiyah, Bangalore, Karnataka	Dr. Richa pal	Dr. Jyothi	Dr. Richa Pal Dr. Jyothi G.S Dr. Nivedita Reshmi Dr. Beeresh Dr. Vijay Kumar	40	9
5	11 May	Malankara Orthodox Syrian Church (MOSC) Medical College Hospital, Kolenchery, Kerala	Dr. Chaitra TM	Dr. Georgy Joy Erailil	Dr. George Paul Dr. Chaitra TM	22	3
6	17-18 May	Mata Gujri Memorial Medical College (MGM) Medical College, Kishanganj, Bihar	Dr. Poulami Barma	Dr. Shekhar Chakraborty,	Dr. Poulami Barma, Dr. Chandni Sehgal Dr. Udayan Sarkar, Dr. Priyankur Roy, Dr. Snehasis Sarkar	50	6
7	18 May	Kasturba Medical College, Mangalore	Dr. Damodar Rao, Dr. Subash Maliya	Dr. Shraddha Shetty	Dr. Damodar Rao, Dr. Subash Maliya, Dr. Shraddha Shetty, Dr. Aparna Rajesh, Dr. Suprajna Shetty, Dr. Sri Ganesh, Dr. Vineetha Shetty	65	5
8	22 May	Chengalpattu Medical College, Vallam Tamilnadu	Dr. Vanita Anban	Dr. Thenmozhi G	Dr. Mala Raj Dr. Vanitha Anban Dr. Rupatha	65	9
9	24 May	MES Medical College, Perinthalmanna, Malappuram, Kerala	Dr. Usha Menon	Dr. Uma Devi	Dr. Damodar Rao Dr. Kaushik	33	4
10	25 May	Amala Institute of Medical Sciences, Thrissur, Kerala	Dr. Usha Menon	Dr. Anoj Kattukaran	Dr. Aswath Kumar Dr. Sandeep Dutta Roy Dr. Usha Menon	18	6
11	28 May	Sarojini Naidu Government Medical College, Agra, Uttar Pradesh	Dr. Priyanka Garg	Dr. Richa Singh	Dr. Priyanka Garg Dr. Amit Tandon	105	6
12	30 May	Adichunchanagiri Institute of Medical Sciences, Bellur, Mandya, Karnataka	Dr. Bharathi Rajasekhar	Dr. Mahendra G	Dr. B. Ramesh, Dr. Jayprakash Patil Dr. Vidya Bhatt	120	6
13	31 May	Medical College, Kolkata, West Bengal	Dr. Tanuka Das	Prof. Dr. T K Naskar	Prof. Bibek M Rakshit, Dr. Abhinibesh Chatterjee, Dr. Polly Chatterjee Dr. Tanuka das, Dr. Poulami Barma	120	7





UPCOMING PROJECTS IN JUNE, 2025

Sr. No	Date	Medical College	Coordinator	HOD
1	3 June	Rabindranath Tagore Medical College (R.N.T), Udaipur	Dr. Naynika Gaur Dr. Priyanka Damor	Dr. Sangeeta Sen
2	6 June	Dr Rajendra Prasad Government Medical College, Tanda	Dr. Piyush vohra	Dr. Ashok Verma
3	6 June	Father Muller Medical College, Mangalore	Dr. Deepa Kanagal	Dr Deepa Kanagal
4	14 June	Lal bahadur shastra Government Medical College, Mandi	Dr. Sandeep Singh Rathore	Dr. Nalneesh Sharma
5	18 June	Govt. Mohan Kumaramangalam Medical College, Salem -636007	Dr. Ashwin Rao / Dr. Damodar	Dr. S. S. Subha
6	18 June	HBT Medical College & Dr. R. N Cooper Hospital, Juhu, Mumbai	Dr. Amrita Tandon	Dr. Reena Wani
7	21 & 22 June	Government Medical College, Datia	Dr. Snehlata Dubey	Dr. Shweta Yadav
8	25 June	Government medical college Aurangabad	Dr. Rupali Gaikwad,	Dr. Shrinivas Gadappa
9	25 June	Gayatri Medical college, Visakhapatnam	Dr. Kiranmai G V	Dr T. Padmavathi
10	26 June	Shatabdi medical college Mumbai	Dr. Amrita Tandon	Dr. Siddhi
11	27 June	Bharati Vidyapeeth Deemed University Medical College, Pune	Dr. Nayanika Gaur	Dr. Girija Wagh
12	27 - 28 June	North Bengal Medical College and hospital (NBMCH), Siliguri	Dr. Poulami Barma	Dr. Gautam Mukherjee
13	28 June	Jawaharlal Nehru Government Medical College, Chamba, HP	Dr. Sandeep Singh Rathore	Dr. Sonam
14	28 June	Srinivasan medical college, Samayapuram, Tiruchirapalli	Dr. C. Lavanya	Dr. Pillai Arthi Karunanithi
15	28 June	Malabar Medical College, Kozhikode	Dr. Rajeesh S Ravi	Dr. Vinayachandran S.
16	29 June	KVG Medical College, Sullia Dakshina Kannada, Karnataka	Dr. Ravikanth G O	Dr. Geeta Doppa

Gyan Pravah Podcast Series

One President FOGSI ..

30 Committee Chairpersons

Every Single day, at 8 PM, A Podcast with Eminent Personalities from Diverse Fields

You may be driving, Working, Eating, Tune in, log in, Join us -Get ready to get inspired

