January 2024 | Volume 1/2024

AOFOG NEWS



Established 1957 | 26 Countries



Ultra Sound Committee



MIGS Committee



Oncology Committee



President
Pisake Lumbiganon
(Thailand)



President Elect John Tait (New Zealand)



Vice-President Tsung-Hsien Su (Taiwan)



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Council Representative Christia Padolina (Philippines)



I extend my best wishes to each one of you and your families, wishing you a belated Happy New Year for 2024 and beyond. Time really flies as always and my...... Read More...





109th Annual Congress of Korean Society of Obstetrics and Gynecology and the 28th Seoul International Symposium was..... Read More...





AOFOG 2024



SRH Committee



Member Society
Corner



Message from JOGR

AOFOG Committee Chairs 2022/2024

Minimally Invasive Gynecologic Surgery

Tsukasa Baba (Japan)

Maternal & Fetal Medicine

U D P Ratnasiri (Sri Lanka)

Oncology

Ka Yu Tse (Hong Kong)

Reproductive Endocrinology & Infertility

Huang Zhongwei (Singapore)

Sexual & Reproductive Health

Unnop Jaisamrarn (Thailand)

Ultrasound

Voon Hian Yan (Malaysia)

Urogynaecology

Thomas Man-Jung Hung (Taiwan)

Fellowship selection

Pak-Chung Ho (Hong Kong)

YGAA

Jaydeep Tank (India)

President's Message

Dear AOFOG members,

Warmest greetings to all members of AOFOG!



I extend my best wishes to each one of you and your families, wishing you a belated Happy New Year for 2024 and beyond. Time really flies as always and my term as the AOFOG president will conclude in May 2024. The transfer of presidentship will be formalized during the AOFOG 2024 Congress in Busan, Korea, where I will pass the baton to Dr. John Tait, AOFOG President-Elect.

In the busy month of November 2023, I had the honor of delivering a plenary lecture at The Philippine Obstetrical and Gynecological Society (POGS) 2023 Annual Convention and 77th Anniversary Celebration, 7-8 November 2023. The topic, "Clinical Practice Guideline (CPG) — Formulation and Implementation," centered around the WHO recommendations for Intrapartum care for a positive childbirth experience. Professor Mario Festin, my very good friend over the past 30 years, was the reactor for my presentation. After my lecture I was extremely honored to be conferred to be Honorary Fellow of the Philippine Obstetrical and Gynecological Society by Dr. Efren J. Domingo, POGS President.

Further, I was invited to give a plenary lecture on the topic of "Non-clinical interventions to reduce unnecessary cesarean section" and attended The 109th Annual Congress of KSOG & The 28th Seoul International Symposium, 10-11 November 2023 in Seoul, Korea. The cesarean section rates in many countries in our region are continuously and alarmingly increasing despite our effort in trying to slow down or decrease these rising rates. The Joint Japan-Korea-Taiwan Conference showcased outstanding and interesting research works. And our AOFOG session covered four important topics including 1) AOFOG Introduction by Rohana Haththotuwa, Secretary General of AOFOG, 2) Changing Roles of MIGS in Gynecologic Oncology by Professor Tsukasa Baba, chairman of Minimally Invasive Gynecologic Surgery, 3) Impact of Climate Change, Environmental Toxins and Pollution on the AOFOG region: What are we doing? By Professor Krishnendu Gupta, Deputy Secretary General of AOFOG and 4) WHO recommendations: Intrapartum care for a positive childbirth experience by myself. Professor Joong Shin Park also kindly organized an AOFOG officer meeting.

In November, I concluded my activities with a presentation on "Operationalizing Cervical Cancer Elimination in AOFOG" at the HKCOG 35th Anniversary International Conference in Hong Kong (HKCOG 35) on 24th -26th November 2023. There was also a session on the prevention of PPH by using heat stable Carbetocin and our "AOFOG Recommendation on the use of heat stable Carbetocin (HSC) in the prevention of postpartum haemorrhage was mentioned positively. You can find this recommendation on our AOFOG website. I also gave comments that AOFOG is working very closely with WHO, Concept Foundation and Ferring in trying to help low and lower middle-income countries in our region to get access to low cost (comparable to oxytocin) HSC. Hopefully this will save a lot of women in our region who are dying from the preventable PPH.

<u>secretariat@aofog.net</u>

January 31st 2024

As we entered 2024, I participated in the 66th All India Congress of Obstetrics and Gynaecology (AICOG 2024) in Hyderabad, India between 06 - 10 January 2024, with Professor Shantha Kumari as the chairperson of the scientific committee. In this congress, Dr. Hrishikesh, FOGSI President induced Dr. Jaydeep Tank to become the new FOGSI President. This was a gigantic and extremely impressive congress with more than 10,000 participants nationally and internationally. There were so many prominent speakers from all over the world, covering all important sexual, reproductive, maternal and perinatal health issues. I had the privilege of presenting in the Dr. C. G. Saraiya CME session under the topic of "WHO Recommendation - Intrapartum care for positive childbirth experience". I also gave another presentation in the FOGSI-AOFOG Session on the topic of "Effect of climate change on SRH: What should Ob & Gyns do?".

