



South Asian Federation of
Obstetrics and Gynaecology

14th SAFOG CONFERENCE

on

"Cutting Edge Management in ObGyn"

in association with

The Federation of Obstetric and
Gynaecological Societies of India

hosted by

The Mumbai Obstetric &
Gynecological Society

23rd - 24th September 2023

Venue: The Lalit, Mumbai,
Andheri (E), Mumbai 59 INDIA

FIVE PRECONGRESS WORKSHOPS

Friday 22nd September 2023
at Cooper Hospital, Juhu and
Holy Spirit Hospital, Andheri



MMC
&
ICOG
POINTS
APPLIED

Online Registration : <https://tinyurl.com/14th-safog>



Dr. Rohana Haththotuwa

President SAFOG

I am happy to send this message for the 14th SAFOG conference, organised by SAFOG in association with the Federation of Obstetrics and Gynecological Societies of India (FOGSI) and hosted by the Mumbai Obstetrics and Gynaecological Society, and will be held in Mumbai, India.

I wish to congratulate Prof Shyam Desai, President Elect SAFOG, Dr. Hrishikesh Pai president FOGSI, Dr. Madhuri Patel Secretary General FOGSI, Dr. Jaydeep Tank President Elect FOGSI, Dr. Bhaskar Pal FOGSI Representative to SAFOG, Dr. Anahita Chauhan President MOGS and Dr. Shailesh Kore Secretary MOGS and the other leaders of FOGSI and MOGS for organizing this wonderful conference.

SAFOG countries have a significant percentage of the Global population and still make a major contribution to maternal deaths and NCDs globally. Gynaecological cancer rates are still higher in the South Asian region and proportion of deaths due to cancer is also high in our region, Similarly gender based violence is a major concern in South Asia.

I am certain that the 14th SAFOG conference with the theme 'Cutting edge management in ObGyn' will address these issues and would come out with action plans which SAFOG will be able to carry forward in association with the member countries to uplift the women's health and women's rights in our region.

The organisers have come up with an excellent scientific programme involving very knowledgeable speakers not only from South Asia but from around the world. In addition, very informative Pre congress workshops have been planned.

I also thank FIGO and AOFOG for joining in the conference and supporting SAFOG which will further enhance the relationship between our organisations

As we enter the post pandemic world let's reemphasize the value of meeting each other in person and renew our relationships and also make new friends exchange. We all will benefit from our close relationships and strong combined advocacy which would help our members and women.

I invite everyone to the 14th SAFOG conference and look forward to seeing everyone in Mumbai in September.



Prof. Sir Sabaratnam Arulkumaran

Cutting edge management in Obstetrics & Gynaecology

Professor Shyam Desai, incoming President of the South Asian Federation of Obstetrics & Gynaecology (SAFOG) and officers, I am delighted to participate in the 14'th SAFOG conference that will take place in September 2023 in Mumbai, India. My respect to the SAFOG committees to have tailored the program with a vision of discussing and debating the 'Cutting edge managements in O & G'. It humbles me to be with my SAFOG colleagues who look after the sexual and reproductive health so admirably of women in nearly 25% of the global population. Without your services there will be no health, wealth, or happiness in the region.

The reputation of the SAFOG as a great organisation Globally should continue. This has been highlighted by the work you have done in significantly reducing maternal mortality in the region, and the work you do against violence against women by advocacy (tackling SDG 3 & SDG 5). To maintain and enhance this respect, the SAFOG has chosen the conference theme to be on 'cutting-edge managements'. Promoting the best cost-effective care based on clinical evidence, evolving technology including data, digital and devices should make members proud and gain respect from the public.

In this era of political uncertainty, climate change related disasters, rise in cost of living, pandemics, and civil unrest we should promote voluntary activity for the betterment of our society. The public should talk about the good things SAFOG members do at the sacrifice of their own time, energy, and money rather than talking negatively about our profession. We should consider advocacy and action for Climate change and Non-Communicable Diseases (NCDs). Activities on climate change and NCDs should help us to improve health of our population. Health organizations are major consumers of energy and use of fossil fuels. We should promote all health organizations, to switch to 100% renewable energy. Solar energy is found in plenty in SAFOG region. We should strive to reduce non communicable diseases, especially obesity and its adverse consequences. Provision of care based on the principles of human rights would enhance the care given to our patients. I am grateful to you for providing me the enormous privilege of being Chief Guest of this prestigious conference which would consider the above aspects.