To impact Women's Health -Join Dr Sunita Tandulwadkar

-Gyan Pravah 8 PM Every Day

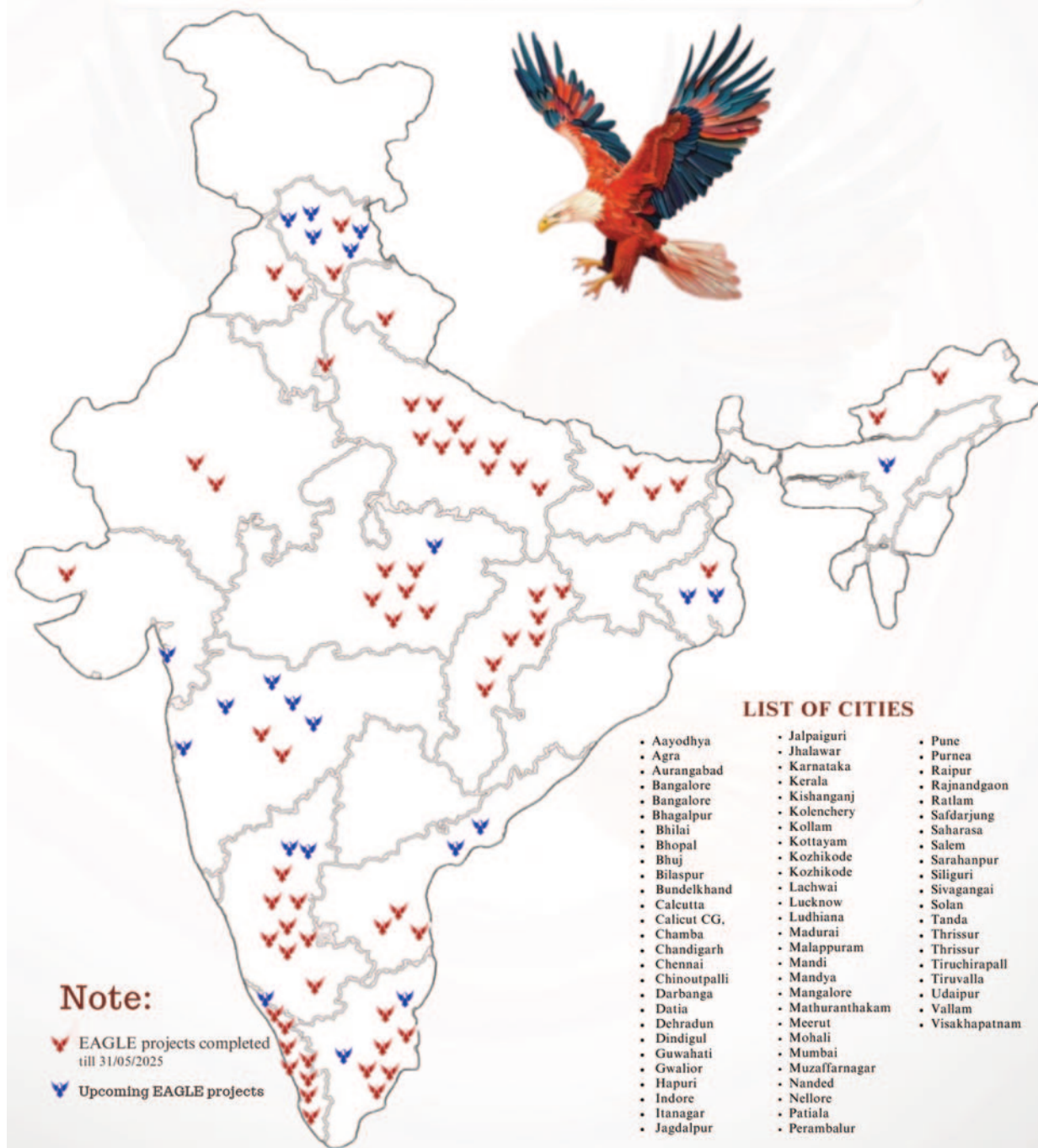
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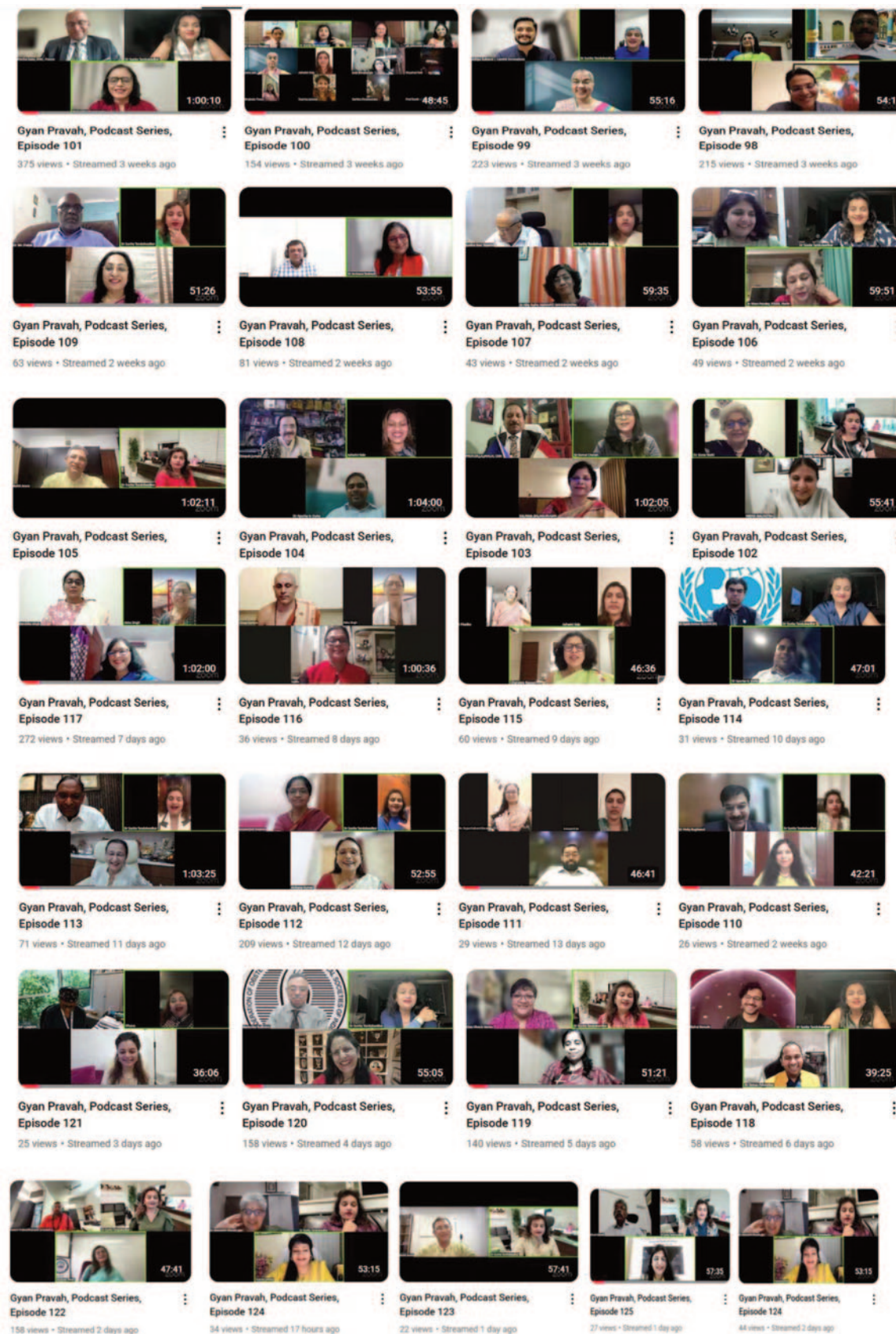
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THE EAGLE PROJECT

Every Aspiring Gynecologist Learns Endoscopy





Publications: Health Map of Indian Women & Adolescents

"Our mission is to meticulously map the prevalence of key health conditions among women across India, focusing on diverse socioeconomic and geographical segments. By studying a minimum of 1 lakh to 50 Lakh women in each category, we aim to build a comprehensive database that will not only highlight regional health disparities if any but also position FOGSI as a global leader in understanding and addressing women's health

Publication on 7 common conditions

1. Study to Assess the prevalence of hypertension, diabetes and thyroid disorders during pregnancy.

2. Study of prevalence and severity of anaemia among pregnant women in India
3. Study on prevalence of depression in perimeno-pausal women across India.
4. Study of Prevalence and etiology of Post Meno-pausal bleeding.
5. Study on Prevalence of Obesity in Adolescence.
6. Study to evaluate the prevalence of complications in the postpartum period.
7. Study on understanding the acceptance and usage patterns of various contraceptive methods among women in India.