On January 20, 2024, our executive committee and action plan meetings took place in Manila, hosted by the Philippine Obstetrical and Gynecological Society (POGS) under the leadership of Dr. Milagros T. Jocson, the President and Dr. Maria Lourdes B. Coloma, Board Secretary. Dr. Christia Padolina, our AOFOG Council Representative was extremely helpful in organizing the meetings, social activities, and excursion. Discussions revolved around our performance over the past year, identifying successes and challenges, and outlining plans for AOFOG over the next four months before we pass our responsibilities to the next team of officers and chairpersons.



















Always in service,

Pisake Lumbiganon *President, AOFOG.*

Secretary General's Message

Wish Everyone a Happy Dragon New Year....!!!



KSOG Congress

109th Annual Congress of Korean Society of Obstetrics and Gynecology and the 28th Seoul International Symposium was held at Lotte Hotel Seoul, Seoul, Korea from Nov 10th-11th, 2023. As always it was a well-organized conference with large delegations participating from JSOG and TAOG other than from AOFOG. The AOFOG session was addressed by Prof Pisake Lumbiganion, Prof Tsukasa Baba, Prof Krishnendu Gupta and Dr. Rohana Haththotuwa.

An Officers meeting between KSOG and AOFOG had also been arranged where we were able to discuss various matters concerning both organizations. This was followed by a very useful meeting of the organizing committee of the JSOG







2024. This was the first meeting of the organizing committee held face to face as previous meetings were held virtually. Everyone enjoyed the Presidents night and the Banquet and on the last day we were taken on an exciting tour.

AICOG 2024

2024 began with our participating in the AICOG congress which was held from 6th – 10th Jan in Hyderabad India. The conference emphasized on the most recent trends, and advancements in the field of Obstetrics and Gynaecology focusing on the themes of "Obstetric Medicine, Emerging Technologies in Obs & gyn, Sexual & Reproductive Rights and Health, Environment and Reproduction, Pelvic Medicine" and many others. The conference was attended by nearly 10000 delegates and other than AOFOG, FIGO, RCOG, EBCOG, AFOG and SAFOG also participated making it truly an international conference.



Both the President Prof. Pisake Lumbiganon and Dr. Rohana Haththotuwa delivered lectures at the most prestigious session in the Congress the Dr. G. Sariya CME which was attended by around 4000 delegates.

In addition, AOFOG had a session on "Compilation of top issues for women's Health" in the main congress addressed by Prof Pisake Lumbiganon, Prof Joong Shin Park and Prof Unnop Jaisamram. I thank Prof Unnop for organizing the session.

It was a memorable congress for the AOFOG delegates to see, a past AOFOG YGA, Past Deputy Secretary General and Present Chair YGAA committee been inducted as the FOGSI President for year 2024. CONGRATULATIONS to Jaydeep, we are certain that in the coming year the relationship between FOGSI and AOFOG will further Strengthen and that we will have more joint activities under Jaydeep's leadership in FOGSI.

Dr. John Tait was awarded the ICOG Fellowship at the ICOG Convocation ceremony held during the ICOG congress. CONGRATULATIONS to Dr. Tait, Dr. Rohan Haththotuwa was invited as the Guest of Honour for the Convocation Ceremony.

I congratulate Dr. Shantha Kumari the dynamic Chairperson and her organizing team for organizing such a mammoth conference so successfully which all the participants enjoyed, I also thank Dr. Shantha for the very form hospitality offered to the AOFOG delegation which made everyone's stay so pleasant and enjoyable

Action Plan Meeting

Executive Board meeting and The Action Plan Meeting of the Committee Chairs with the Exec Board was held on the 20th Jan in Manila, Philippines. Both the meetings were very fruitful with nearly 100% participation of Exec Board members and Committee chairs. We are thankful to Dr. Milagros T. Jocson, the President of POGS for joining in the Exec Board meeting and for welcoming everyone. Dr. Hrishikesh Pai, FIGO Trustee for the Asia Oceania Region was invited to the meetings and he elaborated on his plans as to how FIGO and AOFOG could work in collaboration whereby activities in the region could be enhanced and not duplicated.

I am Thankful to the POGS President Dr. Milangros, Dr. Maria Lourdes B. Coloma, Board Secretary and all the POGS officers for hosting the AOFOG members to a dinner and for organizing a very exciting tour. A big thanks to Dr. Christia Padolina AOFOG Exec Board Member for taking the initiative to host the meeting in Manila and for making all the arrangements for the meeting along with her dedicated organizing team headed by Dr. Socorro C. Bernadino.



Exec Board with POGS President - Exec Bord meeting Manila

Exec Board with Committee Chairs & FIGO Trustee for Asia Oceania at APM

Committee Activities

Several activities were done by the AOFOG committees as shown in their Committee Reports.

- a) MIGS Committee
- b) Oncology Committee
- c) SRH Committee and the working group on VAW
- d) US Committee
- e) <u>Urogynecology Committee</u>

CONGRATULATIONS

I wish to Congratulate our President Prof. Pisake Lumbiganon for been awarded the prestigious Honorary Fellowship of the Philippine Obstetrical and Gynecological Society by Dr. Efren J. Domingo, POGS President.

