

# FOGSI International Adolescent Health E-Conference



**Dr. Alpesh Gandhi**  
President, FOGSI



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Org. Secretary



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**Dr. Deepak Gautam**  
Co Org. Secretary

Organised  
in association with  
**HarObGyn, GOGS,  
IAP Gurgaon &  
WHO collaborating  
Centre for Adolescent  
Health LHMC**

**ICOG 9 Credit Points**

**28<sup>th</sup>, 29<sup>th</sup> & 30<sup>th</sup>  
AUGUST 2020**

*Empowering  
adolescents in  
diversity & complexity*

# FOGSI International Adolescent Health E-Conference

28 - 30 AUG. 2020



## Invitation

Dear Friends,

It is our proud privilege to announce INTERNATIONAL ADOLESCENT HEALTH E-CONFERENCE from 28th to 30th August 2020 in association with HarObGyn, GOGS, IAP Gurgaon and WHO collaborating centre at LHMC.

The world now has more young people than ever before making up about 42% of world population. As a responsible organisation FOGSI wants to focus on adolescents and invest in them to better the future health scenario of our country.

This **Academic E-event** will have involvement of world renowned adolescent health experts from various continents of the world. It will be inaugurated by Prof Susan Sawyer President International Association of Adolescent Health. The guest of honour will be Dr V. Chandramauli, scientist and lead ASRH at WHO, Geneva.

We look forward to your active participation to make this conference a great success.

Dr Alpesh Gandhi  
President, FogsI

Dr Ragini Agrawal  
Vice President, FogsI

Dr Jaydeep Tank  
Sec General, FogsI

Dr Promila Malik  
Organising Chairperson

Dr Harish Pemde  
Organising Chairperson

Dr Ashok Kumar  
Scientific Chairperson

Dr Chandan Kachru  
Organising Secretary

Dr Girish Mane  
Organising Secretary

Dr Saroj Kumar  
Treasurer

# FOGSI International Adolescent Health E-Conference

28-30 AUG. 2020

## Organizing Team



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Co - Chairperson



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National Co-ordinator



**Dr. Priti Kumar**  
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National Co-ordinator



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Joint Secretary



**Dr. Anita Sharma**  
Joint Secretary



**Dr. Abhishek Goel**  
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President GOGS



**Dr. Suboohi Rizvi**  
Secretary GOGS



**Dr. Sunita Manchanda**  
President IAP, Gurgaon



**Dr. Anurag Singh**  
Secretary IAP, Gurgaon

# FOGSI International Adolescent Health E-Conference

28 - 30 AUG. 2020

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# FOGSI International Adolescent Health E-Conference

28 - 30 AUG. 2020

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Dr Shweta Jain

Dr Sonika Mann

Dr Usha Mukhi

# FOGSI International Adolescent Health E-Conference

28 - 30 AUG. 2020

# GOGS

*Office Bearer 2020*



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Dr. Rekha Yadav  
Dr. S. C. Bablani  
Dr. Vinita Yadav

# FOGSI International Adolescent Health E-Conference

28 - 30 AUG. 2020

## Chief Guest

**Prof. Susan Sawyer**

Chair of Adolescent health at the University of Melbourne  
and director RCH Centre for Adolescent Health  
President International Association of Adolescent Health



## Guest of Honour



**Dr Venkatraman Chandra-Mouli**

Scientist & Lead

Adolescent Sexual & Reproductive Health

Department of Sexual and Reproductive Health & Research,  
World Health Organization, Geneva, Switzerland