Perimenopausal

<https://forms.gle/ogGN4scEMZxBAAtD6>



Anaemia

<https://forms.gle/9YeTSLsM5eZJXxJL7>



Obesity In Adolescence

<https://forms.gle/suNTwaxPUfxbz9so9>



Post Menopausal Bleeding

<https://forms.gle/WwxnBgGnrmMVMDuQA>



Post Partum Complications

<https://forms.gle/vY7fyByFcztuXi1U6>



Medical Disorders

<https://forms.gle/kXMHzb5rUNBM2LBG9>



Contraception

<https://docs.google.com/forms/d/e/1FAIpQLSdR6THDWI0QDLoy6KA0VkJQWomag4p6YgyXOAz2VsNJTU8-Fw/viewform?vc=0&c=0&w=1&flr=0>



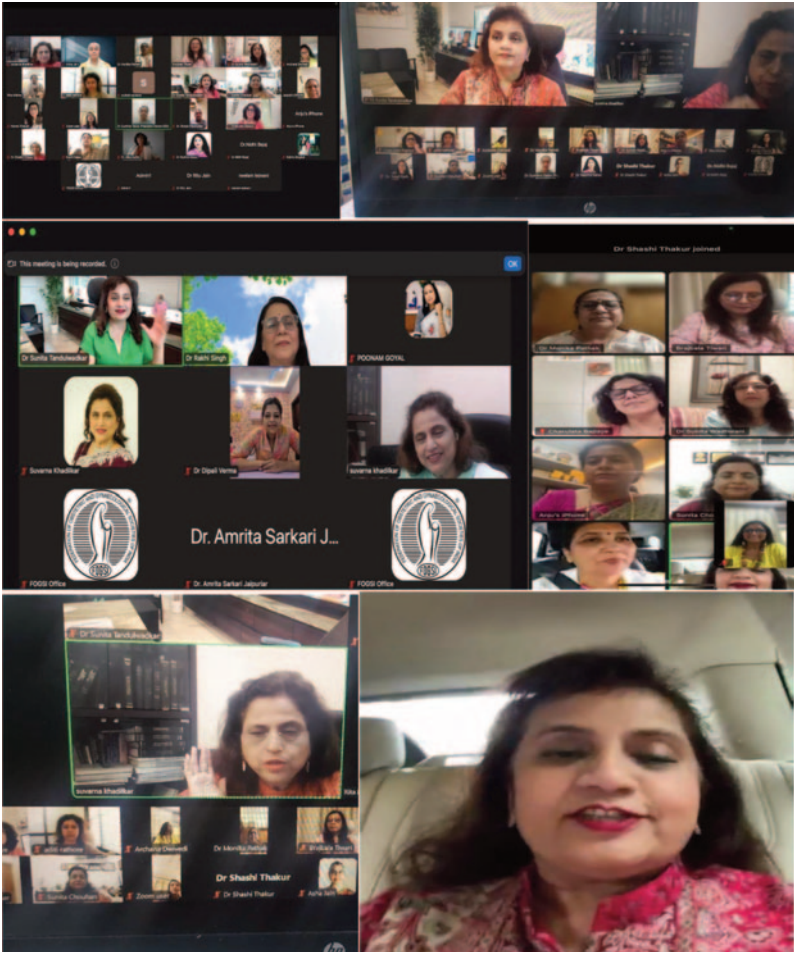
Know your Number

<https://forms.gle/7G3rZCj4WmUmdwZJ8>

FOGSI ANUBANDH WITH UP, MADHYAPRADESH CHATTISGARH AND RAJASTHAN

FOGSI ANUBANDH continues with President FOGSI meeting all the Presidents And Secretaries of UP, MP, Rajasthan and Chhattisgarh in the month of May on 13th and 27th . The team FOGSI with President Secretary General and all Office Bearers along with the FOGSI Committee Chairpersons took part in this virtual meet to discuss

FOGSI Campaigns, initiatives, Social Projects, academic activities. The meetings were interactive, Productive, thought provoking leading to much more bonding, connectedness between all the Societies and FOGSI Leadership.



FOGSI COMMITTEE CHAIRPERSON REPORTS

FOGSI Infertility Committee Report

Chairperson: Dr. B. Kalpana
Reporting Period: January to May 2025

Introduction

Under the visionary leadership of FOGSI President Dr. Sunita Tandulwadkar, the FOGSI Infertility Committee, chaired by Dr. B. Kalpana, has undertaken a wide spectrum of impactful initiatives. These programs spanned public education, clinical training, research dissemination, and inter-professional collaboration aimed at addressing male and female infertility in India. Key Initiatives and Activities

1. Know Your Numbers (KYN) Campaign
A nation-wide outreach program promoting health literacy and fertility awareness through BMI, BP, and

blood sugar tracking.
Total Responses Collected: 3,500
Venues:
- Government Theni Medical College (15.02.2025)
- Velammal Bodhi Campus, Madurai (25.03.2025)
- Guru Hospital, Madurai (01.04.2025)
- Kamarajar Hr Sec School, Thiruppuvanam (05.04.2025)
- K.N. College of Pharmacy, Madurai (08.04.2025)

As part of the Know Your Numbers (KYN) Campaign, we have adopted Vandiyur Village located in Eastern Madurai, Tamil Nadu (03.05.2025). According to the 2011 Census, Vandiyur has a population of 28,646 (Females - 14248).



2. Adolescent Obesity Data Collection
Responses Collected: 527
Focused on linking adolescent obesity with future infertility risk.
3. "SAMPOORNA" SWASTHA JANM ABHIYAN
A maternal health initiative covering nutrition,

menopause, and fetal wellbeing.
Events & Dates:
- Theni (15.02.2025)
Topics: Maternal Nutrition, Menopause, Micronutrients, FOGSI Updates



4. Educational and Academic Programs
Workshops & CMEs & Lectures:
- Hands-on Workshop: Agra (21.03.2025)
- FOGSI ICOG Annual Conference – Pune (01.03.2025)
- Tirunelveli Infertility CME (26.01.2025)
- 67th AICOG - Mumbai Workshop (08.01.2025)

- ICOG East Zone Conference, Kolkata (18.04.2025)
- FOGSI Presidential Conference, Visakhapatnam (17.05.2025)
- 67th AICOG -Mumbai Annual Conference on Male Infertility (08.03.2025)



5. Gyan Pravah Podcast Series (FOGSI Presidential Initiative)
- Ep. 14 (11.02.2025): "Every Child Deserves a Home & Love"

- Ep. 42 (11.03.2025): "A Journey to Get Tails"
- Ep. 73 (11.04.2025): "ART Bill"
- Ep. 103 (11.05.2025): "Beyond the Borders"

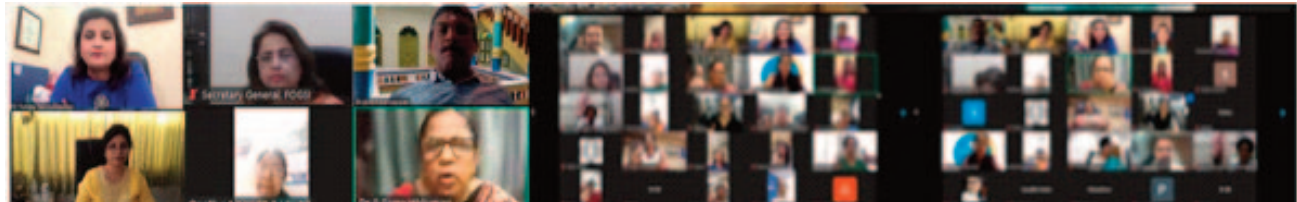


6. Publications
Released on 08.01.2025:
- Textbook of Basics in Male Infertility
- FOGSI Focus Plus on PCOD
- FOGSI Focus Plus on Infertility Management



7. Representation and Policy Engagement
FOGSI Anubandh Meeting (11.02.2025): Addressed

PCPNDT compliance, nursing home concerns, and implementation of FOGSI programs.



