

Nurse's Professional Development and Excellence

A+++ HRP Care Centre needs to train nurses in the following areas:

1. Admission, Discharge, and Transfer of Patients
2. Scrubbing Techniques and Hand Hygiene
3. Intravenous (IV) Line Management
 - Identifying and using different cannula sizes
 - Administering various IV fluids
4. Use of Infusion and Syringe Pumps
5. Catheter Management
 - Insertion and removal of catheters
 - Catheter care
6. Maintaining Input/Output Charts
7. Vital Signs Monitoring (MEOWS) (SBAR)
 - Measuring vital data
 - Using pulse oximeters
 - Observing, recording, and reporting vital signs
8. Identification of Anemia and Warning Signs
9. Foetal Heart Sound (FHS) Monitoring
 - Using a stethoscope or foetal Doppler
 - Identifying abnormal FHS
10. Delivery Assistance
 - Preparing delivery trays
 - Assisting in vaginal deliveries
11. Cord Management
 - Cutting and clamping the umbilical cord
 - Cord blood tests
12. Active Management of the Third Stage of Labor (AMTSL)
13. Neonatal Care
 - Drying and keeping the baby warm
 - Using neonatal warmers

- Maintaining temperature in labour rooms (LR) and operating theatres (OT)

14. Placenta Management

- Confirming complete expulsion of the placenta
- Placental examination and HPE if disposed

15. Wound Care

- Dressing episiotomies, surgical wounds, and other types of wounds

16. Postpartum Hemorrhage (PPH) Identification

- Pulse/BP measuring
- Visual inspection/ actual measurement

17. Blood Transfusion Monitoring

- Consent taking and Blood unit/bag checking
- Monitoring of blood transfusion
- Identifying signs of transfusion reactions

18. Breastfeeding Support

- Teaching proper breastfeeding methods

19. Pre-operative and Post-operative Care

- Lower extremity (L/E) care/DVT Score
- Measuring abdominal girth

20. Surgical Preparation

- Preparing trolleys for dilation and evacuation (D&E), operative vaginal delivery, lower segment caesarean section (LSCS), hysterectomy, etc.

21. Intra-operative Care

- Painting and draping
- Counting instruments, mops, and swabs, UOP, Patient vitals, IV fluids

22. Oxygen Administration

- Opening oxygen cylinders
- Administering oxygen to mothers and babies

23. Suture Material Identification

24. Injection and Medication Administration

- Identifying and administering injections and medications

- Proper storage of medications

25. Inventory Management

- Maintaining stocks
- Checking expiry dates of medicines and inventories

26. Emergency Tray Preparation

- Preparing and keeping PPH, eclampsia, and HIV trays ready

27. Biomedical Waste Management

- Segregating biomedical waste

28. Infection Prevention Practices

- Sterilizing instruments and drums
- Maintaining sterilization registers

29. Intrauterine Device (IUD) Management

- Assisting with the insertion and removal of IUDs

30. Technical Procedures

- Performing and assisting with procedures such as Ryle's tube insertion, suction, dressing, irrigation, enema, gastric lavage, and hot and cold applications, gag

31. Maternal and Neonatal Care

- Providing care as per the treating doctors' advice
- Mother position

32. Drain and Catheter Care

- Managing abdominal drains, catheter care, skin care, oral care, and cord care

33. Patient Hygiene

- Maintaining the personal hygiene of patients

34. Sample Management

- Collecting, labelling, and dispatching samples and specimens

35. Procedure and Test Management

- Preparing, assisting, observing, recording, and reporting procedures and tests

36. Patient and Family Counseling

- Documentation

37. Rehabilitation Support

- Assisting with ambulation, physiotherapy, and rehabilitation

38. Patient Escorting

- Escorting serious patients to and from the ward for investigations and cross-references

39. Cardiopulmonary Resuscitation (CPR) and Advanced Life Support

- Knowing proper methods of CPR, Basic Life Support (BLS), and Advanced Cardiovascular Life Support (ACLS)

40. Diet Supervision

- Managing diets such as Nil By Mouth (NBM), liquid diet, semisolid diet, and solid diet

41. Shift Management

- Handling and taking over charges of patients and inventory in each shift

42. Duty Roster Maintenance

- Reporting
- Dress code, hygiene and selfcare

43. Medico-legal Case Reporting

- Reporting any medico-legal cases admitted to the ward

44. Incident Reporting

- Reporting incidents such as fire, theft, etc., in the ward

45. Patient Rights and Responsibilities

- Understanding and communicating patients' rights and responsibilities charters

46. Respectful Maternity care

- Different components of respectful maternity care like dignity, autonomy, empathy, privacy, confidentiality, feelings, preferences, including companionship etc

This comprehensive training program aims to enhance the professional development and excellence of nurses at the A+++ HRP Care Centre, ensuring high standards of patient care and safety. Train your support staff for the above-mentioned nursing skills and care.