## Special Guests



**Dr Swati Bhawe**  
Ex. Director AACCI



**Dr Bakul Parekh**  
President, IAP



**Dr Piyush Gupta**  
President Elect, IAP



**Dr A S Chawla**  
President, AHA



**Dr Mandakini Megh**  
Chairperson, ICOG



**Dr Meera Agnihotri**  
President,  
WWW Foundation



**Dr Sharda Jain**  
Gen. Secretary  
Delhi Gynae Forum



**Dr Rajesh Mehta**  
Reg. Advisor  
WHO



**Dr Sharmila Neogi**  
USAID

# FOGSI International Adolescent Health E-Conference

28 - 30 AUG. 2020

28th of August 2020  
Workshop on

## MENTAL HEALTH IN ADOLESCENCE



**BK Sister SHIVANI DIDI**  
Chief Guest



**Dr Narendra Malhotra**  
Past President FOGSI  
Guest of Honour



**Dr Mandakini Megh**  
Chairperson ICOG  
Guest of Honour



**Dr A S Chawla**  
President AHA  
Guest of Honour

## 29th of August 2020 Workshop on ADOLESCENT GYNAECOLOGY



**Dr Rishma Pai**  
Past President FOGSI  
Guest of Honour



**Dr Parag Biniwale**  
General Secretary ICOG  
Guest of Honour



**Dr J S Tuteja**  
Past President AHA  
Guest of Honour

## Conference Executive Members

Dr Alka Mathur  
Dr Anita Rajhoria  
Dr Anita Sabharwal  
Dr Anu Sidana  
Dr Archana Verma

Dr Mrinalini Mani  
Dr Nidhi Khara  
Dr Nisha Jain  
Dr Pushpa Sethi  
Dr Ranjana Sharma

Dr Shashilata Kabra  
Dr Sushila Gupta  
Dr Sushma Sinha  
Dr Vandana Narula



# FOGSI International Adolescent Health E-Conference

28 - 30 AUG. 2020

## International Faculty



**Prof. Dr. Pierre-André Michaud**

University of Lausanne, Lausanne Switzerland  
Developing Sustainable Adolescent Friendly  
Healthcare During The Covid 19 Era

**Dr. Anagha Vasant Jayakar**

Community Paediatrician  
Royal Hobart Hospital, Tasmania, Australia.  
Sexuality in adolescents



**Prof. Paritosh Kaul**

Professor, Pediatrics-Adolescent Medicine  
Co Director, University of Colorado School of Medicine (USA)  
Sexually transmitted diseases in adolescents

**Dr. Jameela Al-Raiby**

Reginal Advisor for Child and Adolescent Health  
at W.H.O. for Eastern Mediterranean Region  
Reproductive health status in adolescent girls  
in Asian/African region



**Dr Galina Ilesco**

Gynaecologist, Head of national resource centre in youth \ friendly health services NEOVITA , Chisinau, Republic of Moldova  
Adolescent friendly health services-  
Experience from Moldova, Europe

**Dr Pradeep Raut**

Senior consultant paediatrics, Singapore  
Neonatology and adolescents-is there a connection in  
prevention of diseases





**Dr. Alpesh Gandhi**  
President, FOGSI



**Dr. Ragini Agrawal**  
VP, FOGSI



# FOGSI

## International Adolescent Health E-Conference

*Empowering Adolescents In Diversity & Complexity*

# Inaugural Ceremony

**Sunday, 30<sup>th</sup> of August 2020 | 3:00 to 4:00 PM**

**Inviting All Dignitaries on Virtual Dias,  
Lamp Lighting & Saraswati Vandana**

**MOC : Dr Chandan Kachru | Dr Girish Mane**



**Dr. Alpesh Gandhi**  
President, FOGSI

*Presidential Speech &  
FOGSI Vision for Adolescent Health In India*

*The New Ideas We Have  
(Why Adolescent Health Matters)*



**Prof. Susan Sawyer**  
Chief Guest



*Responses to the SRH needs of Adolescents  
in the context of the Covid 19 crisis*

**Dr Venkatraman Chandra-Mouli**  
Guest of Honour



Dr. Alpesh Gandhi  
President, FOGSI



Dr. Ragini Agrawal  
VP, FOGSI



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## International Adolescent Health E-Conference

*Empowering Adolescents In Diversity & Complexity*

**28<sup>th</sup>, 29<sup>th</sup> & 30<sup>th</sup> of August 2020**

in association with HARObgyn, GOGS,  
IAP (Gurugram) and WHO collaborating centre  
for Adolescent Health, LHMC, ND