8. Physical CMEs with GSK
- Thanjavur (03.05.2025)
- Coimbatore (10.05.2025)

- Erode (11.05.2025)
Topics: ART Bill, Maternal Immunization (Reverse Panel Format)



Summary of Achievements

Activity Type	Count
KYN Data Collected	3,500
Adolescent obesity Data Collected	527
Infertility Workshops	7
Physical CMEs with GSK	3
Sampoorna CMEs	1
Gyan Pravah Podcast Episodes	4
Books/FOGSI Focus Released	4

SAFE MOTHERHOOD COMMITTEE REPORT

FOGSI Annual Summary: January 2024 –May 2025
Presented by: Dr. Poonam Goyal, Chairperson, SMC- FOGSI

I have had the honour of serving FOGSI as the Chairperson of the Safe Motherhood Committee from January 2024 till present. During this period, I have had the privilege of working under the visionary leadership of, Dr. Jaydeep Tank and Dr. Sunita Tandulwadkar. I extend my heartfelt gratitude to Dr. Jaydeep Tank Sir for his time-to-time guidance, invaluable tips and Dr. Sunita Tandulwadkar Madam for giving me the freedom and encouragement to lead, innovate, and collaborate across multiple verticals of maternal health. My deep thanks to FOGSI Office Bearers for their unwavering support. Acknowledgement is also due to my dynamic team of executive members and experts who have passionately contributed to the SMC’s endeavours. True to its mandate, the Safe Motherhood Committee has focused on enhancing maternal care, addressing regional disparities, and amplifying public and professional education on maternal health and safety. Our programs have spanned diverse geographies and addressed varied population needs—from grassroots community training to high-level academic deliberations—unified by one purpose: to ensure dignified, respectful, and safe care for every mother.

The year 2024 began with renewed energy as we launched a series of online programs like ODOT-One Day One Topic, SHIELD Series (Safeguarding Health in Every Labour Delivery) and E-Clinical Grand Rounds for PG training. There were regular webinars on different

maternal health-related topics.

Online Programs: Throughout the year in 2024, SMC embraced digital platforms to deliver high-impact webinars on crucial maternal health themes. Kicking off with a session on PPH: A Bundle Approach in collaboration with Ludhiana Society. A well-attended webinar on RPL in partnership with the Society of Fetal Medicine. In March, a session on Cervical Cancer Screening and HPV Vaccination marked International Women’s Day. June brought a powerful discussion on The Maternal Near Miss, led by senior faculty. July featured focused webinars on the Surgical Checklist in the Previous CS and GDM Management. In August and September, we addressed Antepartum Haemorrhage, Hypertensive Disorders of Pregnancy and PPROM, combining real-world case analysis with clinical protocols. Each session underscored our commitment to capacity building and timely knowledge dissemination.

Workshops: The Safe Motherhood Committee actively organized a series of hands-on and hybrid workshops aimed at strengthening obstetric clinical skills across India. These included focused training on managing PPH at Lala Ded Hospital, Srinagar, and a PPH drill workshop in Sewagram in collaboration with WHO and Jhpiego. A Critical care workshop in obstetrics was held in Vizag with OGSV, alongside operative delivery sessions during the SZ Yuva FOGSI conference in Mysuru. Additional skill-building included a Celestial Birthing Workshop during the AOGD Annual Conference & a comprehensive Birthing Skills and Managing Complications at the EZ Conference in Siliguri. Each workshop emphasised

practical, evidence-based approaches tailored to both urban and rural care settings. In 2025 again had the privilege to do it in AICOG Mumbai on the topic of Obstetric Emergencies. The Obstetric Kaleidoscope was conducted at the VP Conference in Kolkata. In all workshops, hands-on NSAG and UBT were sought after. SMC had Active Participation in the 66th and 67th AICOG.

Training Programs: SMC conducted impactful training programs for frontline workers and ASHA workers in Delhi and Assam, and a focused session for Medical Officers at Kurnool on ANC and referral protocols. These efforts were complemented by awareness sessions across Andhra Pradesh, Pravara, and Agra to strengthen grassroots maternal health practices. An online certificate course for Obstetricians on “Perinatal Mental Health” was successfully conducted in collaboration with RCOG and PARC. The initiative was appreciated by one and all.

Collaborative Advocacy: Engaged in technical consultations on fetal monitoring, labour induction, and HPV vaccination with organisations such as Jhpiego, USAID, UNICEF, and ICMR. Myself and VP Dr. Shyamal Sett represented FOGSI at the Thalassemia Conclave in Delhi on 28th February 2025. Key themes included universal HPLC testing, gene therapy, and strengthening government collaboration. I had the privilege to represent FOGSI at the World Health Summit Regional Meeting (Apr-2025) at Bharat Mandapam, New Delhi, contributing to panels on reducing MMR/NMR, addressing contraceptive care gaps, and advocating for national attention to menopause. The summit reinforced FOGSI’s commitment to advancing comprehensive women’s health on global platforms. It was an honor for me to represent FOGSI.

Community Engagement and Outreach: SMC conducted 5 health camps and 23 public awareness programs, reaching hundreds of women and adolescents, particularly in underserved regions, focusing on anaemia prevention, antenatal care, and safe birthing practices. It also participated in national consultations to strengthen the care continuum and launched the YouTube channel “Wisdom Nuggets” for accessible, evidence-based education.

Special Milestones: I along with Dr Mitra Saxena, visited Frankfurt University, Germany at President Elect FIGO Dr. Frank Louwen’s center to deepen my knowledge on breech vaginal birthing and India’s connection to global obstetric practices.

Sampoorna: I was given the responsibility of the Presidential Project Sampoorna “Swastha Janm Abhiyan”. Across 15 cities, sessions held in collaboration with local societies, promoting inclusive, evidence-based practices focused on Pre-Conception Care, planned Pregnancy, Maternal nutrition, high-risk pregnancy, and fetal well-being. Reinforcing FOGSI’s commitment to comprehensive care of women and reducing MMR, achieving SDG much before 2030.

Important celebration: SMC celebrated National Safe Motherhood Day in 2024 in an online format with 8 other committees, with lots of activities. This year, we celebrated it nationwide with remarkable enthusiasm, culminating in making a record e-Pledge campaign recognised by the India Book of Records (IBR). The initiative saw widespread participation from FOGSI societies, healthcare providers, and communities, reinforcing the national commitment to respectful and safe maternity care for every woman. Physical CME with 40 Public Awareness camps and distribution of a Booklet on Preconception care were also done. In May 2024, the “Cherishing Motherhood” event was held on Mother’s Day, focusing on PPH.