My very best wishes to each one of you for your good health, happiness, and prosperity

A handwritten signature in black ink, appearing to read 'S. Arulkumaran', written over a horizontal line.

Prof. Sir Sabaratnam Arulkumaran

PhD DSc FRCS FRCOG

Past President of the RCOG, FIGO & BMA Visiting Professor, Imperial College, London

Dear colleagues and friends,

We are delighted to share with you that the 14th SAFOG Annual Conference is being organized at the Hotel Lalit, Mumbai on 23rd -24th September, 2023. The Conference theme is “**Cutting Edge Management in Obgyn**” and will have a galaxy of eminent stalwarts who will be present during this landmark event, from the South Asia Region and beyond .

Professor Sir Sabaratnam Arulkumaran, Past President FIGO and RCOG has kindly consented to be the Chief Guest for the Conference. The icing on the cake will be the installation of our very own Dr Shyam Desai, Past President MOGS and FOGSI, as the President of SAFOG.

We will have two SAFOG Conference orations being delivered by Dr Rohana Haththotuwa and Dr Shyam Desai, and MOGS Dr. M. Y Raval Oration by Dr Hrishikesh Pai. The themes for the orations and the keynote addresses have been carefully chosen by the Scientific Committee to reflect the current modern viewpoints in healthcare planning and delivery in our field.

We are excited to offer five pre-congress workshops, including endoscopy, infertility, obstetric dilemmas, obstetric ultrasound and encourage you to participate in any one of them.

You can expect a warm welcome with a Presidential Dinner on Friday 22nd September and a wonderful, glamorous, evening function on Saturday 23rd September with leading celebrities from Bollywood, with SAFOG, FOGSI and MOGS members taking centre stage to the theme of “Cultural highlights of South Asia”

We look forward to your active participation in the Conference and hope to see all of you at this landmark event!



Dr Shyam Desai
President Elect, SAFOG



Dr Hrishikesh Pai
President, FOGSI



Dr Anahita Chauhan
President, MOGS

ORGANIZING TEAM

ORGANISING CHAIRS

Prof. Shyam Desai, India
(President-SAFOG 2023-25)

Prof. Hrishikesh Pai, India **Prof. Anahita Chauhan**, India

ORGANISING CO-CHAIRS

Prof. Lubna Hasan, Pakistan **Prof. Rohana Haththotuwa**, Srilanka **Prof. Narendra Malhotra**, India
Prof. Kusum Thapa, Nepal **Prof. Rowshanara Begum**, Bangladesh

SCIENTIFIC CHAIRS

Prof. Rubina Sohail, Pakistan **Prof. Firdousi Begum**, Bangladesh
Prof. Rishma Dhillon Pai, India **Prof. Jaydeep Tank**, India

ORGANISING SECRETARIES

Prof. Yousuf Latif Khan, Pakistan **Prof. Farhana Dewan**, Bangladesh **Prof. Bhaskar Pal**, India
Prof. Madhuri Patel, India **Prof. Shailesh Kore**, India

TREASURERS

Prof. U Ratnasiri, Srilanka **Prof. Parikshit Tank**, India **Prof. Kedar Ganla**, India

INTERNATIONAL ADVISOR

Prof. Sir Sabaratnam Arulkumaran, UK

BOARD OF ADVISORS

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FOGSI OFFICE BEARERS

Dr. Hrishikesh D. Pai **Dr. Jaydeep Tank** **Dr. S. Shantha Kumari** **Dr. Madhuri Patel**
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Dr. Alka Pandey **Dr. Asha Baxi** **Dr. Geetendra Sharma** **Dr. S. Sampathkumari** **Dr. Yashodhara Pradeep**
Vice President Vice President Vice President Vice President Vice President