**28th of August 2020, 3:30 pm to 8:00 pm Workshop on**

## **MENTAL HEALTH IN ADOLESCENCE**

Guest of Honour



Dr Narendra Malhotra



Dr Mandakini Megh



Dr A S Chawla

Chief Guest :

**BK Sister SHIVANI DIDI**

**MOC : Dr Niharika Malhotra | Dr Manisha Barmade | Dr Susan Williams**

**4:00 pm : Presidential Address, Lamp Lighting & Introduction of Guests**

Time	Topic	Speaker / Moderator	Chairpersons/Panelist
<b>Session 1</b>			
3:30 - 3:45	Selected E-Posters		Dr Anita Aggarwal Dr Kamla Bhardwaj Dr Meenakshi Chauhan
4:00	Lamp Lighting		
<b>Session 2</b>			
4:30 - 5:30	Spiritual Session and blessings	BK Shivani Didi	Dr Archana Verma Dr Promila Malik Dr Savita Singhal Dr Shakuntala Kumar
<b>Session 3</b>			
5:30 - 5:45	Eating disorders and menstrual abnormalities in adolescents	Dr Pratima Mittal	Dr Parikshit Tank Dr Rajal Thaker
5:45 - 6:00	Role of Mindfulness In Adolescence	Dr Preeti Galagali	Dr Sunita Manchanda
<b>Session 4</b>			
6:00 - 6:15	Social Media And The New Normal	Dr Pyali Bhattacharya	Dr Anita Singh Dr M. P. Jain
6:15 - 6:45	Post Traumatic Stress Disorder	Dr Paritosh Kaul (USA)	Dr Pushpa Sethi Dr Anita Sabharwal
<b>Session 5 Panel Discussion</b>			
6:45 - 7:30	Adolescents and Sexual behaviour (Case Based Discussion)	Dr Girish Mane Dr Sampath Kumari	Dr Ashwini Bhalerao Dr Harish Pemde Dr Jayam Kanan Dr Om Sai Dr Premlata Krishnan Dr Priti Kumar Dr Supriya Arwari Dr Yogini Rolekar
7:30 - 8:00	Vote of Thanks	Dr. Suboohi Rizvi	



Dr. Alpesh Gandhi  
President, FOGSI



Dr. Ragini Agrawal  
VP, FOGSI



# FOGSI

## International Adolescent Health E-Conference

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**28<sup>th</sup>, 29<sup>th</sup> & 30<sup>th</sup> of August 2020**

in association with HARObgyn, GOGS,  
IAP (Gurugram) and WHO collaborating centre  
for Adolescent Health, LHMC, ND