AOFOG 2024

I am happy to inform everyone that the Local Organising Committee of the AOFOG 2024 under the Chairmanship of Prof Joong Shin Park along with Ms. Julia and her team from the Event organizing company are working around the clock in finalizing the programmes of the congress. We are encouraged by the participation of FIGO, RCOG, EBCOG, IFFS and WHO in the conference with sessions of their own. There are 8 Plenary lectures delivered by very learned, speakers who are world renowned authorities on their subjects. On the 17th May, 13 pre-Congress Workshops have been organised which will be addressing very important areas in O & G for the practicing clinicians. Main conference which will be for three days from the 18th – 20th May will have 53 concurrent sessions covering almost every aspect in O & G. I am thankful to all the

National Society Presidents and Secretaries for promptly responding to our request to nominate speakers for the Symposia. And I am happy to say that we received nominations more than the number we could accommodate.

There are two sessions for the 2024 YGAS and two more sessions for the past YGAS. I am thankful to Dr. Jaydeep Tank, Chair YGAA committee who managed to reach all our past YGAs and he received responses from more than 50 YGAs expressing their willingness to participate in the YGAA sessions. Jaydeep has been able to accommodate almost all in the YGAA Workshop or in the Scientific Sessions. I am sure more past YGAS will be there at AOFOG 2024 and I appeal to them to join.

In addition, the LOC has come up with very interesting social programmes with cultural programmes giving everyone an opportunity to relax and enjoy.

I am certain all the participants will not miss the exciting tours arranged in Busan the second largest city in Korea with many places of tourist interest and attractions.

I am happy to say that already many delegates from our member countries have registered for the congress and we are very impressed by the participation of more than 100 delegates from Mongolia up to now. I advise delegates from other countries also to make use of the concession on registration offered to groups of more than 25 and for early bird registration which will be ending on 29th Feb. Read more...

I conclude by inviting everyone to the AOFOG 2024 which will certainly be a memorable event in one's lifetime.

Looking forward to seeing everyone in Busan...!

Rohana Haththotuwa Secretary General, AOFOG

Back | Top

MIGS Committee Report

During the last quarter of 2023, the MIGS Committee announced to have a joint on-line surgical video competition with the Oncology Committee on March 2024 and a lecture based hands-on pre-Congress workshop during AOFOG 2024. Our Committee Chair, Tsukasa Baba, provided a lecture "Changing Roles of MIGS in Gynecologic Oncology" in the AOFOG session during the 28th Seoul International Symposium at Lotte Hotel Seoul, Korea on 12th November 2023, This symposium was co-opted with KSOG Annual Meeting, and there were more than hundred attendees very hot discussions for the future perspective of MIGS.



Lecture by TB.



TB with the AOFOG Executive Board Members

Prof Tsukasa Baba Chair, AOFOG MIGS Committee

Oncology Committee Report

The Oncology Committee and the Cervical Cancer Elimination Working Group had organized a post-congress workshop after the XXIV FIGO World Congress of Gynecology in Paris on 13 Oct 2023. During the workshop, self-collection of HPV testing, visual inspection by acetic acid and pap smear, and thermal ablation were demonstrated.

The Hong Kong College of Obstetricians and Gynaecologists (HKCOG) had collaborated with the Obstetrical and





Gynaecological Society of Hong Kong (OGSHK) and organized the 35th Anniversary International Conference on 19 Nov 2023. Prof. Pisake Lumbiganon was invited to give a lecture on "Asian Strategy on Cervical Cancer Elimination" as a representative of the AOFOG. Prof. Pisake highlighted the disease burden in Asia, described the objectives of the Manila Declaration that was launched on 13 Nov 2019, and introduced the work of the Cervical Cancer Elimination Committee in combating against this preventable cancer, such as

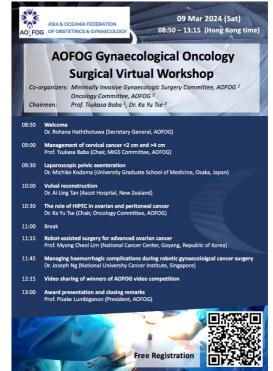
Future Activities

The Oncology Committee is collaborating with the Minimally Invasive Gynaecologic Surgery Committee to run a surgical video competition for the trainees, oncology fellows and young gynaecological oncologists in Dec 23 till Feb 2024. The top winners will be given an opportunity to present in the following virtual surgical workshop on 9 Mar 2024, where surgical advances in various gynaecological cancers including minimally invasive and vulval surgery will be discussed.

Our committee will also hold two exciting pre-congress workshops for the AOFOG 2024 in Busan, the *'State-of-the-art of Management of Ovarian Cancer'* and *'Lymph Nodes Dissection'*, on 17 May 2024. There will be various lectures, panel discussion and video sharing by experts in different countries. In addition, our committee will collaborate with the Cervical Cancer Elimination Working Group to organize a symposium on cervical cancer prevention set-up and guidelines in the main congress.