Gyan Pravah Podcast: As part of the Presidential initiative, I have been a part of four insightful podcasts in 2025 featuring Dr. Kantikar, Dr. Vipul Tyagi, Mr. Rishi Tandulwadkar, and Dr. Vinay Aggarwal. These conversations explored critical issues in maternal health, policy, and innovation, extending the committee’s educational mission through engaging digital platforms.

Spiritual Symphony: Arogya – Yog Yatra” was organized at AIIMS Rishikesh in February 2025, focusing on integrating yoga and holistic well-being into women’s health. It was a unique experience for me.

Shield Series (Safeguarding Health in Every Labour Delivery) In Association with Practical Obstetric Committee Headed By Dr Mitra Saxena			
Month	Topic	Chief Guest	Delegates
May-24	Enigmatic Primi	Dr. Narender Malhotra	100
Jun-24	The Art Of Birthing	Dr. Jaydeep Tank	175
Jul-24	Insights on Preterm Labor	Dr PK Shah & Dr Lila Vyas	127
Aug-24	When Tradition Weds Technology	Dr. Jaydeep Tank & Dr Sheela Mane	107
Sep-24	Shielding an OBESE Pregnant Woman	Dr. Jaydeep Tank & Dr. Uma Ram	155
Oct-24	Assessing the Fetal Resilience: Before the Final Journey	Dr Narender Malhotra	100
Nov-24	Guarding the Gate: Advances in Diagnosis and Management of cervical integrity	Dr Gita Arjun	157
Dec-24	SILENT ANTIBODIES : LOUD OUTCOMES: All you need to know about Rh.	Dr. Jaydeep Tank & Dr Charmila Ayyavoo	180

ODOT (One Day One Topic)			
Month	Topic	Chief Guest	Faculty
Mar-24	GDM	Dr Jaydeep Tank Dr Jayam Kannan	Dr Hema Diwakar Dr Pikee Saxena Dr Alka Panday Dr Sheshai
Jun-24	Liver Diseases in Pregnancy	Dr. Jaydeep Tank Dr Madhuri Patel	Dr Rajneesh Gulati Dr Sadhana Gupta Dr Girija Wagh Dr Charu Sharma
Sep-24	Disrupted Waters: Addressing the challenges of PPROM	Dr Alpesh Gandhi Dr Jaydeep Tank	Dr Charmila Ayyavoo Dr Parikshit Tank Dr Jharna Behura.
Dec-24	The Missing M in Maternal Health	Dr Sunita Tandulwadkar Dr Prabha Chandra	Dr Sundar Nag Dr Shubhangi S Dere





STATE PRESIDENTIAL REPORTS

State President's Column - UP

The foundation of UP Chapter of Obstetrics and Gynaecology was laid down in 1986 by Padmashri Dr. Usha Sharma from Meerut with the aim to provide platform to young practitioners & post graduates of state, who are not much benefited by bigger national conferences due to huge number of delegates. Since then it is expanding every year. Now we have more than four thousands members.



Dr. Saroj Singh, Dr. Richa Singh, Dr. Shikha Singh with Dr. Narendra Malhotra & Dr. Jaideep Malhotra under the guidance of Dr. Usha Sharma. Renowned faculty from state and different parts of country participated with registration reaching up to 800 and more than 200 papers/posters were presented by postgraduates. FOGSI President Dr. Sunita Tandulwadkar was the Chief

Guest for the event. She gave her oration on 'Endoscopy & me-A love affair' and started her project on 'Nirmal Banaras Abhiyan'. FOGSI

UPCOG has its own Indexed Journal which is published twice a year. The Journal had been a great help to obstetricians & gynaecologists to get

UPCOG Office Bearers	
Chief advisor	Dr. Raj Baweja
Chief Patron	Dr. Usha Sharma
Patron	Dr. Chandravati
Patron	Dr. Meera Agnihotri
Advisor	Dr. Narendra Malhotra
Advisor	DR. Jaideep Malhotra
Immediate Past President	Dr. Kirti Dubey
President	DR. Saroj Singh
Vice President	Dr. Sadhana Gupta
Vice President	Dr. Ranjana Khanna
Secretary	Dr. Bharti Maheshwari
Joint Secretary and Treassurer	Dr. Priyanka Garg
Joint Secretary	Dr. Esha Khanuja

the merit as per norms of MCI.

ANNUAL CONFERENCE: UPCOG is organizing annual conference in different cities of state since 1986. Till now 36 such conferences have been successfully organized. Each Conference is attended by seven to eight hundred delegates with great enthusiasm. It includes Pre- Conference Workshops, Seven orations, Symposiums & Panel discussions. Participation of Post graduates is also assured by organizing paper/ poster presentation, PG Quiz and other activities. There are many awards to encourage young participants. 36th annual conference (UPCON-2025) was organized at Agra on 21st to 23rd March, 2025 by

UPCOG Committees	Chairpersons
Endocrinology Committee	Dr. Reena Shrivastava
Surakshit Matratva Committee	Dr. Manju Verma
	Dr. Ranjana Khanna
Oncology Committee	Dr. Mridula Sharma
	Dr. Pragati Agarwal
Fetal Medicine Committee & Genetics	DR. Neharika Malhotra
	Dr. Shehla Jamal

President Elect Dr. Bhaskar Pal and five Past Presidents of FOGSI also blessed the occasion and shared their experiences.

Pre-Conference Workshops were organized on Endoscopy and Vaginal Surgery (Live), PPH and Critical Care in OBG, Ultrasound Masterclass with Hands On, Cosmetic and Aesthetic Gynaecology and Assisted Reproductive Techniques on 21st March. Walkathon with theme "Colours of Women Health, Your Health, Your Priority, And Our Concern", was organized on 20th March, 2025. A Nukkad Natak was also performed to create awareness on Cervical Cancer Vaccination. Public Forum on 23rd March was conducted successfully to give messages on need for regular Antenatal Care, Cancer Awareness and Avoiding Plastic Use. 37th

Annual Conference of UPCOG is planned at Varanasi.

UPCOG MIDTERM CME: It is being organized every year since 2014. 10th Midterm CME was organized at Muzaffar Nagar on 9th & 10th November 2024 by Dr. Kirti Dubey, Dr. Bharti Maheshwari and Dr. Priyanka Garg under guidance of Dr. Usha Sharma. 11th UPCOG Midterm CME is planned for 23rd and 24th August, 2025 at Greater Noida.

UPCOG was invited during 67th AICOG 2025 for a Panel Discussion on IMPLEMENTING SOCIAL POLICIES IN MATERNAL HEALTH. It was moderated by Dr. Kirti Dubey and Dr. Priyanka Garg with Dr. Usha Sharma as expert and senior members of UPCOG participated as panellists.

ONLINE ACTIVITIES: Every month two webinars are

conducted on 2nd and 4th Thursday by different Executive members or Committee Chairpersons. Some time joint webinars with other state chapters are being conducted. We had two such webinars on 2nd and 20th May with AMOGS. Online Post Graduate Teaching is conducted every 3rd Saturday. **VISION & FUTURE PLANS:** To improve clinical acumen and skill of members of UPCOG and thereby improving Maternal Health Statistics in our state. Workshops in smaller cities of UP are being planned to update their expertise. UPCOG is committed to work hand in hand with FOGSI in all its projects following FOGSI theme of Ek Rashtra-Ek Mission. Swastha Naari-Samruddha Vatan. Har Ghar FOGSIAN.