### Guest of Honour



Dr Rishma Pai



Dr Parag Biniwale



Dr J S Tuteja

## ADOLESCENT GYNAECOLOGY

**29<sup>th</sup> of August 2020, 2:30 pm to 8:00 pm Workshop on**

**MOC : Dr Anjali Verma | Dr Pallavi Vasal | Dr Amrapali Dixit**

**3:00 pm : Welcome All Guests, Lamp Lighting & Saraswati Vandana**

Time	Topic	Speaker / Moderator	Chairpersons/Panelist
<b>Session 1</b>			
2:30 - 2:45	Selected E-Posters		Dr Bhavna Aggarwal Dr Divya Mangla Dr Vinita Yadav
3:00	Lamp Lighting		
<b>Session 2 : Role Play</b>			
3:15 - 4:00	Communication Skills in adolescence	Dr Kalyan Barmade Dr Varsha Baste Dr Mitra Saxena	Dr Priyankur Dr Shehla Jamal Dr Surekha Tayade
<b>4:00pm to 5:00 pm Session 3</b>			
	Abortions And Contraception In Adolescents	Dr Jaydeep Tank	Dr Atul Ganatra Dr Deepak Gautam
	Adolescents & Junk Food	Dr Basab Mukherjee	Dr Manju Verma
	Counselling in Adolescents	Dr Ajay Mane	
<b>Session 4 : Panel Discussion</b>			<b>Experts</b>
5:00 - 6:00	Pelvic Masses in Adolescents	Dr Ragini Agrawal Dr Jyoti Malik	Dr Anahita Chauhan Dr Anjila Aneja Dr B Ramesh Dr Bhasker Pal Dr Kavita Bapat Dr Kuldeep Singh Dr Manju Puri Dr Ramni Devi
<b>Session 5</b>			<b>Judges</b>
6:00 - 7:00	3 Best Papers <40 Yrs Category 3 Best Papers >40 Yrs Category 8 Min + 2 Min Discussion		Dr Ashok Kumar Dr Anupama Bahadur Dr Asmita Kaundal Dr Piyush Gupta Dr Savita Singhal
<b>Session 6 : Panel Discussion</b>			<b>Experts</b>
7:00 - 8:00	Fertility Preservation In Adolescents	Dr Rita Bakshi Dr Rohan Palshetkar	Dr Archana Baser Dr Fessie Louis Dr Keshav Malhotra Dr Neeru Thakral Dr Sonia Malik Dr Sunil Shah Dr Sunita Tendulwadker Dr Umesh Jindal
8:00 pm	Vote of Thanks & Q/A	Dr Abhishek Goel	



**Dr. Alpesh Gandhi**  
President, FOGSI



**Dr. Ragini Agrawal**  
VP, FOGSI



# FOGSI

## International Adolescent Health E-Conference

*Empowering Adolescents In Diversity & Complexity*

**28<sup>th</sup>, 29<sup>th</sup> & 30<sup>th</sup> of August 2020**

in association with HARObygn, GOGS, IAP (Gurugram)  
and WHO collaborating centre for Adolescent Health, LHMC, ND

**30<sup>th</sup> of August 2020, 1:30 pm to 9:00 pm**

MOC : Dr Anu Sidana | Dr Reema Goel | Dr Yukhti Wadhawan | Dr Mary Ann

Time	Topic	Speaker / Moderator	Experts/Chairpersons
<b>Session 1 Panel Discussion</b>			
2:00 - 3:00	PCOS in Adolescence	Dr Sneha Bhuyar Dr Kiran Aggarwal	Dr Jaideep Malhotra Dr Laxmi Shrikhande Dr Malvika Sabharwal Dr Roza Olyai Dr Sangeeta Yadav Dr Sadhna Gupta Dr Suchitra Pandit Dr Biplav Agarwal
3:00 - 4:00	<b>Inaugural Ceremony</b> Presidential Speech & FOGSI Vision by President FOGSI Dr. Alpesh Gandhi & Global Perspective of Adolescent Health by Chief Guest & Guest of Honour		
<b>Session 2 Keynote Address</b>			
4:00 - 4:30	Sexuality & Gender Dysphoria	Dr Anagha Jayakar (Australia)	Dr Nandita Palshetkar Dr Shanta Kumari
4:30 - 5:00	Focusing on Young Girls Health... National Wealth	Dr Swati Bhawe	Dr Sharda Jain
<b>Oration</b>			
5:00 - 6:00	Developing Sustainable Adolescent Friendly Healthcare During The Covid 19 Era	Prof Dr Pierre Andre (Switzerland)	Dr Alpesh Gandhi Dr Bakul Parekh Dr Meera Agnihotri
<b>Session 3</b>			
6:00 - 6:15	Neonatology and adolescent health -Is there a connection	Dr Pradeep Raut (Singapore)	Dr Madhuri Patel Dr Kiran Arora
6:15 - 6:45	The Adolescent Revolution !	Dr Duru Shah	Dr Vibha Dua
<b>Session 4</b>			
6:45 - 7:05	High risk behavior in Asia and Africa amongst adolescents	Dr Jameela Al Raiby (WHO)	Dr Suvarna Khadilkar Dr Nisha Kapoor Dr Saroj Kumar
7:05 - 7:20	Adolescent friendly health centres - the success story of NEOVITA Maldova	Dr Galina Lesco (Maldova)	
<b>Panel Discussion</b>			
7:30- 8:30	Sexually Transmitted Diseases In Adolescents	Dr Paritosh Kaul Dr Chandan Kachru	Dr Ashok Kumar Dr Latika Bhalla Dr Priti Jindal Dr Priya Ganesh Dr Meena Samant Dr Neerja Bhatla Dr Neeta Dabhai Dr Niranjan Chavan
8:30	Vote of Thanks & Q/A	Dr Anita Sharma	