Ka Yu Tse

Chairperson, Gynaecological Oncology Committee



Sexual & Reproductive Health (SRH) Committee Report

1. 38th Scientific Annual Meeting of the The Royal Thai College of Obstetricians and Gynaecologists (RTCOG 2023)

The Royal Thai College of Obstetricians and Gynaecologists (RTCOG) has organized an annual scientific meeting on October 25-27, 2023, at the Dusit Thani Hotel in Pattaya, Thailand. Over 1,200 participants have joined this event.

Prof. Unnop Jaisamrarn, Chair of the SRH Committee and Prof. Shantha Kumari, Advisor for Violence Against Women (VAW) Working Group were invited to take part in the AOFOG session "Violence Against Women: Roles of Obs & Gyn in the hidden epidemic", which was organized by SRH Committee and VAW Working Group on October 26, 2023.

The Chairpersons for this session were Prof. Pisake Lumbiganon, President AOFOG and Dr. Rohana Haththotuwa, Secretary General AOFOG.

Topics and speakers in this session were as follows:

- 1. Violence Against Women in Asia and Oceania. Prof. Unnop Jaisamrarn
- 2. DHEERA No to VAW. Prof. Shantha Kumari

As the Past President of the Federation of Obstetric and Gynaecological Societies of India (FOGSI) and Honorary Treasurer of the International Federation of Gynecology and Obstetrics (FIGO), Prof. Shantha Kumari has shared insights into her impactful program, "DHEERA-No to VAW," highlighting successful strategies in eliminating VAW. Prof. Shanta Kumari was also invited to be an advisor for AOFOG VAW project, recognizing her significant contributions to this issue. Her acceptance of the advisory role strengthens our commitment to addressing VAW with expertise and insight.

E-flyer of this session has been distributed through social media network of the RTCOG one month before the event. Posters were also pasted on the walls and boards at the meeting venue. This strategy has worked well to get attention of the participants to join the session.

The session successfully addressed the critical role of Obs & Gyn in combating VAW. Presentation and interactive discussion has been beneficial for almost 300 Obs & Gyn specialists and trainees attending this session.





2. Strengthening global collaboration of Violence Against Women (VAW) Working Group

In a significant virtual meeting held on September 25, 2023, Prof. Unnop Jaisamrarn, Chair of the VAW Working Group played a vital role in extending an invitation to Prof. Madelon Lubin Finkel, a renowned expert in Population Health Sciences and former Director of the Office of Global Health Education at Weill Cornell Medical College. Prof. Finkel's commitment as an advisor marks a milestone in the global initiative to address VAW, bringing her extensive expertise to the project. The meeting fostered positive engagement and underscored the importance of global collaboration in tackling VAW issues.



Prof. Madelon Lubin Finkel

Another pivotal collaboration occurred on December 8, 2023, with the WHO Department of Sexual and Reproductive Health and Research in Geneva, Switzerland. The collaboration with World Health Organization (WHO) in December 2023 marked a significant advancement in our efforts to address VAW. Positive discussion was established during the meeting with Dr. Avni Amin, WHO Technical Officer. Being grateful to Dr. Avni Amin for her commitment and expertise, Dr. Amin's valuable insights will undoubtedly enrich the project, aligning it with international standards and best practices.



The collaboration between renowned experts in the AOFOG VAW project represents a crucial step in addressing the complex issue of VAW on a global scale. The involvement of Dr. Avni Amin and Prof. Unnop Jaisamrarn

these experts promises to significantly enhance the effectiveness of future initiatives, setting a new standard for comprehensive and impactful research in the realm of women's health. Therefore, it is very important to learn and understand sexual and reproductive violence.

3. Regional survey -Violence Against Women (VAW) in Asia and Oceania region

The Violence Against Women (VAW) Working Group successfully conducted its third meeting "Advancing towards action: Finalizing future data collection strategies" for the VAW project on December 19, 2023.

This virtual meeting brought together esteemed experts including Prof. Pisake Lumbiganon (Thailand), Prof. Krishnendu Gupta (India), Prof. Unnop Jaisamrarn (Thailand), Prof. Sadaqat Jabeen (Pakistan), Dr. John Teo (Malaysia), Prof. Osamu Hiraike (Japan), Dr. Mandakini Megh (India), and Dr. Jiayu Li (Thailand).



Key highlights of the meeting included a strong emphasis on the importance of the decisions made, particularly in shaping the future data collection process for the VAW project. The team expressed sincere appreciation for the collaborative efforts and valuable contributions of all participants. These efforts were crucial in confirming essential details, enriching the project with a comprehensive understanding of the diverse contexts from each country. The meeting resulted in the finalization of future data collection strategies for the VAW project. The decisions made during this session mark a critical step forward in the implementation of our project.

Prof. Unnop Jaisamrarn Chair, AOFOG SRH Committee

Ultrasound Committee Report

POGI-AOFOG Workshop on Advanced Ultrasound: Training of Trainers for POGI lecturers. (14 – 16 December 2023)

Ultrasound Working Group of POGI (Perkumpulan Obstetri & Ginekologi Indonesia) under the leadership of its chair Dr Adrianes Bachnas and secretary Dr Fernandi Bachnas mooted the idea of having an advanced Training of Trainers workshop in O&G ultrasound for key leaders in public universities across Indonesia. To ensure adequate interaction and hands-on time, the workshop was limited to 25 participants. There was representation from across the main centres in Indonesia, including doctors from Java, Bali, Sumatera and Makasar. Rumah POGI was an excellent venue, located in proximity to Rumah Sakit Cipto Mangunkusumo.

