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FOGSI FOCUS

MEDICAL TERMINATION OF PREGNANCY (MTP)

Recent update on clinical and legal aspects-

EDITORS

Dr. Alpesh Gandhi
FOGSI President

Dr. Bharti Maheshwari
FOGSI MTP committee chairperson

FOGSI-FOCUS Medical Termination of Pregnancy (MTP)



FOGSI FOCUS ON

Medical Termination Of Pregnancy (MTP) Recent Update on Clinical and Legal Aspects

DEDICATED TO FRONT LINE CORONA WARRIORS

EDITORS

Dr. Alpesh Gandhi



FOGSI President

Dr. Bharti Maheshwari



**FOGSI MTP Committee Chairperson
Head of Dept, Obs and Gyn
Muzaffarnagar medical college**



PRESIDENT'S MESSAGE

Dear FOGSIANS

I wish you season's greetings on behalf of FOGSI.

Reproduction is a woman's fundamental right. When a woman chooses to have a child, should be her explicit choice. As gynaecologists, we wish to offer her this choice in a safe, risk-free manner, so she has control on her own life choices without having to resort to unsafe and dangerous practices.

The process of Medical Termination of Pregnancy is, in this context, a step in the right direction. However, it has been used by many in an unlawful manner to exploit women in vulnerable situations. It therefore became necessary to strictly regulate the practise of MTP.

It is said that during the last year incidence of unwanted pregnancy and unsafe abortion increases significantly because of COVID-19 lockdown. Recently parliament has also made an amendment in MTP act and increases it's limit up to 24 weeks for certain conditions and with certain regulations.

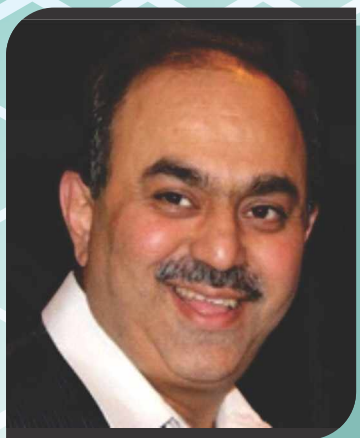
In this FOGSI Focus, we talk about the methods and clinical aspects of abortions. We also discuss topics like infection prevention, management of complications, difficult cases and procedures to be followed in case of failures. We also cover counselling, which is an important part of the MTP procedures, and is often overlooked. We help navigate the minefield of government laws that each gynaecologist has to follow, as well as discuss safety practices and service provision.

The theme for this year activities of FOGSI is Safety First for Indian women and FOGSIANS. This FOGSI FOCUS will help our members in their practice. It is my hope and expectation that this issue will be an asset to our practising consultants, and will serve as a handy guide for day to day use.

I wish safety to all of you and your patients.

Kind regards

Dr. Alpesh Gandhi
FOGSI President



VICE PRESIDENT'S MESSAGE

If One does not support Legal abortion,
in effect, one is supporting illegal abortion”

Prof Arulkumaran

Every individual has the right to decide freely and responsibly – without discrimination, coercion and violence – the number, spacing and timing of their children, and to have the information and means to do so, and the right to attain the highest standard of sexual and reproductive health. Access to legal, safe and comprehensive abortion care, including post-abortion care, is essential for the attainment of the highest possible level of sexual and reproductive health. Three out of ten of all pregnancies end in induced abortion. Nearly half of all abortions are unsafe, and almost all of these unsafe abortions take place in developing countries.

Access to safe abortion protects women's and girls' health and human rights. Abortions are safe when they are carried out by following the rules and regulations framed under the MTP act of 1971.

When women with unwanted pregnancies do not have access to safe abortion, they often resort to unsafe abortion. An abortion is unsafe when it is carried out either by a person lacking the necessary skills or in an environment that does not conform to minimal medical standards, or both. Characteristics of an unsafe abortion touch upon inappropriate circumstances before, during or after an abortion.