Dr. Suvarna Khadilkar **Dr. Manisha Takhtani** **Dr. Parikshit Tank** **Dr. Niranjn Chavan**
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MOGS OFFICE BEARERS

Dr. Anahita Chauhan **Dr. Niranjn Chavan** **Dr. Suvarna Khadilkar** **Dr. Rajendra Sankpal** **Dr. Shailesh Kore**
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Dr. Geetha Balsarkar **Dr. Kedar Ganla** **Dr. Sujata Dalvi** **Dr. Rajendra Nagarkatti** **Dr. Parikshit Tank**
Jt. Secretary Treasurer Librarian Clinical Secretary Jt. Clinical Secretary

WORKSHOPS on 22nd September 2023

OBSTETRIC DILEMMAS

- ▶▶ Conveners: Dr Rishma Dhillon Pai, Dr Niranjana Chavan, Dr Sarita Bhalerao
- ▶▶ In association with AICC RCOG West zone
- ▶▶ Video sessions on obstetric dilemmas
- ▶▶ Live Practical Workstations on PPH
- ▶▶ Obstetric drills for vacuum, forceps, odon device
- ▶▶ Venue : Cooper Hospital, Juhu

INFERTILITY FOR EVERY GYNECOLOGIST

- ▶▶ Coveners : Dr. Nandita Palshetkar, Dr. Ameet Patki, Dr. Sudha Tandon
- ▶▶ Basic infertility procedures which every gynecologist needs to know
- ▶▶ IUI and semen preparation
- ▶▶ Setting up an ART lab
- ▶▶ Venue : Cooper Hospital, Juhu

LIVE ENDOSCOPY

- ▶▶ Conveners: Dr Rajendra Sankpal, Dr Rajesh Modi, Dr Gaurav Desai
- ▶▶ Demonstration and live relay of a wide variety of gynecological cases, including fibroid uterus, ovarian mass, endometriosis (depending on availability)
- ▶▶ Venue : Holy Spirit Hospital Andheri

OBSTETRIC ULTRASONOGRAPHY WORKSHOP

- ▶▶ Conveners: Dr Archana Baser, Dr Raju Sahetya, Dr Punit Bhojani
- ▶▶ Certificate course with only 60 participants (30 in each session)
- ▶▶ Intensive practical workshop using dummies and 3D and 4D software
- ▶▶ Qualified National Trainers
- ▶▶ Venue : Cooper Hospital, Juhu

FUNCTIONAL GYNECOLOGY WORKSHOP

- ▶▶ Conveners: Dr Narendra Malhotra, Dr Sejal Ajmera, Dr Reena Wani
- ▶▶ Demonstration and /or videos of cases
- ▶▶ Use of botox and fillers
- ▶▶ Setting up a functional gynecology clinic
- ▶▶ Venue : Cooper Hospital, Juhu

Presidential Dinner & YGA Night

on 22nd September 2023

CONFERENCE HIGHLIGHTS

23rd- 24th September 2023 | The Lalit, Andheri



Chief guest and keynote speaker
Prof Dr Arulkumaran Sabaratnam



Three orations by stalwarts of SAFOG and FOGSI



Dr. Rohana Haththotuwa



Dr Shyam Desai



Dr Hrishikesh Pai

Keynote address and invited talks by international speakers:



Dr Marco Malzoni Italy



Prof Mark Hanson UK



Dr Chandrika Joshi USA



Dr Siya Sharma UK



Dr Sucheta Jindal UK

- Nutrition to centre stage (in collaboration with FIGO)
- Talks on a range of topics in obstetrics, gynecology and infertility, with a focus on newer contraceptives, sexual abuse, violence against doctors, gender and gender fluidity
- Fireside chat on Technology in women's health – an update, involving key opinion leaders from SAFOG and FOGSI
- Interesting panel discussions involving leading experts & panelists from SAFOG and FOGSI:
 - Endocrinology in pregnancy
 - Fever in pregnancy
 - Blood and blood products in pregnancy and labor
 - PCOS- from controversy to consensus
 - Obstetric analgesia and anesthesia
 - Recurrent pregnancy loss- current approach
 - Common obstetric problems
 - Cervical cancer – prevention, detection, and management update
 - Abortion- law and practice
 - Medicolegal issues and guidelines
 - Preamble and postscript – from preparations for surgery to post op care
 - Myomectomy – would Victor Bonney be happy?