The event began in the evening of 14th December, where an ice-breaking session was held followed by a technical meeting to iron-out the final details of the programme.

Dr Yudi Mulyana Hidayat, the President of POGI and Dr Budi Wiweko the President-elect of POGI were both in attendance to officiate the event. Day 1 of the event concentrated on obstetric topics, with topics ranging from first trimester diagnosis of fetal anomalies, use of multiplanar reconstruction and automated volume assessment in the first trimester, management of complicated multiple pregnancies and caesarean scar pregnancy, including



placenta accreta spectrum. The lectures were interspersed with several demonstrations by Dr Voon Hian Yan, Dr Adrianes and Dr Agus Suslityono. Dr Wiku Andonotopo and Dr Adhi Pribadi joined in to conduct the five hands-on session in the evening, with topics on fetal echocardiography, fetal neurosonography and optimizing the use of 3D/4D ultrasound, including techniques in image postprocessing.

Day 2 of the event was dedicated to gynaecology and led by Dr. Nelinda Pangilinan, the advisor for Ultrasound Committee and Dr Fernandi Moegni. For someone who works mainly in obstetrics, it was fascinating to dive into the advances in ultrasound in pelvic floor dysfunction and correlation with POP-Q, assessment of advanced ovarian malignancy and nodal metastasis, sonohysterography, use of ultrasound in adolescent gynaecology and the ever popular topics on deep endometriosis and its use in ultrasound-guided precision endometriotic surgery.

Dr Andi Rinaldi, Dian Tjahyadi, Kanadi Sumapraja, Ashon Saadi, Binarwan Halim joined in to conduct hands-on sessions of pelvic floor ultrasound, deep infiltrating endometriosis and adenomyosis/myometrial assessment respectively. Dr Nelinda, Andi Darma Putra and Gatot Nayrumenteng lead the hands-on session for ovarian malignancies and malignancy of the myometrium/cervix respectively. We were very fortunate to have a number of patients who were willing to allow us to examine them during workshop.



Dr Nelinda giving some pointers during a transvaginal scan

The participant-trainers were an enthusiastic group and also used the opportunity to network and exchange opinions on improvement of patient care. It is hope that this group of core trainers are able to provide effective echo training when they return to their respective regions.



Dr Budi Wiweko (President-elect) and Dr Yudi Mulyana Hidayat (President) with Dr Voon and Dr Nelinda.



Dr Fernandi Moegni in action



Dr Adrianes driving home a key message to the audience



Dr Voon demonstrating the obstetric session on optimizing 3D/4D image post-processing applications

UPCOMING ACTIVITIES

The ultrasound committee is excited to sprint into its final few months with three more events planned:

1. AOFOG-LAOG O&G Ultrasound Outreach (29th February to 1st March 2024)

Mother and Newborn Hospital, Vientiane LAOS

AOFOG Speakers: Dr Voon Hian Yan, Dr Nelinda Catherine Pangilinan, Dr Archana Baser

: Dr Alongkone Phengsavanh, Dr Keudone Thammavong, Dr Douangphachanh Xaysomphou

This is a continuation of previous collaboration and knowledge exchange between AOFOG and Laos Association of O&G.

2. AOFOG-MFOG Ultrasound Workshop. (5th-6th April 2024)

Urguu Hospital, Ulaanbaatar MONGOLIA

AOFOG Speakers: Dr Voon Hian Yan, Dr Nelinda Catherine Pangilinan, Dr Urjindelger Tserensambuu, Dr G. Sansar

A didactic session will be held for all participants followed by a small group hands-on training for selected advanced learners.

3. Ultrasound Precongress Workshop at the 28th AOCOG (17th May 2024)

BEXCO, Busan SOUTH KOREA

AOFOG Speakers: Prof Liona Poon, Prof Ritsuko Pooh, Prof Steve Shaw Sheng-Wen, Dr Adrianes Bachnas

Dr Jose Garcia Flores, Dr Urjindelger Tserensambuu, Dr Voon Hian Yan, Dr Nelinda, Catherine Pangilinan

Dr Voon Hian Yan

Chair, AOFOG Ultrasound Committee

Urogynaecology Committee Report

As we enter into 2024, the Urogynecology Committee is very grateful for each member's participation in the events of the year past. As a brief summary, during 2023, we were able to successfully organize and participate in a variety of events including the APUGA-AOFOG joint session at the 10th APUGA annual meeting and the 3rd biennial international hybrid conference of PUGA. For this coming year, we are excited to share information regarding two upcoming events.

1. AOFOG Interactive Symposium on female IC/BPS (interstitial cystitis/bladder pain syndrome): Virtual Webinar 2024 sponsored by TAOG, TUGA & FWHUT.

