



TALK BEJHIJHAK
Kyuki baat samajhdari ki hai
By Pankh. A FOGSI initiative

COUNSELLING AIDS



At **FOGSI and SHOPS Plus**, we have always been passionate about building new conversations through innovative approaches. It has empowered us to break barriers, one healthcare initiative at a time.

Today, as we discovered newer challenges and fewer conversations around contraception and sexual health, particularly with the adolescents and youth, we were motivated to build an initiative that will offer today's youth quality healthcare and awareness. In true sense, the apt knowledge.

FOGSI is proud to dedicate a customized initiative to cater to the sexual and reproductive health needs of adolescent and youth titled - **PANKH**. An initiative that's driven by the support and guidance of healthcare experts across India to feed curious minds like you with right knowledge on contraception, sexual health, family planning and more. Empowered by the right tools like online communities, a website, a personalized app and the list is enhancing each day.

The initiative **PANKH** is brought alive through a thoughtfully crafted platform, **Talk Bejhijhak**. It is ambitious to weave confident, yet assured conversations by giving the adolescent and youth an arena to connect with the right experts and express self in a secured atmosphere.

Time and again, it will be enriched with expert guidance, family planning counselling and fresh perspectives on sexual health – all to create a mindful environment for you.

Dr S Shantha Kumari, President

Dr Alpesh Gandhi, Immediate Past President

Dr Madhuri Patel, Secretary General

Dr Jaydeep Tank, Project Lead (FOGSI-USAID Projects)

Certainly, to help you