Unsafe abortion can lead to immediate health risks – including death – as well as long-term complications, affecting women's physical and mental health and well-being throughout her life-course. It also has financial implications for women and communities.

I would like to congratulate Dr Bharti Maheshwari for the amazing work she has done as the chairperson of the MTP Committee of FOGSI. In spite of the corona pandemic she has virtually visited most societies of FOGSI to update our members on the Do's and Don't's of safe abortions.

Dr Atul Gantra
FOGSI Vice President



SECRETARY GENERAL'S MESSAGE

Unsafe abortion is a tragedy. It is not simply a tragedy of circumstances, but one of a woman being deprived of one of her most basic Human rights - the right to control her body and her reproductive ability.

Unsafe Abortion cuts across age, demography and geography. The issues and the stigma which surrounds abortion lead to a low awareness of these problems which have significant effects on women's lives extending beyond the purely medical problems to their personal and social relationship and lives.

The implications of unsafe abortion are even more resonant when you consider the fact that prevention of unsafe abortion is one the fastest and most scalable ways to reduce maternal mortality. Technology available is now safe, efficacious, and cheap. It is of course not enough to simply provide the services but also provide them with care, quality and dignity. Post Abortion care

has been shown to be a vital component of CAC.

FOGSIans across the country have gone above and beyond in this pandemic to minimise the impact

of this crisis on SRHR issues and I believe that the country and the world owes a debt of gratitude to

all FOGSIans and Healthcare Providers.

I would like to congratulate the MTP Committee and its chair Dr Dr Bharti Maheshwari in particular

for leading the production of this document. It is a comprehensive and easy to read FOGSI Focus which will be a valuable resource for all those who seek information on this topic.

Keep safe, keep healthy.

Warm regards,

Dr. Jaydeep Tank

Secretary General FOGSI.

Chair FIGO committee for Safe Abortion.

Deputy Secretary AFOG.



EDITOR'S DESK

Acc to WHO-Access to legal, safe and comprehensive abortion care, including post-abortion care, is essential to attain the highest possible level of sexual and reproductive health. Three out of ten of all pregnancies end in induced abortion. Nearly half of all abortions are unsafe, and almost all of these unsafe abortions take place in developing countries. Emergency treatment of abortion complications is essential to reduce deaths and injuries from unsafe abortion. Still, it cannot replace the protection of women's health and their human rights afforded by safe, legal induced abortion. In india, abortion has been legalized since 1971 with timely amendments, but it still has 8%maternal mortality due to unsafe abortion. Most important reason is unawareness about legality of abortion ,MTP related acts. To ensure safe abortion services in practice each obstetrician should be,not only aware of MTP and related acts ,maintaining proper documentation but also has to improve clinical skills.This FOGSI FOCUS on MTP is having all important informations related to it and I hope ,will be very useful for practitioners. All contributors are expert and experienced in their field and given very relevant informations in each chapter.

I am grateful to all FOGSI MTP committee advisors, members , and FOGSI leaders to make my journey of 3 yrs as MTP committee chairperson fruitful and supported lot to disseminate knowledge among members.

I am specially thankful to current FOGSI president Dr Alpesh Gandhi, vice president dr Atul gantra, secretary dr jaideep tank and all esteemed contributors for bringing this FOGSI focus in shape .

Words are not enough to express gratitude for my mentor prof padmashri usha sharma and other teachers dr Rukma idnani, dr chandravati, dr Meera agnihotri, dr Kirti dubey, dr Abhilasha gupta for their guidance and encouragement.

In the last , lots of adversity due to corona pandemic in yr 2021, one step towards safety and well-being of the women, is approval of MTP act amendment 2021 which will increase the ambit and access of women to safe abortion services and will ensure dignity, autonomy, confidentiality and justice for women who need to terminate pregnancy

Let's make efforts together for saving women's life from abortion-related causes.

Thanks,

Prof. Bharti Maheshwari

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