This event will take place on April 27, 2024. This symposium will be held both in-person in Kaohsiung, Taiwan as well as online. The meeting will be held jointly with Taiwan Association of Obstetrics & Gynecology (TAOG), Taiwan Urogynecology Association (TUGA) and the Foundation for Women's Health and Urogynecology of Taiwan (FWHUT). It will be an interactive symposium so both in-person and virtual participants will be able to ask questions, offer opinions and interact with our speakers and audience. The scientific program covers a multitude of topics that will be of interest to all urogynecologists who treat IC/BPS. Topics in this symposium will include the diagnosis of IC/BPS, the role of urodynamic studies in diagnosis, as well as current management options including the role of cystoscopic hydrodistension, oral medications, multimodal therapies, bladder instillation therapies, pelvic floor rehabilitation, minimally invasive therapies, and future promising therapies.

2. AOFOG Pre-Congress Workshop 6: Narrated Video Demonstrations of Urogynecological Procedures

On May 17, 2024, the Urogynecology Committee will hold a pre-congress workshop regarding narrated video demonstrations of urogynecological procedures in Busan, Korea. Topics will include a wide range of anti-incontinence procedures (e.g., TVT, TOT, and mini sling), pelvic organ prolapse surgeries (e.g., native tissue repair, transvaginal mesh, pectopexy and sacrocolopexy), bladder injection therapy and cosmetic gynecology. Speakers will include members of our own Urogynecology Committee including Dr. Nazli Hameed (Pakistan), Dr. Suvit Bunyavejchevin (Thailand), and Dr. Thomas MJ Hung (Taiwan).

We look forward to each member's participation in our upcoming events! Your participation is integral to the success of our endeavors. We hope to see you there!

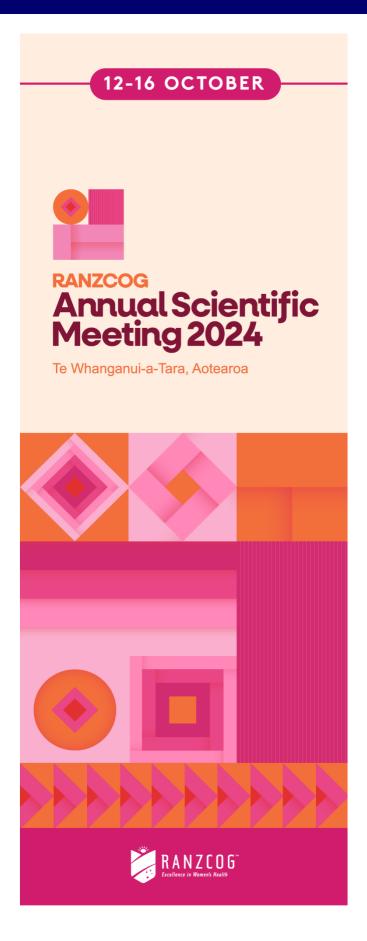
Thomas Man-Jung Hung

Chair, AOFOG Urogynaecology Committee

Back | Top

Member Society News Corner

1. RANZCOG



2. Korean Society of Obstetrics and Gynecology (KSOG)

1. The 109th Annual Congress of the Korean Society of Obstetrics and Gynecology(KSOG) & the 28th Seoul International Symposium was successfully held on November 10th-11th 2023 at Lotte Hotel Seoul. Despite challenging medical environments and a declining birth rate, the Immediate Past President, professor Keun Young Lee and Immediate Past Chairman, professor Joong Shin Park expressed gratitude to the members who strive for women's health and happiness. They hope that this academic conference will serve as a meaningful platform for discussing new issues and various topics in the field of obstetrics and gynecology.

Notably, the J-K-T Joint Conference, was held in collaboration with JSOG (Japan Society of Obstetrics and Gynecology) and TAOG (Taiwan Association of Obstetrics and Gynecology), and the Young Doctors' Exchange Program were conducted during this congress. Speakers from Korea, Taiwan, and Japan shared the latest perspectives from their own countries through lectures, and additional events provided opportunities for international networking.

On the other hand, Executive Board members of AOFOG attended and honored the congress.

Professor Pisake Lumbiganon(President of AOFOG) gave a lecture on Non-Clinical Interventions for Reducing Unnecessary Cesarean Section in the plenary session on Nov 10th. Also, AOFOG session was held on Nov 11th chaired by the Immediate Past President of AOFOG, Professor Kazunori Ochiai and the Vice President of AOFOG, Professor Tsung-Hsien Su. During this session, the executive board members of AOFOG presented AOFOG's current initiatives and the challenges they have encountered. Meanwhile, the members of KSOG expressed interest in the AOFOG 2024, scheduled to take place in Busan, Korea, in May 2024.

2. The 69th training course for OB/GYN residents for the board examination was held in Eun-Myeong Auditorium on Severance Hospital, Seoul, Korea.

Distinguished faculties were invited for lectures on the theme of review of ultrasound in Obstetrics and Gynecology, Imaging of gynecologic disease and video lecture for surgery etc. Approximately 150 residents participated in this off-line workshop.

Upcoming Event: the 17th Breast-Thyroid workshop for OB/GYN doctors is scheduled on March 24, 2024 in Sejong University Dae-Yang Al Center, Seoul, Korea.