Long Live FOGSI, Long Live UPCOG.



State President's Column - Tamilnadu



President
Dr. C. Ramanidevi



Founder Secretary
Dr. S. Sampathkumari

Tamil Nadu Federation of Obstetrics & Gynaecology (TNFOG)

TNFOG had its genesis with the coming together of 21 OG Societies in Tamil Nadu to form a set of Uniform Guidelines, both for academics and to create awareness on women's health from Puberty to Menopause under a single arch.

A glance at our programs and events:

Cyclical programs -

- Every second Friday of the month was marked as Marathon CMEs - webinars were conducted regularly with a single theme, comprising three sessions: the first for Yuvas with two orators, the second for Updates by Senior consultants, and the third a Panel involving societies. The Best YUVA orator will be awarded at the Annual Conference. YUVAs are judged by the same teachers throughout the year.
- The last Saturday of the month will be for BHODHANA - sessions for PGs conducted with 2 PGs presenting a single case with 2 internal & 2 external examiners discussing threadbare the chosen topic for 60 minutes.

Events for the society at large:

- Paramedical Workshop with TN IMA Women's Wing for 6 days -1 hour daily for a week, covering 6 Ps of OBSTETRICS
- Four Certificate Courses for consultants were started in Feb'25 on Foetal Medicine, Urogynaecology, Infertility & Labour Management. Monthly 2 classes for 2 hours by Experts for all courses on different days, taken with a pass-out exam at the end of the course to earn a Proud certificate.
- 2 NEW SOCIETIES were started this year, & Efforts are taken to increase FOGSI membership in all societies.

FOGSI Events:

- A TNFOG SESSION for 1 hour was conducted at AICOG 25, Mumbai.



- FOGSI President Dr. Sunita Tandulwadkar addressed the state societies as part of FOGSI ANUBANDHA with TNFOG in FEB 2025

- FOGSI 'Know your number' & other projects were done by our members IN ALL SOCIETIES all over Tamil Nadu.
- FOGSI, TNFOG & RCOG - PN MENTAL HEALTH workshop was conducted in 2 sessions, with 40 members in each session
- A FOGSI HPV Awareness program was initiated and carried out in 15 societies of Tamil Nadu by the respective Presidents.

A Unique Event:

- DINDIGAL SOCIETY in the southern Tamil Nadu & TNFOG released an HPV Awareness VIDEO by the local MLA on 26.11.24. This Video is projected in all programs of all societies.
- Vaccinated more than 5000 students in Tamil Nadu within 3 months
- Perineal Workshops were done in association with M/s. Johnson & Johnson Ltd., with an OX tongue and Pig Rectum for juniors in 4 societies - Chennai, Trichy, Tanjore & in 4 medical colleges.

Special Events: A feather in the cap for TNFOG is the

Tamil Nadu Govt permission to conduct SCHOOL HEALTH COUNSELLING sessions in all districts. Last Dec'24 TNFOG had covered more than 3 Lakh students. We are planning to start a similar mega event in the month of June this year. We have 6 TNFOG modules which cover all aspects of Adolescent health - Nutrition, mental health, menstrual health, teen safety, sexual health & vaccination.

- Tamilnadu Govt has planned to start HPV Vaccines in all Govt school. We were included in meeting as Experts. We are also called in as experts in MMR Audit meetings by TN GOVT

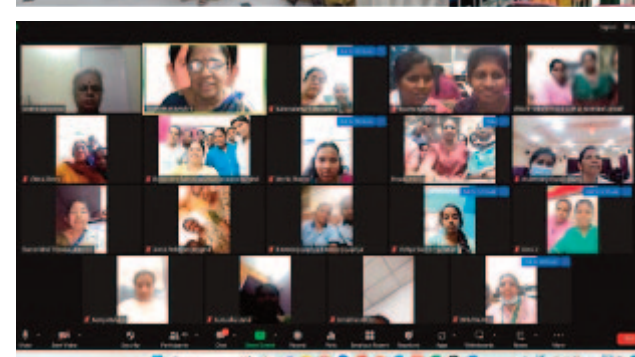
Periodic Events:

- Decided to conduct a Midyear Conference in Dharmapuri in SEPT 2025. The last such conference was conducted in Sept 2024 at Thiruvannamalai where SENIORS FROM EACH SOCIETY WERE HONOURED.
- TNFOG's Annual Conference, the 3rd gala event was conducted in Salem with 640 Registrations. Conducted 6 workshops, 3 Orations, other scientific prog like Debates, PANEL etc. Awards for Best YUVA ORATOR, Best Society, Best committee were given to the deserving candidates. Had more than 100 faculties taking part in the event.

Committee Events:

- We have formed 11 committees to work on various health issues of women of all ages.
 - Monthly a 1-hour class is taken by experts in Endometriosis & Oncology. TNFOG committees work with FOGSI COMMITTEES in tandem along with OTHER State Federations in conducting these webinars.
- We have many energetic youngsters and seniors brimming with experience to guide them and it is a challenge worth taking for the welfare of the society where lies our everything. Only a healthy society paves the way for progress and development. And our tomorrows are dependent on it.

Let's work together and ring in the Bright and Colourful State and the Nation!



THE KNOWLEDGE HUB

The Concept of Multidisciplinary High Risk Maternity Care



Dr Kiranmai Devineni
MD FICOG, Professor of
OBG, GMC
Wanaparthy , KNRUHS
Telangana



Worldwide, 20 million women have high-risk pregnancies, and more than 800 women die daily from perinatal causes.

Of these losses, 6-33% are in the high-risk pregnancy group. 5-10% of all pregnancies are complicated by preeclampsia. Malaria, tuberculosis, and chronic iron deficiency anemia are among the other most common pregnancy complications. 18.3% of pregnant women who were admitted to primary health care services in South India are considered to be high-risk.

- Risk Perception: the way the pregnant woman defines pregnancy-related risks may affect her ability to seek obstetric care and her willingness to maintain/comply with the planned care plan.

- Multidisciplinary Care: is the care relating to or making use of several disciplines at once. Multidisciplinary means that health care providers from different professions provide diagnoses, assessments, and treatment for a safe pregnancy outcome.

- Tertiary care on the other hand refers to the care given to the pregnant woman on referral from primary or secondary medical care personnel by specialists

working in that centre.

- Levels of Care- According to the 2019 ACOG Obstetric Consensus, there are four levels of care for maternity services. This classification system establishes maternal care levels for Basic care (level I), Specialty care (level II), Subspecialty care (level III), and Regional perinatal health care centers (level IV), with the goal of standardizing a comprehensive system for risk-appropriate maternal care.

- LEVEL I caters to low-Risk Women with uncomplicated pregnancies and Women with higher risk conditions like uncomplicated Twin Gestation, Labour after Caesarean, Preeclampsia, and well controlled Gestational Diabetes

- LEVEL II Any patient who is eligible for level 1 care and conditions like Placenta Previa with no previous uterine surgery Pregestational Diabetes Mellitus Poorly Controlled Asthma Chronic hypertension.