CULTURAL NIGHT & BANQUET

Registration And Tariff

Inclusive of 18% GST

CONFERENCE	Before 10.7.2023			10.7.23 – 10.9.23			Spot		
	Indian Delegate	PG Student	Foreign Delegate	Indian Delegate	PG Student	Foreign Delegate	Indian Delegate	PG Student	Foreign Delegate
(includes Presidential dinner on Friday night, lunch on Saturday and lunch on Sunday)	₹10000	₹ 6500	\$ 150	₹ 12000	₹ 8000	\$ 175	₹15000	₹10000	\$ 200
Cultural night and banquet Saturday 23 rd	₹ 4000			₹ 4000			₹ 4000		

Inclusive of 18% GST

WORKSHOPS (any one)	Before 10.7.2023			10.7.23 – 10.9.23			Spot		
	Indian Delegate	PG Student	Foreign Delegate	Indian Delegate	PG Student	Foreign Delegate	Indian Delegate	PG Student	Foreign Delegate
Obstetric dilemmas	₹ 2000	₹ 1000	\$ 25	₹ 2000	₹ 1000	\$ 30	₹ 2500	₹ 1200	\$ 35
Infertility for every gynecologist	₹ 2000	₹ 1000	\$ 25	₹ 2000	₹ 1000	\$ 30	₹ 2500	₹ 1200	\$ 35
Live endoscopy	₹ 3000	₹ 1500	\$ 40	₹ 3000	₹ 1500	\$ 40	₹ 3500	₹ 2000	\$ 50
Obstetric ultrasound	₹ 8000	₹ 4000	\$ 100	₹ 8000	₹ 4000	\$ 100	₹ 9000	₹ 5000	\$ 125
Functional gynecology	₹ 5000	₹ 2500	\$ 75	₹ 5000	₹ 2500	\$ 75	₹ 5500	₹ 3000	\$ 100

Payment by NEFT or QRC code

▶▶ **MOGS 14th SAFOG CONFERENCE**

▶▶ Name as per Bank Account: **MOGS 14TH SAFOG CONFERENCE**

▶▶ Bank Account No: **50100598670344**

▶▶ Bank Name: **HDFC BANK**

▶▶ Bank Branch: **KAMALA MILLS COMPOUND, LOWER PAREL, MUMBAI.**

▶▶ RTGS/NEFT/IFSC Code: **HDFC0000542**

Online Registration : <https://tinyurl.com/14th-safog>

Delegate Registration Helpline

MS. SIDDHI SAWANT

Call : 8928763008

TRAVEL AND ACCOMMODATION

Mumbai is often compared to New York and is one of the premier cities in India. Its energy, people and culture are modern and cutting edge. It is extremely well connected to the rest of the country and you can plan sightseeing, day trips or short outings as your schedule permits!

HOTEL TARIFFS

Hotel	Tariff (excluding tax)	Location
Hotel Lalit	9500 - 10500	Venue
Sun City MIDC	8500 - 9000	Within 2 km of venue
Mirage	8500 - 9000	
Tunga MIDC	7500 - 8500	
Solitaire	5500 - 6500	
Planet residency	5500 - 6500	
Silver Inn	4500 - 5500	
Ashwin	4500 - 5500	

Day sightseeing trips

- **Mumbai Darshan** -highlights of Mumbai, from the Victorian era of Fort and Victoria Terminus (now CST station), hanging gardens, to Iskon temple and Juhu beach
- **Bollywood tour** – homes of the stars
- **Slum dog tour** – Dharavi, Asia's largest slum and dhobi ghat where clothes are washed the old-fashioned way
- **Markets tour** – Crawford market, flower market, fish market at Sassoon dock
- Tours can be customised to half and full day