3. Mongolian Federation of Obstetrics and Gynecology

Training on Ultra Sound Scanning

The Ultrasound and Maternal Fetal Medicine Subcommittee of the Mongolian Federation of Obstetrics and Gynecology successfully organized a course on "ULTRASOUND DIAGNOSIS AND MONITORING OF TWIN PREGNANCY." The event took place on November 25, 2023, at the conference hall of the Holiday Inn Hotel.





The purpose of this training was to provide obstetrician-gynecologists and radiologist doctors from provincial and capital health institutions with a comprehensive understanding of contemporary methods for early detection, control, counseling, prevention, and treatment of twin pregnancy. Additionally, the program aimed to enhance and strengthen ultrasound diagnosis. Over 80 personnel participated in the training to acquire updated knowledge on the subject. The participation of obstetricians and gynecologists from Bayankhongor, Sukhbaatar, Arkhangai, Selenge, Khentii, Uvurhangai, Umnogobi, Orkhon general hospitals, regional diagnostic and treatment centers, and private hospitals was remarkable.

During the training session, the attending physicians conducted an ultrasound examination on a pregnant woman carrying twins. This innovative approach involved explaining the procedure directly to the patient, enabling the physicians to reinforce their knowledge and acquire new skills while simultaneously addressing the patient's questions. This approach enabled the doctors to deepen their understanding of the procedure, and to develop proficiency in it, ultimately improving the quality of care for their patients.

Training on Endometriosis

On October 21, 2023, A course titled "Causes, Pathogenesis, and Treatment Trends of Endometriosis" was successfully organized.

Over 100 doctors from 11 provinces, both from the government and private sectors, participated in the training.





Lectures and doctors from the Mongolian National University of Medical Science and RMC Medical Center shared information on latest international trends in endometriosis pathogenesis, diagnosis, and treatment with medical experts.

4. SOGP Activities

SOGP organized One-day workshop on Liver diseases in pregnancy in Dow International Medical College (DIMC, DUHS) SAFORA Goth Karachi. The workshop was attended facilitated by OBGYN faculty, Internists, Gastroenterologists, hepatologists and General Surgeon. It was attended by young doctors, nurses and midwives.







Emotive BUNDLE FIGO LDI PPH







SOGP organized one-day symposium on "Averting preventable causes of maternal and perinatal mortality and Morbidly" on 30th December 2023. The facilitators discussed the subject in detail and the participants attended whole heartedly.





Mianwali SOGP chapter organized its 34th academic activity on 05th January 2024 at 12.30pm to 3.30pm in Rajmehal marquee, Mianwali. The meeting commenced with recitation of Holy Quran by student Fatima Mishal. Dr. Aleya Qaisar took the floor to welcome the attendees and introduced the agenda for the meeting. National anthem was played. The representative of Excel pharmaceutical conducted a





presentation on pharmacological products especially Letrozole & its relevance in the treatment of infertility. Dr Zubair Un Nisa, Chairperson SOGP Mianwali Chapter delivered a comprehensive lecture on topic of infertility providing valuable insights and information of recent guidelines and shared her research of laparoscopy role in infertility.

Urinary Incontinence A Neglected Reality & Uterovaginal Prolapse Treatment Options

Uro-gynae is a very promising subspeciality of Gynae where a lot of work and skill is still required. Prof. Nazli Hameed who is star of Urogynae in Pakistan came to Sargodha to talk on Urinary incontinence and UV proplase. Hands on stations were on Bladder Diary and Bladder Retraining, Vaginal pessary different sizes and types and technique of insertion.







One-day symposium on FIGO LDI at LRH has been arranged by professor Dr Gulrukh Qazi. President SOGP Professor Azzizunisa Abassi and chapter co Ordinator Dr Saima Zubair were also present.





5. Philippines Obstetrics & Gynaecology Society



6. OGSMMA

MYANMAR MEDICAL ASSOCIATION OBSTETRICAL AND GYNAECOLOGICAL SOCIETY (MMAOG)

Myanmar Medical Association Gynaecological Obstetrical and Society was founded in 1959. It is the professional organization of nonpolitical and non profit, independent medical professional organization. It stands for professional integrity and loyalty. It also helps and serves women's health to the upmost. Over 500 memberships are involved in academic and technicall activities with the Association.

The former President was Professor Aye Aung and current President of the MMAOG is Professor Khin May Thin (2023 - now).







Many activities were carried out by the various sub committees to promote health of women and professionals development of society members in Minimally Invasive Surgery, Sexual and Reproductive Health, Ultrasound training and Urogynaecology training.

The Course on Obstetric Emergency programs are being continuously carried out.

There has been a considerable progress in cervical cancer prevention in Myanmar within these years. Our society is trying to increase access to screening and follow-up treatment in Myanmar to reduce the burden of cervical cancer in the country.







Back | Top

AOFOG 2024

Dear AOFOG colleagues and friends,

It is a great pleasure to host the 28th Asia and Oceania Federation of Obstetrics and Gynecology (AOFOG) Congress in the lovely sea-side city, Busan, Korea in May 2024. The theme of AOFOG 2024 is "Quantum Leap for Women's Health in Asia and Oceania". As the Chairman of Korean

Society of Obstetrics and Gynecology (KSOG), I would like to welcome all the members and colleagues of AOFOG with warm hearts.