# FOGSI International Adolescent Health E-Conference

28 - 30 AUG. 2020

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Dr Saroj Kumar  
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Dr Shakuntala Kumar  
Dr Shanta Kumari  
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Dr Shehla Jamal  
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Dr Sonia Malik  
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Dr Suchitra Pandit  
Dr Sunil Shah  
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Tendulwadker  
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Dr Supriya Jaiswal  
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Dr Surekha Tayade  
Dr Susan William  
Dr Sushila Gupta  
Dr Suvarna Khadilkar  
Dr Swati Bhave  
Dr Umesh Jindal  
Dr Varsha Baste  
Dr Vibha Dua  
Dr Vinita Yadav  
Dr Yogini Rolekar  
Dr Yukhti Wadhawan

# FOGSI International Adolescent Health E-Conference

28 - 30 AUG. 2020



Name of the Presenter ..... D.O.B. ....

Designation of Presenter .....

Name of Institution .....

Contact No. Email Id : .....

## Instructions for Abstract:

1. The abstract must be in English with not more than 250 words (excluding title, author and institutional affiliations).
2. Abstract must be typed using Times New Roman with font size 12, within the frame in the abstract form.
3. Title must be in capital letters. It should be short and concise with font size 12.
4. Name of the all authors should follow immediately under the title in one line in BLOCK letters. Underline presenters name. Do not include degrees or professional designations. The presenting authors name should be the first in order.
5. The name of the institution, city and country should be in lower case following immediately after the authors, on a different line.
6. Leave one line between the title /author / institution block and body of the abstract.
7. Abstract should be structured under following headings:
  - Objective
  - Methods
  - Results
  - Conclusion
8. Use of standard abbreviations is desirable. Please use special or unusual abbreviation in brackets after the full word, the first time it appears.
9. Use numerals to indicate numbers, except to begin sentences.
10. Do not use graphs and references in the abstract.
11. Use single line vertical spacing and leave one line between paragraphs.

## Abstract submission Guidelines :

Last date for abstract **submission is on -26/08/2020.**

Abstract to be sent by email only as attachment in pdf format: to  
chandan.kachru@gmail.com

In e-mail correspondence, please mention Abstract in the subject line.

Registration is mandatory for abstract submission

All case reports will be accepted as e posters

Abstracts will be reviewed and rated by scientific committee prior to final decision on acceptance.

Acceptance letter to the authors will be sent **by email by 27/08/20.**

6 best papers will be presented during conference on 29<sup>th</sup> august, 3 below 40 yrs and 3 above 40 .All papers will be published as e book and all will get certificate of participation. 3 best papers will get merit certificates



## Public Forum on Adolescent Health Issues

Under the aegis of FOGSI-HARObGyn-GOGS

**FOGSI International Adolescent e-Conference 28-30 August**  
Empowering Adolescents in Diversity and Complexity

Wednesday, 19 August | 4:30-6:30 pm



Zoom Id : **861 8426 7641**  
No password required

### GUESTS OF HONOUR



**Dr. Alpesh Gandhi**  
President FOGSI



**Dr. Hrishikesh D Pai**  
President Elect FOGSI  
Director FOGSI Manipal Institute

### MODERATORS



**Dr. Ragini Agrawal**  
Vice President FOGSI



**Dr. Chandan Kachru**  
Chairperson UDAN Project  
HARObGyn



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