- LEVEL III-Any Patient appropriate for level II Care and conditions like moderate maternal cardiac disease, suspected Placenta accreta or Placenta Previa with Previous uterine surgery, Adult Respiratory distress syndrome which may need Antepartum or Postpartum

ventilatory support, Acute Fatty Liver Disease, Coagulation disorders, autoimmune disorders, and severe Preeclampsia remote from term.

- LEVEL IV -Any Patient appropriate for level III care and conditions like Severe Maternal Cardiac Conditions, severe Pulmonary Hypertension, pregnant women requiring neurosurgery or cardiac surgery and Pregnant women in unstable condition in need of an organ transplant.

The Capabilities and Health care providers for the four levels are described in the Consensus, giving credence to the fact that many conditions in High-risk pregnancy need multidisciplinary approach.

Multidisciplinary approach in Placenta Accreta Syndrome is well known. Research shows that the odds of early major maternal morbidity with MDT care was about one-fifth that with Standard obstetric care (aOR 0.22 [95% confidence interval, 0.07–0.71]). Early major maternal morbidity -A change from standard care of patients with PAS to coordinated multidisciplinary care improves maternal outcomes. Women with PAS who were cared for by Multidisciplinary teams had lower median blood loss (2.1 l versus 3 l, P = 0.025) and were less likely to require emergent surgery (23% vs 64%; P = 0.001).

The Obstetric Care Consensus (ACOG) notes that "optimal management [of PAS] involves a standardized approach with a comprehensive multidisciplinary care team accustomed to managing the placenta accreta spectrum." According to the levels of maternal care paradigm, ACOG has also advocated regionalization of care for women with antenatally diagnosed PAS, who, like other women at "extreme risk of massive haemorrhage at delivery," should be referred to and managed in at least a level III hospital.

According to the Royal College of Obstetricians and Gynaecologists, "women diagnosed with placenta accreta spectrum should be treated by a multidisciplinary team in a specialist centre with expertise in diagnosing and managing invasive placentation."

According to an ACOG survey, only 23% of general OBGYNs refer women with PAS to a sub-specialist. Large population-based studies reveal that barely half of PAS patients are diagnosed antenatally. Consider referring to an excellence centre.

Members of the PAS multidisciplinary team must include experienced obstetricians and maternal foetal medicine specialists' radiologists, transfusion medicine experts, obstetric Anaesthesiologists, expert Pelvic surgeons, urologists, Gynaec oncologists, Interventional radiologists, Critical care experts, vascular surgeons,

neonatologists, and pathologists. A well-stocked blood bank is a must-have component of a PAS because MOH-Massive Obstetric Haemorrhage- might occur, which is often abrupt, quick, and life-threatening. A well-defined massive transfusion procedure (MTP), as well as an abundant supply of packed red cells, fresh frozen plasma (FFP), cryoprecipitate, platelets, and fibrinogen Obstetric anaesthesiologists that specialize in catastrophic obstetric hemorrhage.

MDT in Diabetes complicating pregnancy: When compared to the general maternity population, women with diabetes continue to have significantly higher chances of bad pregnancy outcomes. A comprehensive study of 12 populations evaluated over the last decade - 14,000 women with type 1 diabetes with a background population of four million women compared the prevalence of four fetal and neonatal problems, which were two to five times greater in women with type 1 diabetes than in the general population, demonstrating that pregnancy outcomes for women with diabetes had not improved. According to the research, there is a need to increase teamwork among maternity care professionals. Until date, research has failed to specify how healthcare providers should collaborate or how teams should be constituted. There has been little consistency in the models of care women can access within and between maternity organizations. Evaluations of such models of care are scarce, and the influence of these teams on maternal and baby outcomes has yet to be demonstrated. There is a clear gap in evidence about what an optimal MDT model of care should consist of, as well as the clinical and cost effectiveness of various organizational models of care.

The Teamwork in MDT: Teamwork is essential in maternity care services. Poor interprofessional and interagency collaboration leads to poor maternal outcomes. 'Communication failures have been demonstrated to lead to over 70% of unfavourable perinatal outcomes.' At the individual level high caseload, low attendance at meetings, lack of leadership, poor communication, role ambiguity, and failure to consider patients' holistic needs are the barriers to teamwork.

Multidisciplinary Team approach in maternal cardiac disease is also well proven, so much so that its being termed as Cardio obstetric Team. Cardio-obstetrics involves specialists from various professions who care on pregnant patients from conception to postpartum. The Team consists of obstetrician, Primary care physician, cardiology consultation in Modified WHO Class 1, Obstetrician, Physician Cardiology Consultation in WHO

CLASS II Obstetrician, physician Maternal fetal medicine specialist, Cardiology consultation, Cardio obstetrics expert.

Adverse Pregnancy Outcomes and CVD: The link between adverse pregnancy outcomes and long-term CVD risk is becoming more widely acknowledged. Conditions such as hypertensive disorders of pregnancy, gestational diabetes, preterm birth, and small for gestational age are linked to not only short-term maternal and fetal morbidity and mortality, but also long-term risk of cardiovascular events such as myocardial infarction, stroke, and heart failure. Women with APOs are more likely to have CVD risk factors, and the future cardiovascular risk associated with APOs is independent of traditional risk factors. It is unclear whether the link between APOs and future CVD is due to an inherent susceptibility or is the result of vascular insults during pregnancy. The causes are most likely complex, Inflammation, vascular dysfunction, and rapid development of classic CVD risk factors are believed to be the root reasons. APOs are associated with a 2- to 4-fold increase in the risk of composite CVD. In all women, getting a full pregnancy history is an essential component of a comprehensive cardiovascular risk assessment. Because many of these pregnancy complications occur in young women who may not seek preventative care on a regular basis, it is critical to raise awareness about the associated CVD risk among patients and clinicians in a variety of specialties, including internal medicine, family medicine, cardiology, endocrinology, and obstetrics/gynaecology. Implementing preventative techniques such as education, screening, and aggressive risk factor reduction throughout a woman's life may result in improved long-term CVD outcomes in this population. Pregnant women with history of APO Adverse pregnant outcome need a cardiovascular assessment at 12 weeks, 3 months and 6 months after enforcing lifestyle changes. Women may also present during pregnancy with previously undiagnosed CVD or develop new CVD during pregnancy, such as peripartum cardiomyopathy (PPCM).

Preeclampsia and Cardiac complications

Diastolic dysfunction and pulmonary edema are two acute cardiac consequences of pre-eclampsia. Pre-eclampsia is also a known risk factor for PPCM. Hypertension associated with HF symptoms, palpitations, or shortness of breath should necessitate an immediate cardiomyopathy examination. Pregnancy and postpartum stroke are also substantially linked to hypertension.