Busan is the second largest city and number one hub in Korea as well. The unique features of Busan, the harmony of beautiful beach and trend-setting metropolis are perfect for this huge scientific festival and thus, will make you excited.

The biennial congress is surely the centerpiece of AOFOG's activities, featuring pre-congress courses, workshops, high-level scientific programs, oral and poster presentations, exhibits, and more. Through the congress, doctors from all over Asia and Oceania discuss the very current clinical practices in obstetrics and gynecology, learn the cutting-edge scientific research and enjoy the cultural experiences of the place holding the congress. The congress will provide the new presenters with the opportunity to connect to the world-wide network and the noble leaders in obstetrics and gynecology.

In addition, as Dr. Pisake Lumbiganon, the president of AOFOG, has mentioned in his welcome message, we prepared the important social issues to share among all the delegates from each society: defeating the spread of cervical cancer and active prevention of violence against women. Together, we will be able to approach the better future for healthcare and social rights of women.

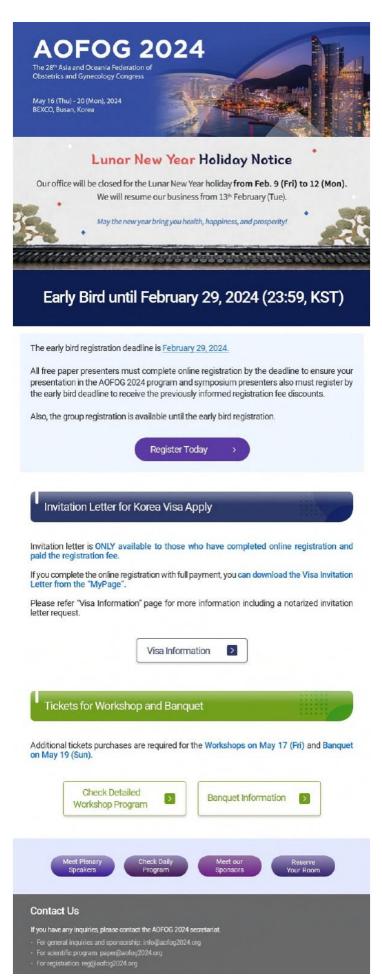
AOFOG Congress 2024 will be a meeting not to be missed! All of the organizing committee members will do their very best for a successful congress and look forward to welcoming you to Busan in 2024.

Busan is ready! This congress is for you, the next generation leader of Asia and Oceania.

With warm regards,

Professor Joong Shin Park Congress President, AOFOG 2024 <u>secretariat@aofog.net</u>

January 31st 2024



From the Journal of Obstetrics and Gynecological Research (The AOFOG Journal)

JOGR Volume 49, Issue 11 has been published; Editor's choice has been updated; and below Editor's choice articles from this issue is free **until the end of December 2023**.

Tissue factor pathway inhibitor 2: Current understanding, challenges, and future perspectives. (Hiroshi Kobayashi, Sho Matsubara, Chiharu Yoshimoto, Hiroshi Shigetomi, Shogo Imanaka)
 https://obgyn.onlinelibrary.wiley.com/doi/10.1111/jog.15770

JOGR Volume 49, Issue 12 has been published; Editor's choice has been updated; and below Editor's choice articles from this issue are free **until the end of January 2024**.

- The effect of embryo selection using time-lapse monitoring on IVF/ICSI outcomes: A systematic review and metaanalysis. (Yanbiao Jiang, Liyan Wang, Sha Wang, Haofei Shen, Bin Wang, Jianxiu Zheng, Jinwei Yang, Bin Ma, Xuehong Zhang) https://obgyn.onlinelibrary.wiley.com/doi/10.1111/jog.15797
- The role of mitochondrial dynamics in the pathophysiology of endometriosis. (Hiroshi Kobayashi, Sho Matsubara, Chiharu Yoshimoto, Hiroshi Shigetomi, Shogo Imanaka)
 https://obgyn.onlinelibrary.wiley.com/doi/10.1111/jog.15791

JOGR Volume 50, Issue 1 has been published; Editor's choice has been updated; and below Editor's choice articles from this issue is free **until the end of February 2024.**

Miracles of science: Birth after uterus transplantation. (Hakan Ongun, Kiymet Celik, Sema Arayici, Nasuh Utku Dogan, Inanc Mendilcioglu, Ozlenen Ozkan, Omer Ozkan)
 https://obgyn.onlinelibrary.wiley.com/doi/10.1111/jog.15825

JOGR Volume 49, Issue 11 & 12; Volume 50, Issue 1 has been published and Editor's choice has been updated here;

https://obgyn.onlinelibrary.wiley.com/toc/14470756/current https://obgyn.onlinelibrary.wiley.com/doi/toc/10.1111/(ISSN)1447-0756.editors-choice We hope these articles will be useful as references and updates for our members.



Prof. Hiroaki Kajiyama Editor-in-Chief,

Top

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