Two and three- day getaways

- **Alibaug** – across the harbor from Mumbai, easily accessible by ferry. Pristine beaches and delicious local seafood
- **Khandala- Lonavala** – Mumbai's most popular hill station which is a 2- hour drive. Lovely atmosphere with low clouds and waterfalls which abound in the rainy season
- **Goa** – India's most popular beaches on the western coast, there's something that suits every budget, from shacks to five star luxury
- **Ellora** – Ajanta and Aurangabad – ancient India at its best. The stunning rock carved temples at Ellora and frescoes at Ajanta are worth a visit. A short flight away from Mumbai to Aurangabad

Authorised travel agent

Please contact Mr. Sheelanand More for more information

More.nandu@gmail.com

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South Asian Federation of Obstetrics and Gynaecology

14th SAFOG Conference

“Cutting Edge Management in ObGyn”

Organized In association with The Federation of Obstetric and Gynecological Societies of India & hosted by
The Mumbai Obstetrics and Gynecological Society

22nd - 23rd - 24th September 2023 | Venue: The Lalit, Mumbai, Andheri (E), Mumbai 59 INDIA

REGISTRATION FORM

Title: Prof. Dr. Mr. Ms Mrs

First Name: _____ Last Name: _____

Gender: Male Female Age _____

Institute/Hospital _____

Designation _____

Address: _____

City: _____ State: _____ Pin: _____ Country: _____

Mobile: _____ Email: _____

Accompanying Person: 1. _____ Age: _____

2. _____ Age: _____

Workshops (Tick Any One)

Contemporary Infertility Cosmetic Gynaecology High Risk Obstetric

Ultrasound Assessment in Pregnancy Gynaecological Endoscopy

Note

- The registration amount can be transferred through NEFT / IMPS / RTGS should be documented by sending the scanned copy of registration form and the receipt(UTR Number) to email ID . It is mandatory for confirmation of registration.
- Conference Registration is mandatory for Precongress Workshop

I am enclosing herewith a Cheque/ Demand Draft No. _____ Date of _____

Rs _____ (in Words _____) only

Drawn on Bank _____ in favour of _____

Payable at Mumbai

Date:

Signature:

MANDATORY INFORMATION TO SUBMIT

- Recent Photo ID Proof for accompanying person (If Less than 12 years)
- First Name, Last Name, Address, State, Pin code, Contact No., Medical Council No., Email ID and Mobile Number of the delegate.

REGISTRATION GUIDELINES

- Send the filled offline form to conference secretariat address given below along with the payment receipt/Cheque/DD Online
- charges will be applicable at 3% of the total amount Conference Registration fees
- include admission to the scientific halls, trade exhibition, inaugural function, lunch inaugural dinner and delegate kit.
- Organizing committee shall not be liable in any form in case of change in date/venue due to unforeseen reasons
- Conference organizers are not responsible for postal delays/ failure of delivery by post or failure of electronic communication
- It is mandatory to submit HOD Letter/PG certificate to avail the registration in PG category

CANCELLATION AND REFUND

- All cancellation should be made in writing and sent to MOGS 14th SAFOG Conference Secretariat Office by 15th August 2023
- 50% refund of the registration fees after deduction of GST
- The refund process will begin only after 30 days of the completion of conference.
- No refund will be done if cancellation of registration is done after 15th August 2023

Attractive
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Call For Free Papers

TOPICS:

Cutting edge management in obstetrics

Cutting edge management in gynecology and infertility

Cutting edge management in contraception

Presenter should be a registered delegate of the conference

Details of registration

Name _____

Age _____ Country _____ Institution _____

Abstract: should not exceed 150 words and should be in standard format of introduction, materials and method, results and observation, discussion and conclusions. **Abstract should be emailed to : mogsfreepapers@gmail.com.**

Last date for Submission 15 - 08 - 2023. Acceptance will be informed by 10-09-2023

Online Registration : <https://tinyurl.com/14th-safog>



Conference Secretariat

The Mumbai Obstetrics and Gynecological Society

C-114 , 1st Floor, "D" Wing Entrance, Trade World , Kamala City
Senapati Bapat Marg , Lower Parel (W) Mumbai 400013

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