Postpartum hypertension and pre-eclampsia. Pre-eclampsia is recorded in about 2% to 8% of pregnancies, and contrary to popular belief, delivery of the placenta does not cure the illness. It is now recognized that pre-eclampsia can develop postpartum. Postpartum hypertension may also be secondary to persistence of gestational hypertension or chronic hypertension. Due Consideration for Social Determinants of Maternal Health for Mental health aspects in high risk pregnancy has to be part of multidisciplinary Team management Summary • Any Pregnancy can become High risk any time • Pregnancy is not always Physiological • Detailed History and Screening are very important in diagnosing underlying pathology in an apparently normal Pregnancy • Medical disorders, Surgical Complications, Adverse Pregnancy Outcomes, Obstetric Complications, Preeclampsia, Diabetes, Cardiac Disease, Renal, Neurological disease, Patients needing Critical Care all require multidisciplinary management and collaborative care models • PAS is one condition where MDT has been found superior to Standard care protocol • Women with APOs can have CVS risks long term • Women may also present during pregnancy with previously undiagnosed CVD or develop new CVD during pregnancy, such as peripartum cardiomyopathy (PPCM) • Social determinants of Maternal health are important • Mental health issues in severe morbidity are to be taken care of • Fourth Trimester – 12 weeks and beyond are important for preventive aspects • Role of Mobile technology, Telemedicine concepts need to be explored further in multidisciplinary teams

References

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3. Einerson, B.D., Silver, R.M. Multidisciplinary Teams in the Management of Placenta Accreta Spectrum Disorders. Curr Obstet Gynecol Rep 8, 80–85 (2019). <https://doi.org/10.1007/s13669-019-00264-x>
4. ACOG Obstetric care consensus 2019-levels of care



FOGSI SOUTH ZONAL CONFERENCE WITH *Yuva* 2025



The Sterling Resorts - Fern Hill

OOTY

TAMIL NADU

20th – 22nd
June 2025

Theme:

Controversies, Consensus
and Current Concepts
"Setting Standards High"

Hosted by

COVAI OBSTETRICS AND
GYNAECOLOGY SOCIETY

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FOGSI WEST ZONAL CONFERENCE WITH YUVA

Organised By : Jaipur Obstetrics and Gynaecological Society, Jaipur

DATE: 13TH, 14TH & 15TH JUNE, 2025

VENUE: THE PALACE BY PARK JEWELS HOTELS AND RESORTS, JAIPUR

Theme
"A Legacy of Learning and Innovation: Infinite Potential, Infinite Possibilities"

25 YEARS @ CELEBRATION OF YUVA FOGSI

Conference BROCHURE

ACADEMIC CALENDAR AT A GLANCE- 2025

Date	Conference	Place	In Charge
8th -12th January	AICOG	Mumbai	Dr. Nandita Palshetkar & team
20th - 21st January	Aarogya Yog Yatra	Tirupati	Tirupati society
24th - 26th January	Presidential conference	Andaman	Dr.Sampath Kumari
1st - 2nd February	Presidential Conference	Ahmadnagar	Dr.Ganesh Bade
7th- 9th February	ISAR Annual	Lucknow	Dr. Rajul Tyagi,Dr. Ameet Patki
14th - 16th February	AMOGS	Chandrapur	Dr.Manisha Ghate & Dr. Kiran Kurtkoti
19th -20th February	Aarogya Yog Yatra	Rishikesh	Dr.Jaya Chaturvedi/Dr.Neena Malhotra/Deheradun society
21st - 23rd February	North Zone Yuva	Delhi	Team Khora makanpur
1st- 2nd March	ICOG	Pune	Dr. Parag Biniwale
14th - 16th March	IAGE AAGL Annual	Pune	Dr. Sunita Tandulwadkar/Dr. Shailesh Puntambekar/Dr. Ashish Kale
18th -19th March	Aarogya Yog Yatra	Puri	Dr.PC Mahapatra & Team Bhubaneswar
20th March	Aarogya Yog Yatra	Varanasi	Dr.Ritu Khanna
2nd - 6th April	Funference	Srinagar	Dr.Narendra Malhotra/Dr.Sudhir Shah/Dr.Deepak Bagade
10th April	South South South Concla	Delhi	Dr.Hrishikesh Pai
11th April	FOGSI cell meeting	Delhi	Delhi Society/FOGSI
12th- 13th April	FOGSI MCM	Delhi	Delhi Society
18th-20th April	VP conference	Kolkata	VP Dr. Shyamal Sett
26th-29th April	IFFS	Japan	Dr. Rishma Pai
1st- 4th May	ASPIRE	Singapore	Dr. Ameet Patki
10th - 11th May	VP conference	Noida	VP Dr.Abha Singh / Dr Rakhi Singh
17th - 18th May	Presidential Conference	Vishakhapatnam	Vishakhapatnam Society
18th - 24th May	FOGSI Overseas Conferen	Baku-Azerbaijan	Respective Committee Chairpersons
5th- 8th June	EBCOG	Frankfurt	
7th - 8th June	Presidential conference	Bangalore	Bangalore OBGYN Society

11th-12th June	Aarogya Yog Yatra	Dwarka & Somnath	Dr. Mahesh Gupta/Jamnagar society/Gandhi nagar society
13th -15th June	West Zone Yuva	Rajkot	Dr. Nitin Lal,Dr. Jigna Ganatra,Dr.Niraj Jadav/Rajkot obgyn Society
20th - 21st June	South Zone Yuva	Ooty	Dr Chandrakala Maran / Coimbatore OBGYN Society
25th - 28th June	ESHRE	Paris	
5th-6th July	Critical Care Conference	Patna	Dr.Vinita Singh
10th July	Aarogya Yog Yatra	Ajmer & Pushkar	Ajmer and Udaipur Society
11-13th July	VP conference	Udaipur	VP Dr.Komal Chavan
13th July	Aarogya Yog Yatra	Shrinathji	Udaipur OBGYN society
25th - 27th July	VP conference	Kanyakumari	VP Dr.Palaniappan & respective team presidents
28-Jul	Aarogya Yog Yatra	Rameshwaram	Madurai OBGYN Society
1st- 3rd August	FOGSI FIGO	Mumbai	Dr. Hrishikesh Pai
22rd-23rd August	RCOG & BFS	London	Dr.Ameet Patki & Dr.Anu Chawla
5th- 7th September	PPH	Ahmedabad	Dr.Mahesh Gupta
10th-11th September	Aarogya Yog Yatra	Mathura and Govardhar	Mathura OBGYN Society
13th - 14th September	Presidential Conference	Kanpur & Dibrugarh	Dr. Meera Agnihotri / Dr Pranay Phukan
19th - 21st September	AICC RCOG	Chennai	Dr.Uma Ram
26th September	FOGSI cell meeting	Mumbai	
27th- 28th September	FOGSI MCM	Mumbai	
5th-9th October	FIGO	Cape Town	
18th - 19th October	Presidential Conference	Meerut	Dr.Usha Sharma/Dr.Bharti Maheshwari
25th - 29th October	ASRM	San Antonio-Texas -USA	
7th- 9th November	East Zone Yuva	Shillong	Dr.Shyamal Sett & Shilong OBGYN Society
14 th - 16th November	Presidential conference	Pune	Dr.Sunita Tandulwadkar & Dr.Ashwini Kale POGS
5th - 7th December	VP conference	Nashik	VP Dr.Varsha Baste
10th - 11th December	Aarogya Yog Yatra	Ayodhya	Dr. Pritikumar & Lucknow OBGYN society



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